



## **Defining digital health**

Definition of digital health range from the prosaic—"mobile health, health information technology, wearable devices, telehealth and telemedicine and personalised medicine" to the aspirational—"advanced medical technologies, disruptive innovations and digital communication [that] have gradually become inseparable from providing best practice healthcare."

 $^{\rm 1}$  U.S. Food & Drug Administration. Digital health innovation action plan. 2019. <sup>2</sup> Meskó B, Drobni Z, Bényei É, et al. Digital health is a cultural transformation of traditional healthcare. Mhealth. 2017;3:38.

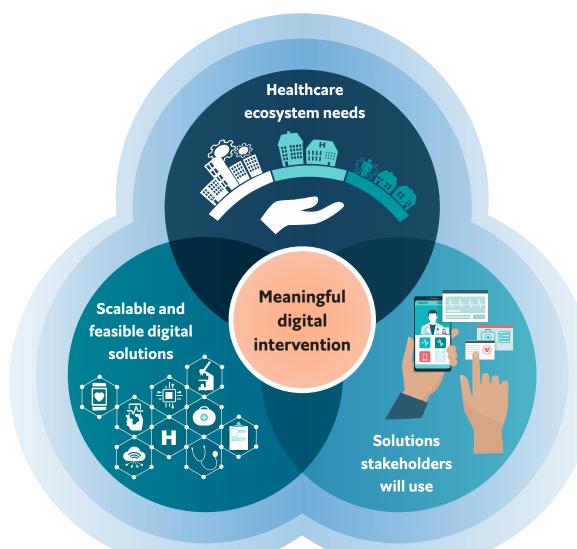








### Meaningful digital interventions



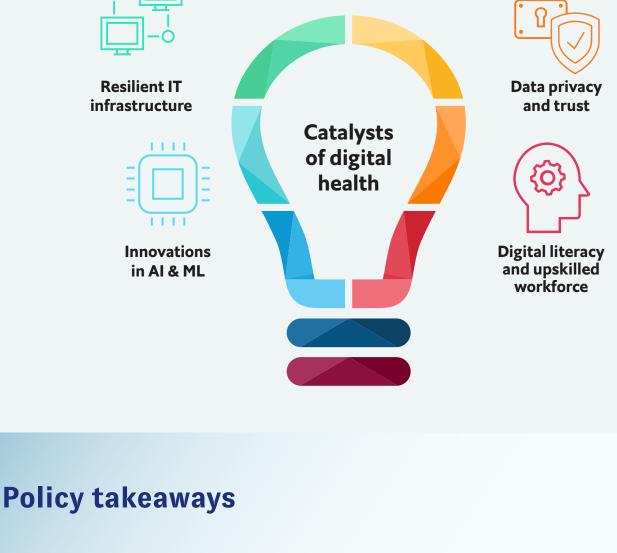


Digital health tools bring cost-efficiencies by:



### **Governance**

Catalysts of digital health



# Understanding the current situation is the first step to a

roadmap to realise the value of digital health solutions.

