

Problem Gambling and

SPORTS

Any sports fan will tell you, there's nothing quite like the big game. Add in a wager here and there and it can be quite exciting to see who's going to come out on top - but, when you're continuing to place wagers, spending beyond your means, or prioritizing sports betting over other important areas in your life, there may be a problem.

Legalized sports betting is now available in Pennsylvania. As access continues to become easier, participation will increase. While most individuals who participate in sports betting will be able to keep things under control, there will be some who begin to experience problems.

Every year, the Council on Compulsive Gambling of Pennsylvania assists thousands of people who are experiencing gambling related problems.



**Council on
Compulsive Gambling
of Pennsylvania**

1-800-GAMBLER®

www.pacouncil.com

Problem Gambling and Sports

For someone with a gambling problem, sports betting is another way they can get in over their head. While it can often be challenging to identify or recognize problems, there are a number of signs that may indicate things are beginning to get out of control.

Some signs of a problem may include:

- Being preoccupied with placing bets
- Trouble paying bills/debts
- Borrowing/stealing to place bets
- Placing more bets to cover losses
- Lying about activities/losses
- Problems at home, work or school

What Help Is Available?

There are others who have had this problem and there are people who you can talk to.

If you think you, or someone you know, may have an issue related to gambling, please call the 24/7 toll-free Pennsylvania Problem Gambling Helpline at 1-800-GAMBLER® today.

**Help is just a phone call away.
Call 1-800-GAMBLER® today**

Recognizing early signs of a gambling problem can make a significant difference in an individual's life. For more information about warning signs and additional resources for help, please visit www.pacouncil.com

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