MUSIC THERAPIST

## KIND OF WORK

Advanced professional music therapy work.

## NATURE AND PURPOSE

An employee in this class plans, directs and carries out a wide variety of music therapy programs for residents of a state institution. Therapists at this level are expected to be capable of handling a wide variety of cases including the mentally ill, developmentally disabled, cognitively impaired, physically impaired or chemically dependent residents. Work involves the application of technical skills, knowledge and specialized techniques of supervision and rehabilitation therapy gained through experience as a Music Therapist. The employee is afforded wide latitude for both planning and directing a rehabilitation therapies treatment program that will meet the specific needs of residents within a particular disability grouping. In this role, s/he acts as a consultant and provides leadership to music therapy and other institution personnel in creating effective programs. Supervision in the form of periodic reviews of results achieved is provided by a Rehabilitation Therapist Supervisor or Rehabilitation Therapies Director.

## DISTINGUISHING CHARACTERISTICS

The Music Therapist differs from the Music Therapist School District classification in that positions in the Music Therapist classification are not employed by school districts, as defined by legislative statute.

EXAMPLES OF WORK (A position may not include all the work examples given, nor does the list include all that may be assigned.)

Plans, develops and carries out, with minimal direction, a program for the rehabilitation of residents within a treatment unit of a welfare or correctional institution through organized individual and group therapy activities.

Demonstrates special methods and techniques used in conducting a well-rounded music therapies program.

Attends team meetings as a representative of the rehabilitation therapies department and submits reports, including regular progress reports on all residents participating in this program.

Assists in ordering equipment and supplies and in preparing budget data for the program.

Participates in in-service training programs for treatment unit and rehabilitation personnel.

Maintains liaison with public and private agencies as well as a variety of volunteer organizations involved in the institution's rehabilitation therapies program.

Reviews progress reports of subordinate personnel and recommends continuation, revision or curtailment of specific activities.

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Advises other activities personnel as to individual techniques and overall program development.

Performs related work as required.

## KNOWLEDGE, SKILLS AND ABILITIES REQUIRED

Knowledge of:

Thorough knowledge of a wide variety of music therapeutic activities.

Thorough knowledge of the dynamics of behavior of the mentally ill, developmentally disabled, cognitively impaired, physically impaired or chemically dependent.

Considerable knowledge of good administrative and supervisory principles.

Ability to:

Ability to establish and maintain effective working relationships with other members of the staff, unit treatment teams and residents of the institution.

Ability to supervise as well as teach therapeutic techniques to both professional and non-professional music therapy personnel.

Ability to plan and develop treatment programs for an assigned group of residents and to evaluate the results of such programs, recommending modifications where necessary.

Ability to instruct through lectures, demonstrations, and discussions.

Est.: 3/81 Rev.: 10/17 T.C.: March 2016 Former Title(s): Music Therapist Senior