

# BACKYARD baseball

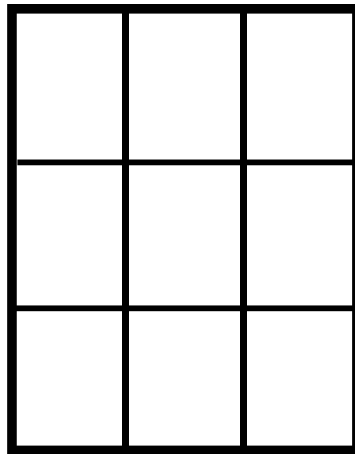
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There's plenty of ways to stay active while staying home. We're here to give you some creative ways to play backyard baseball and practice your playing skills!

## THE STRIKE ZONE

### What you'll need:

A trash can, a lawn chair, a tree, or a sturdy fence and some masking tape to create a strike zone on any of the items previously listed. If you don't have any masking tape, draw one on a piece of paper and tape or pin it up.



### What now?

Practice painting the corner with a soft baseball. Don't have one? Use a tennis ball or rolled up socks!



Share how you're staying active while #boredwithoutbaseball by sharing pictures with @redsox on social media!