

Protect Yourself with Vaccines if You Have Diabetes

Which vaccines are recommended?



VACCINE	AGE
COVID-19 (and boosters)	<ul style="list-style-type: none"> 6 months old and older
Hepatitis B	<ul style="list-style-type: none"> 60 years old or younger If you're over 60 years old—talk with your diabetes care team
Flu (Influenza)	<ul style="list-style-type: none"> 6 months old and older (annually) * All people with diabetes advised not to receive live attenuated (nasal spray) vaccine
Pneumonia <i>Older vaccine PPSV23</i>	<ul style="list-style-type: none"> 19–64 years old If you're over 65 years old—talk with your diabetes care team
<i>Newer vaccines: PCV15 or PCV 20</i>	<ul style="list-style-type: none"> 19–64 years old Adults 65 years old or older—talk with you're diabetes care team about options
RSV (Respiratory Syncytial Virus)	<ul style="list-style-type: none"> Adults 60 years old and older
Tdap (Tetanus, Diphtheria, Pertussis)	<ul style="list-style-type: none"> Adults 18 and older If you're pregnant (booster every 10 years)
Shingles (Zoster)	<ul style="list-style-type: none"> Adults 50 years old or older

