



My Rights & Responsibilities



On admission to the custody/detention facility, a staff member should explain that you have the RIGHT:

- To be told your rights in language that you understand, and to be given your own copy of the Rights and Responsibilities pamphlet
- To participate in your religious practices
- To reasonable privacy and to have your own approved belongings (with limitations)
- To speak in private with, and receive visits from, members of your family (unless a court has restricted contact or where a visit would not be safe)
- To speak in private with, and receive visits from, your lawyer or another person representing you, the Ombudsman of Ontario, or a member of the Legislative Assembly of Ontario or of the Parliament of Canada
- To be told about the Ombudsman of Ontario and how to contact their office
- To receive medical and dental care
- To participate in school and work
- To participate in athletic, recreational and cultural activities
- To be properly fed and clothed
- To send and receive mail. Your mail may not be examined or read if it is to or from your lawyer, the Ombudsman of Ontario, or a member of the Legislative Assembly of Ontario, or the Parliament of Canada
- To get the legal help of a lawyer to help with hearings and appeals
- To be told how to make internal and external complaints
- To be told about the rules and the consequences for breaking the rules
- To be told about your responsibilities
- To be consulted, heard and to participate in the decisions that affect you
- To a plan of care or case management/reintegration plan that meets your needs and to participate in the planning and any changes
- To not be physically punished



Did you know?

You also have responsibilities:

- To follow the rules
- To respect the rights of others
- To be involved in your case planning
- To work cooperatively with staff
- To respect the confidentiality and privacy of yourself and others.



Do you have concerns or complaints?

You can talk to staff or make an internal complaint or you can contact:

The Office of the Ombudsman: Children and Youth Unit

Toll free: 1-800-263-2841
TTY: 1-416-325-2648
483 Bay Street, 10th Floor
Toronto, ON M5G 2C9
ombudsman.on.ca

The Custody Review Board

Toll free: 1-888-728-8823
TTY: 1-800-855-0511
15 Grosvenor St
Toronto, ON, M7A 2G6
TribunalsOntario.ca/crb

The Ontario Human Rights Commission

Toll free: 1-800-387-9080
TTY: 1-800-308-5561
180 Dundas St West, 9th Floor
Toronto, ON, M7A 2G5
ohrc.on.ca

This poster is for informational purposes and does not replace legal advice from your lawyer.