

Saying Goodbye

Saying goodbye to a beloved pet is never easy. When a person dies, there is often a network of family, friends and professionals to help loved ones with the painful process of grieving. When a pet dies, those left behind are often alone with their grief.

Pet Loss Support Group

The Hawaiian Humane Society hosts a virtual support group on the first Tuesday of every month. Call **808-356-2225** or email **outreach@HawaiianHumane.org** to attend.

Helpful Reading Materials

For Children

- Sad Isn't Bad – A Good Guide for Kids Dealing With Loss, by Machaelene Mundy
- Helping Children Cope with Separation and Loss, by Claudia Jewett Jarratt
- Tigger and Friends, by Dennis Hamley
- I Wish I Could Hold your Hand – A Child's Guide to Grief & Loss, by Pat Palmer & Dianne O'Quinn Burke

For Adults

- Beyond Grief: A Guide for Recovering from the Death of a Loved One, by Carol Staudacher
- Coping with Sorrow on the Loss of Your Pet, by Moira Anderson Allen
- Living Through Personal Crises, by Ann Kaiser Stearns
- You Don't Have to Suffer: A Handbook for Moving Beyond Life's Crises, by Judy Tattlebaum
- Cold Noses and the Pearly Gates: A Book of Hope For Those Who Have Lost a Dog, by Gary Kurz



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Making the Decision

While euthanasia is never an easy decision, it takes a great deal of strength and love to accept that a pet can no longer live with dignity and without pain. The Hawaiian Humane Society offers euthanasia and cremation with the option to have ashes returned.

To find out more about Hawaiian Humane's end of life services, you can scan QR code below or call us at 808-356-2285.

Additional Resources

- Oahu Pet Crematory: 808-371-7531
- Valley of the Temple Pet Cemetery: 808-239-8811



**HHS End of Life
Services**



**Pet Loss Support
Group Information**

