



NATATORIUM POOL SCHEDULE SUMMER 2024

June 1-August 31

** Indicates a required fee

Sunday		Classes					
S:00-9:00 am Ruth	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ruth							
Deep Water Workout 9:00-10:00 am Serena SilverSplash 9:15-10:00 am Susan W. Deep Water Workout 10:00-10:45 am Susan W. Susan W. Susan W. Deep Water Workout 10:00-10:45 am Susan W. Strength 10:01-5-11:00 am Serena Deep Water Workout 10:00-10:45 am Bev Deep Water Workout 10:00-10:45 am Bev Deep Water Workout 10:15-11:00 am Serena Deep Water Workout 11:15am-12:00 pm Bev Deep Water Workout Deep Water Deep Water Deep Water Workout Deep Water Deep							
Deep Water Workout 9:00-9:45 am Bev		Ruth		Ruth			
Deep Water Workout 9:00-9:45 am Bev						Ruth	
Workout 9:05-10:00 am Susan W. Susan W. 10:00-10:45 am Susan W. 10:045 am Susan F.		Deep Water	Corona	SilverSplash		Deep Water	
Deep Water							
Deep Water Workout 10:00-10:45 am Bev		9:00-9:45 am		Susan W.	10:00-10:45 am	10:45-	
Deep Water Workout 10:00-10:45 am Bev		Bev			Susan W.		
Workout 10:00-10:45 am Bev Strength 10:15-11:00 am Serena Deep Water Workout 11:15am-12:00 pm Bev Deep Water Workout 11:15am-12:00 pm Deep Water D		5 14/ 1		WATER: MOTIO		Susan F.	
10:00-10:45 am Bev Strength 10:15-11:00 am Serena Deep Water Workout 11:15am-12:00 pm Bev							
Bev							
Serena							
Workout 11:15am-12:00 pm Bev				Serena			
11:15am-12:00 pm Bev							
Swim Team							
Swim Team				•			
YMCA Swim Team *YMCA Swim Team				Bev			
YMCA Swim Team *YMCA Swim Team							
YMCA Swim Team *YMCA Swim Team							
Team				Swim Team			
5:30-8:00 pm 0pen Exercise 0pen Exercise 5:00-8:00 am Exercise 5:00-8:00 am 0pen Swim 5:30-8:00 pm 0pen Exercise 5:00-8:00 am 0pen Swim 12:00-8:00 am 12:30-8:00 pm		**YMCA Swim	**YMCA Swim	**YMCA Swim	**YMCA Swim	**YMCA	
Column							
Family Swim Open Exercise 5:00-8:00 am Open Exercise		5:30-8:00 pm	•			5:30-8:00 pm	
Swim 5:00-8:00 am 5:00-8:00 am 5:00-8:00 am 5:00-8:00 am Exercise 5:00-8:00 am Exercise 7:00-8:00 am Open Swim 12:00-4:30 pm Open Swim 12:30-4:30 pm Open Swim 12:30-7:00 pm Open Swim 12:00-3:30 pm Open Swim 12:00-3:00 pm Open Swim 12:00-3:00 pm Family Swim Family Swim Family Swim Family Swim Family Swim							
1:00-5:00 pm 5:00-8:00 am 7:00-8:00 am Open Swim 12:00-4:30 pm Open Swim 12:30-4:30 pm Open Swim 12:30-7:00 pm Open Swim 12:00-3:30 pm Family Swim Family Swim Family Swim Family Swim							•
Open Swim 12:00-4:30 pm Open Swim 12:30-4:30 pm Open Swim 12:30-4:30 pm Open Swim 12:30-7:00 pm Open Swim 12:00-3:30 pm Family Swim 12:00-3:00 pm Family Swim Family Swim Family Swim Family Swim Family Swim		อ:บบ-ช:บบ am	5:00-8:00 am	5:00-8:00 am	5:00-8:00 am		
12:00-4:30 pm 12:30-4:30 pm 12:00-4:30 pm 12:00-3:30 pm 12:00-3:00 pm Family Swim Family Swim Family Swim Family Swim Family Swim	1.00-5.00 pm	Open Swim	Open Swim	Open Swim	Open Swim		
Family Swim Family Swim Family Swim Family Swim Family Swim							
7:30-9:00 pm 7:00-9:00 pm 7:30-9:00 pm 7:00-9:00 pm 7:00-9:00 pm		Family Swim	Family Swim	Family Swim		Family Swim	
		7:30-9:00 pm	7:00-9:00 pm	7:30-9:00 pm	7:00-9:00 pm	7:00-9:00 pm	





WARM WATER POOL SCHEDULE SUMMER 2024

June 1-August 31

** Indicates a required fee

	Classes					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Shallow	_	Shallow Water	Water Polo	Shallow Water	
	Water		Workout	9:00-10:00am	Workout	
	Workout		8:00-9:00am	3rd Thursday of	8:00-9:00am	
	8:00-9:00am		Sharon	the Month	Sharon	
	Sharon					
				•		
		Open Exer	cise, Open Swin	n & Family Swir	m	
Family	Open	Open	Open Exercise	Open	Open Exercise	Open Exercise
Swim	Exercise	Exercise	7:00-8:00am	Exercise	7:00-8:00am	7:00-9:00am
1:00-	7:00-8:00am	7:00am-		7:00-9:00am		
5:00pm		12:00pm				
	Open Swim		Open Swim	Open Swim	Open Swim	Family Swim
	9:00am-		9:00 am-12:00pm	9:00-10:30am	9:00am-12:00pm	11:00am-12:00pm
	12:00pm		0 0 :	0 0 :	0 0 :	
	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	
	4:00-7:00pm	4:00-7:00pm	4:00-7:00pm	11:00am- 12:00pm	4:00-7:00pm	
				Open Swim		
				4:00-7:00pm		

Classes			
Shallow Water Workout – water workouts that focus on balance and stretching.	Water Polo – No registration required, drop in to play water polo.		

Pool Hours of Operation				
Sunday Monday - Friday Saturday				
1:00 pm-5:00 pm	7:00 am-12:00 pm	7:00 am-12:00		
		pm		
	4:00 pm-7:00 pm			