

Recovery Resources: Podcasts

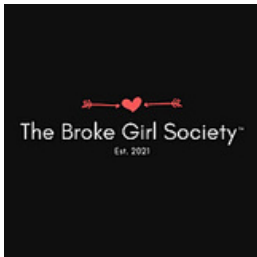
Scan me
to listen!



Dave Yeager is a U.S. Army Veteran and in recovery for a gambling addiction. Through Dave's own story and the stories of Active Duty Military Members and Veterans we hope to create a safe space to listen and learn about gambling addiction in the military. This podcast is produced in association with All In: The Addicted Gambler's Podcast.



A conversation about gambling addiction and how it affects the individual, the family, and society. Mental Health matters are discussed as mental health is important.



Female Gambling Addiction Podcast: I talk with other problem gamblers about the struggles of dealing with this life changing addiction. It's my hope that we can erase the stigma and shame so women will feel safe seeking the help they need without fear of judgment. ♥ We are all worthy of the hope and healing recovery brings.



We are here to increase awareness about problem gambling and advocate for support services for persons adversely affected by problem gambling. . It may not be talked about often and kept in the dark, but we hope this podcast sheds light on the hidden addiction of gambling and brings forth resources and information for you to use.



PROBLEM GAMBLING
NEW YORK STATE
RESOURCE CENTERS
— Here to Help —

www.NYProblemGamblingHELP.org

Recovery Resources: Online Supports

Scan me to get
connected!



Long form show about gambling addiction, help for gambling addiction, and recovery.



An online recovery program with no dues or fees, conducting 12-Step meetings, and offering many original and additional resources for help in quitting gambling and living in recovery.



An International noticeboard for People Seeking Recovery from a Gambling Problem.



A global online community with over 900,000 members who share their strengths and experience with one another daily.



My Gamblers Anonymous Toolkit (GAT) is an exciting new recovery tool for members of GA.



SMART Recovery is a fresh approach to addiction recovery. SMART stands for Self-Management and Recovery Training.



Tips and Tools for Recovery that work!



A supportive community helping people with gambling issues share their experiences and ideas.

PROBLEM GAMBLING
NEW YORK STATE
RESOURCE CENTERS
— Here to Help —

Recovery Resources: Apps

Scan me
find support!



Gambling addiction calendar helps you realize when you are addicted to gambling, and helps you stay accountable for when you let yourself be tempted by the idea of gambling.



Gambling Therapy is a global service offering free practical advice and emotional support to anyone affected by problem gambling.



Since 2015, Gamban has set the standard in gambling blocking software. Gamban is the smartest and most effective software for blocking gambling sites and applications.



Improve your mental wellbeing with self help articles, coping-skills to handle difficult feelings, a therapeutic diary, and gambling addiction recovery courses.



PROBLEM GAMBLING
NEW YORK STATE
RESOURCE CENTERS
— Here to Help —