

Linking Health Tracking App Data to MyChart

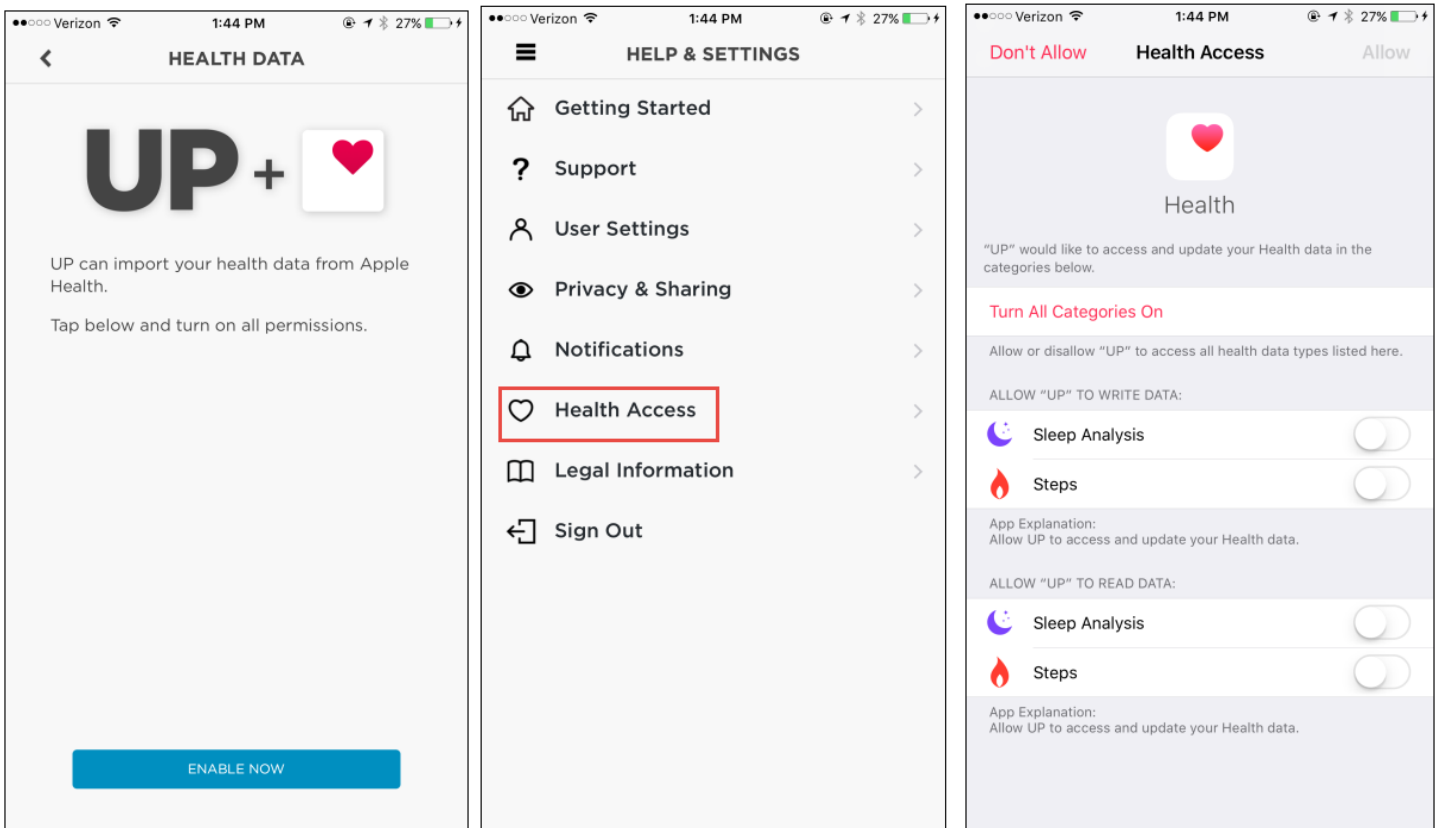
If you have an iPhone can to link various health tracking devices (Ex: glucometers, pedometers, blood pressure cuffs etc.) to MyChart at NYU Langone using **Apple Health**. This makes sharing vitals and health information with your doctor faster and easy.

Note that you will need an active order from your doctor in order for this data to appear in the NYU Langone Health app.

Setting Up Your Health Tracking App to Share Data with Apple Health

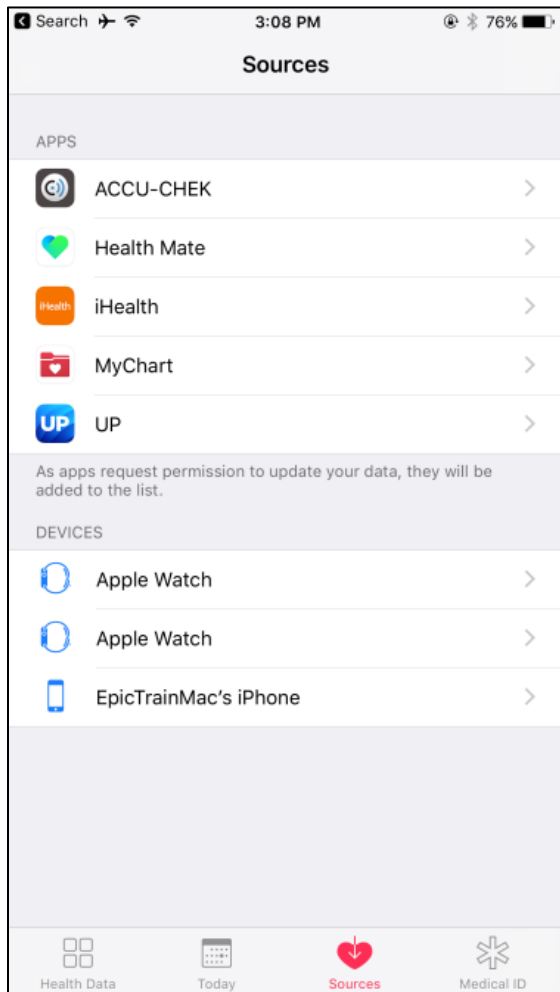
1. First, download the **NYU Langone Health** from the Apple app store using your iphone if you have not already done so.
2. Next download the app associated with your device and follow the instructions to link it to Apple's **Health** app. The configuration may vary depending on your device.

The example below illustrates linking of the UP app with **Health**. Go to settings, Health Access and then select the categories to allow access.



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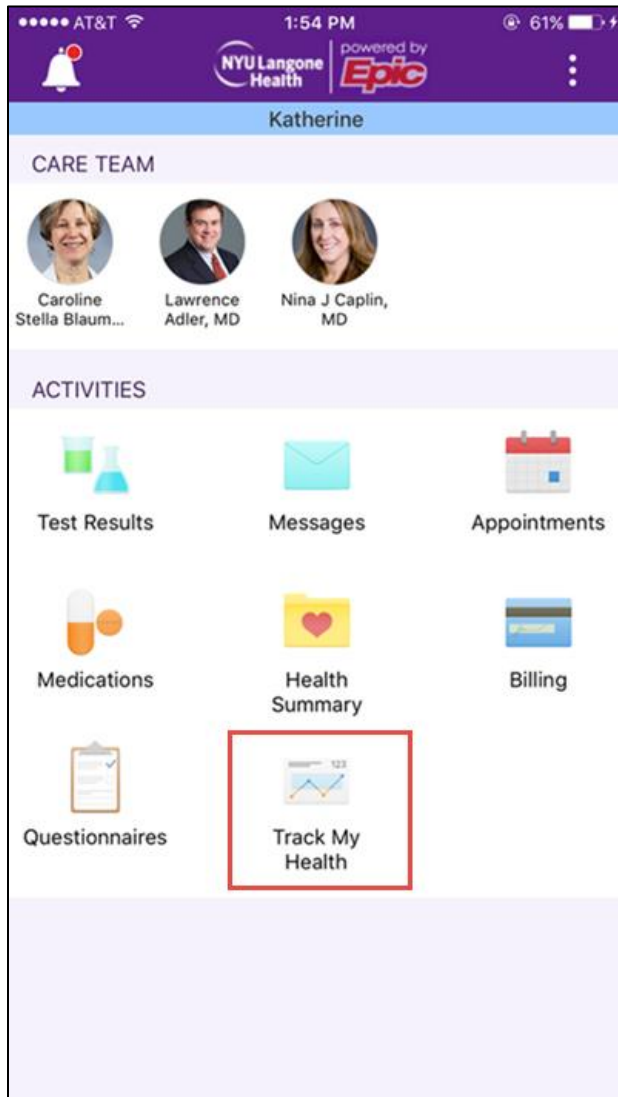
3. Once your device is connected to Apple **Health**, it will appear in the Sources section of the **Health** app.



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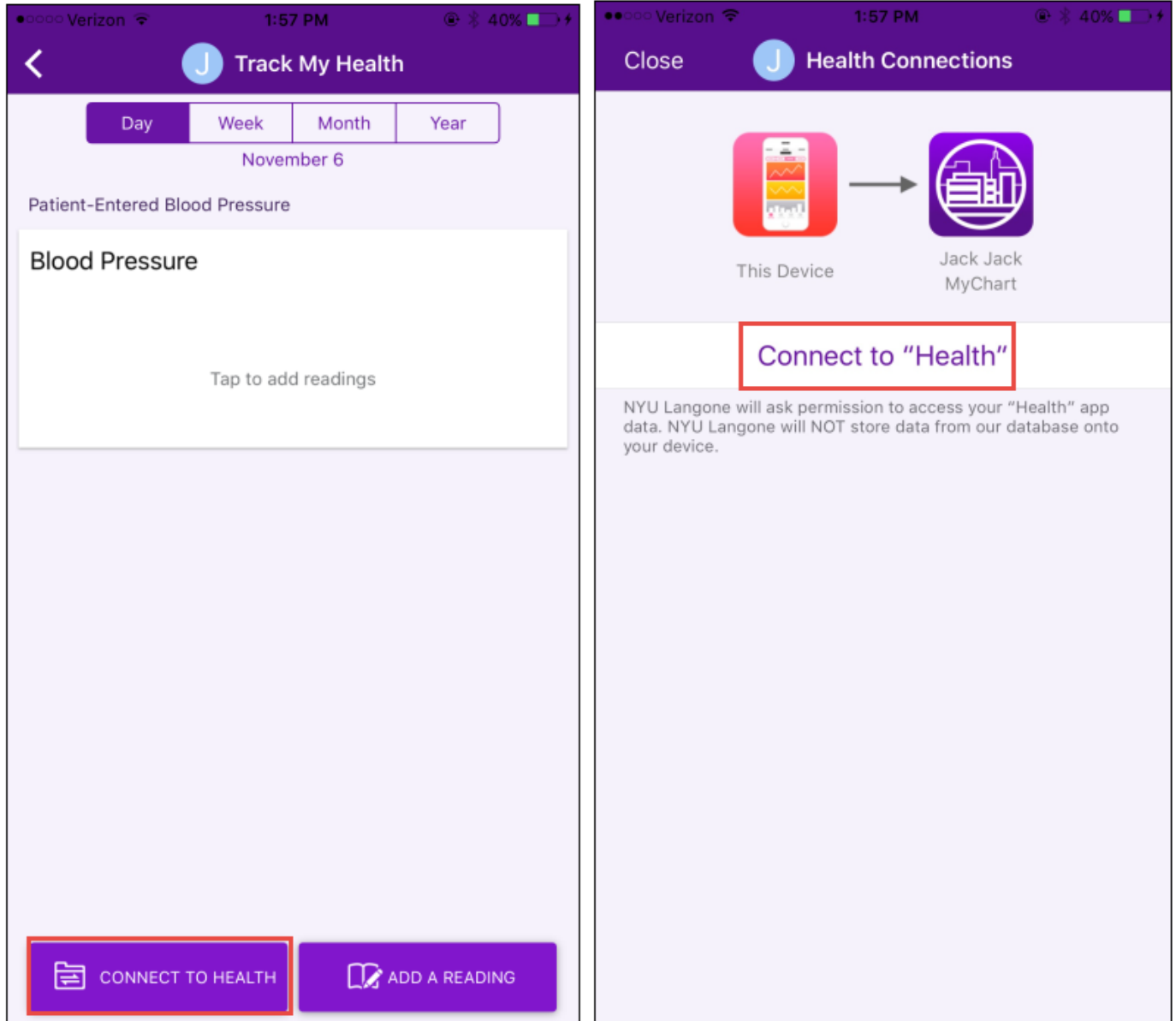
Connecting Apple Health to the NYU Langone Health App

1. Open the NYU Langone Health app on your iPhone.
2. Select the Track my Health feature from the main screen.
Remember you will only see Track my Health if your doctor has entered an order.



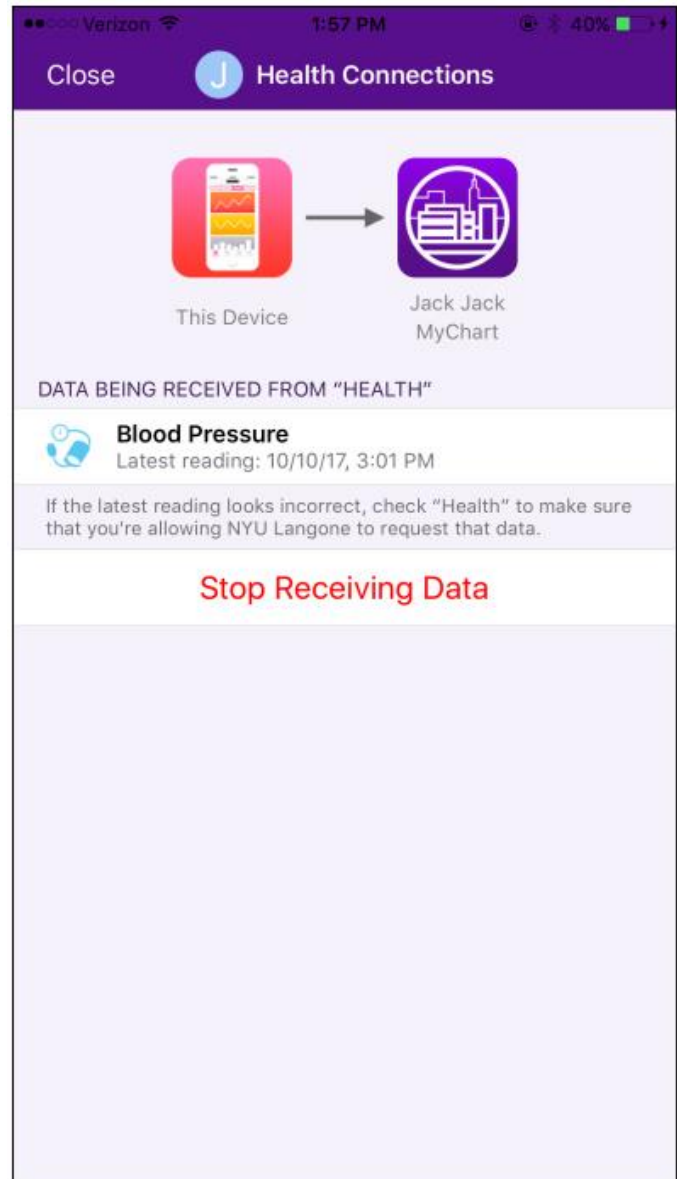
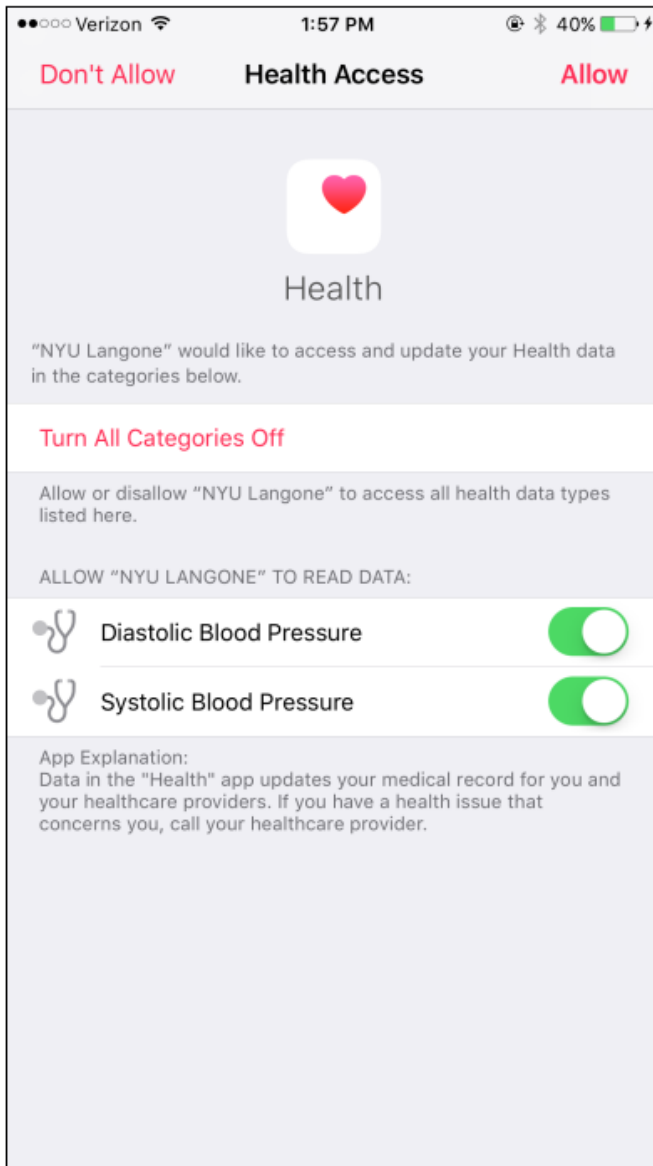
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3. In **Track My Health**, Select the **Connect to Health** button from the bottom left of your screen. Then in Health Connections, select **Connect to "Health"**.



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4. Turn on the categories you would like to Health to allow to read data.
5. The next screen shows the information that Apple Health is sharing with MyChart.

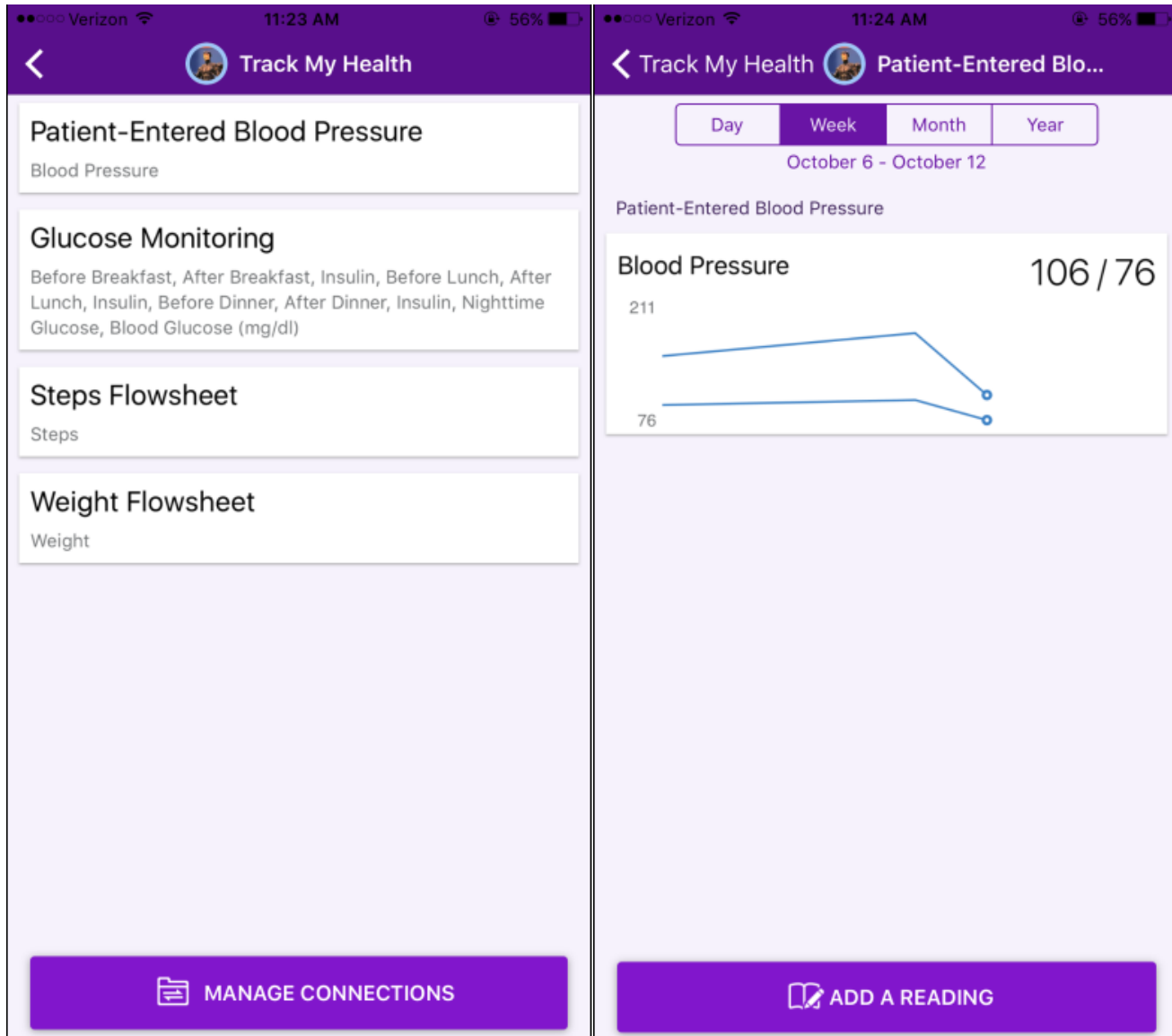


Your Health data will now be sent from your monitoring device to your doctor's office using via MyChart.

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Viewing your Linked Data in MyChart

To view your data, go to the **Track My Health** section of the NYU Langone Health app or the MyChart at NYU Langone Health website.



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The screenshot shows the MyChart patient portal interface. At the top left is the MyChart logo with 'at NYU Langone Health' below it. To the right of the logo is a circular profile picture of a man with the name 'Matthew' underneath. Further right are navigation icons for Medical Record, Appointments, Messaging, Research, Billing, and My Account. In the top right corner, there is a 'Ver en Español' link and a 'Log Out' button.

The main content area is titled 'Track My Health' and includes a help icon (?). Below the title, there is explanatory text: 'You have been assigned the flowsheets below by one or more healthcare providers who want to monitor your health. You are pulling in data from 2 fitness tracker accounts.' A purple button labeled 'Manage Accounts' is positioned below this text.

The 'Active Flowsheets' section contains a table with the following data:

Flowsheet	Start Date
Weight Flowsheet Weight	10/3/2017
Steps Flowsheet Steps	10/3/2017
Glucose Monitoring Breakfast Glucose, Lunch Glucose, Dinner Glucose, Nighttime Glucose, Blood Glucose (mg/dl)	10/3/2017
Patient-Entered Blood Pressure Patient-Entered Blood Pressure	9/6/2017

At the bottom of the page, there is a footer with the following text: 'Site Map | Terms & Conditions | Contact Us | High Contrast Theme | MyChart® licensed from Epic Systems Corporation © 1999 - 2016'.

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MyChart
at NYU Langone Health

Matthew

Medical Record | Appointments | Messaging | Research | Billing | My Account

Patient-Entered Blood Pressure

Select number of readings or a date range to view the data you are tracking, and click **Apply**.
You are pulling in data from 2 fitness tracker accounts.

Manage Accounts

Add New Data

Graph

From to - or - latest values **Apply**

[More Options](#)

Date	Top Number (Systolic)	Bottom number (Diastolic)
9/21/2017	200	98
9/24/2017	175	90
9/27/2017	145	80
9/30/2017	145	82
10/3/2017	145	85
10/6/2017	145	88
10/9/2017	180	98
10/10/2017	100	75

Table | **Line Graph**

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How to Stop Sharing Data to MyChart via the NYU Langone Health App

You can stop sharing data at any time.

From the **NYU Langone Health app**, navigate to **Track my Health** and then to **Manage Connections**. From there you can choose to stop syncing data with **Health**.

