



## Arthur J. Glatfelter Branch Natatorium Pool Schedule

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

May 25 - Sept. 1, 2024	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p><b>Propper swim wear is required.</b></p> <p>Multiple activities are often scheduled in this pool at the same time.</p> <p><b>Lap Swimming Times:</b> Available for all adult and youth able to do continuous laps of swimming. Youth under 11 must have an adult in the pool area.</p> <p><b>Family/Open Swim:</b> Recreational time for members and families to enjoy pool time. Children must follow swim band policy below.</p> <p><b>Swim Bands:</b> Everyone under 13 must be swim tested.</p> <p><b>Green Band:</b> Children under 11 years old must have a parent in pool area. Children ages 11 - 12, parent must be in building.</p> <p><b>Yellow Band:</b> Parent must be on pool deck actively watching their child.</p> <p><b>Red Band:</b> Parent must be in pool within arm's reach of child.</p> <p><b>*Schedule is subject to change.*</b></p>	5:30-9:00am <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	5:30am -10am <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	5:30-9:00am <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	5:30am -1pm <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	5:30-9:00am <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	7:00-9:00am <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)		
	9:00-10:00am <b>AOA Aquacise</b> (lanes 5&6) <b>Lap Swim</b> (lanes 2-4) <b>Water Walking</b> (lane 1)	10:00am-1:00pm <b>Family Swim</b> (lanes 1&2) <b>Lap Swim</b> (lanes 3-5)	9:00-10:00am <b>AOA Aquacise</b> (lanes 5&6) <b>Lap Swim</b> (lanes 2-4) <b>Water Walking</b> (lane 1)	10:00am-1:00pm <b>Family Swim</b> (lanes 1&2) <b>Lap Swim</b> (lanes 3-5)	9:00-10:00am <b>AOA Aquacise</b> (lanes 5&6) <b>Lap Swim</b> (lanes 2-4) <b>Water Walking</b> (lane 1)	9:00am-12:00pm <b>Swim Lessons</b> (lanes 5&6)		
	10:00am-12:00pm <b>Family Swim</b> (lanes 1-2)	<b>Water Walking</b> (lane 6)	10:00am-12:00pm <b>Family Swim</b> (lanes 1-2)	<b>Water Walking</b> (lane 6)	10:00am-12:00pm <b>Family Swim</b> (lanes 1-2)			
	10:00am-12:00pm <b>Lap Swim</b> (lanes 3-5) <b>Water Walking</b> (lane 6)		10:00am-12:00pm <b>Lap Swim</b> (lanes 3-5) <b>Water Walking</b> (lane 6)		10:00am-12:00pm <b>Lap Swim</b> (lanes 3-5) <b>Water Walking</b> (lane 6)	12:00pm-1:30pm <b>Water Walking</b> lanes (5 & 6) <b>Lap Swim</b> lanes (3 &4)	<b>Pool Hours:</b> <b>Monday - Thursday:</b> 5:30am-1:00pm 4:00pm-7:30pm	
	12:00-1:00pm <b>Arthritis Aquatics</b> (lanes 5&6) <b>Lap Swim</b> (lanes 2-4) <b>Water Walking</b> (lane 1)		12:00-1:00pm <b>Arthritis Aquatics</b> (lanes 5&6) <b>Lap Swim</b> (lanes 2-4) <b>Water Walking</b> (lane 1)		12:00-1:00pm <b>Arthritis Aquatics</b> (lanes 5&6) <b>Lap Swim</b> (lanes 2-4) <b>Water Walking</b> (lane 1)		5:30am-1:00pm 4:00pm-7:00pm	<b>Friday:</b> 5:30am-1:00pm 4:00pm-7:00pm
	<b>Pool Closed</b> 1:00-4:00pm	<b>Pool Closed</b> 1:00-4:00pm	<b>Pool Closed</b> 1:00-4:00pm	<b>Pool Closed</b> 1:00-4:00pm	<b>Pool Closed</b> 1:00-4:00pm	9:00am-1:30pm Family/Open Swim (lanes 1&2)	<b>Saturday:</b> 7:00am-1:30pm	
	4:00pm - 5:30pm <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	4:00pm - 5:30pm <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	4:00pm - 5:30pm <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	4:00pm - 5:30pm <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)	4:00pm - 5:30pm <b>Lap Swim</b> (lanes 2-5) <b>Water Walking</b> (lanes 1&6)		<b>Sunday:</b> <b>Closed</b>	
	5:30-7:30pm <b>Swim Lessons</b> (lanes 5&6) <b>Lap Swim</b> (lanes 3&4) <b>Family/Open Swim</b> (lanes 1&2)	5:30-7:30pm <b>Swim Lessons</b> (lanes 5&6) <b>Lap Swim</b> (lanes 3&4) <b>Family/Open Swim</b> (lanes 1&2)	5:30-7:30pm <b>Swim Lessons</b> (lanes 5&6) <b>Lap Swim</b> (lanes 3&4) <b>Family/Open Swim</b> (lanes 1&2)	5:30-7:30pm <b>Swim Lessons</b> (lanes 5&6) <b>Lap Swim</b> (lanes 3&4) <b>Family/Open Swim</b> (lanes 1&2)	5:30-7:30pm <b>Swim Lessons</b> (lanes 5&6) <b>Lap Swim</b> (lanes 3&4) <b>Family/Open Swim</b> (lanes 1&2)	5:30-7:00pm <b>Family/Open Swim</b> (lanes 1-2) <b>Lap Swim</b> (lanes 3-6)	<b>Arthur J. Glatfelter YMCA 90 N. Newberry St. York, PA 17401 P: 717-843-7884 rosesymca.org</b>	