

2022 FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	<p>Makwa Giizis Challenge – Eat ½ cup of legumes or 1 cup bean soup at least four (4) days per week.</p> <p>Print and write on the days that you ate legumes / tell us what legumes(s) you ate.</p> <p>Drink more water when eating more legumes!</p> <p>Email questions / send pictures to Charla Gordon at cgordon@ltbbodawa-nsn.gov. Form due 3/1 at 5:00 PM.</p>				