



## Websites with Information and Resources for Families To Help Children Learn and Grow

### INFORMATION ON HELPING CHILDREN LEARN AND GROW

CDC Act Early: Milestone Moments

*Developmental milestones (things most children can do by a certain age); helping children learn and grow*  
[http://www.cdc.gov/ncbddd/actearly/pdf/parents\\_pdfs/milestonemomentseng508.pdf](http://www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/milestonemomentseng508.pdf)

CDC Act Early: Track Your Child's Developmental Milestones

[http://www.cdc.gov/ncbddd/actearly/pdf/parents\\_pdfs/trackchildsdevmilestoneseng.pdf](http://www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/trackchildsdevmilestoneseng.pdf)

CDC: Positive Parenting Tips – developmental milestones; helping children learn and grow

<http://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html>

More than Baby Talk – ways to promote language and communication skills of infants and toddlers

<http://mtbt.fpg.unc.edu/>

UH Center on the Family: Learning to Grow – activities to help a child learn and grow

<http://learningtogrowhawaii.org/activity/>

Zero to Three: Free Parent Brochures and Guides – ways to help a child learn and grow

<http://www.zerotothree.org/about-us/areas-of-expertise/free-parent-brochures-and-guides/>

### RESOURCES FOR FAMILIES IN HAWAII

Child Care Connection Hawai'i – child care subsidies

<http://humanservices.hawaii.gov/bessd/child-care-program/ccch-subsidies/>

Hilopa'a Family to Family Health Information Center

*Help for families in navigating the health care system*

<http://www.hilopaa.org/>

PATCH – information on choosing, paying for, and locating child care

<http://patchhawaii.org/families>

The Parent Line

*Telephone support and information regarding parenting challenges, behavior issues, community resources*

<http://www.theparentline.org/>

WIC – Special Supplemental Nutrition Program for Women, Infants and Children

<http://health.hawaii.gov/wic/>

