



A Tour Guide will use this aerial photograph in the Ticket Office to show us where the exhibition centres are and also the toilets and the tearooms. They will explain the Health and Safety rules so that you have a safe visit to Charles Fort. They will tell us when the next guided tour starts and how to self-guide around Charles Fort.



We can ask the Tour Guides about the Sensory Box, which includes Ear Defenders, Sunglasses, a Stress Ball and a Scented Tag. We can borrow these items during our visit to Charles Fort. If we wish, we can also bring our Assistance dog with us.

## Health and Safety

Charles Fort is a large site. There are 12 acres to explore. As most of the site is outdoors the Tour Guides recommend that that we bring a rain jacket, in case it rains, and comfortable walking shoes. We will see a notice outside the Ticket Office informing us of the Health and Safety rules of Charles Fort.



**At the Ticket Office, you will find a First Aid station.**

Charles Fort is nearly 350 years old. Important restoration and maintenance works are in progress. We may see carpenters and stonemasons working on site. We may also hear noisy lawn mowers as we walk around Charles Fort.



The Charles Fort works teams are on site from Monday to Friday, 10am to 4.30pm. There are no works teams on site at the weekends.