

LAP SWIM**MONDAY**

5:00am - 8:00am (6 lanes)
 8:00am - 11:45am (4 lanes)
 11:45am 3:00pm (2 lanes)
 3:00pm - 5:00pm (6 lanes)
 5:00pm - 7:00pm (4 lanes)
 7:00pm - 8:30pm (4 lanes)

TUESDAY

5:00am - 6:00am (6 lanes)
 6:00am- 6:30am (4 lanes)
 6:30am - 9:30am (0 lanes)
 9:30am - 11:45am (3 lanes)
 11:45 am - 2:30pm (3 lanes)
 2:30pm - 4:00pm (0 lanes)
 4:00pm - 5:15pm (2 lanes)
 5:15pm- 6:30pm (4 lanes)
 6:30pm- 7:30pm (2 lanes)
 7:30pm- 8:30pm (4 lanes)

WEDNESDAY

5:00am - 8:00am (6 lanes)
 8:15am - 11:45am (4 lanes)
 11:45am - 3:00pm (2 lanes)
 3:00pm - 4:30pm (6 lanes)
 4:30pm- 7:00pm (2 lanes)
 7:00pm- 8:30pm (4 lanes)

THURSDAY

5:00am - 6:30am (6 lanes)
 6:30am - 9:30am (0 lanes)
 9:30am - 11:45am (3 lanes)
 11:45am - 3:00pm (3 lanes)
 3:00pm - 4:00pm (6 lanes)
 4:00pm - 8:30pm (4 lanes)

FRIDAY

5:00am - 6:30am (6 lanes)
 6:30am - 8:15am (2 lanes)
 8:15am - 9:30am (0 lanes)
 9:30am - 11:45am (4 lanes)
 11:45am- 3:00pm (2 lanes)
 3:00pm- 7:30pm (3 lanes)

SATURDAY

7:00am - 9:00am (0 lanes)
 9:00am - 3:30pm (3 lanes)

SUNDAY

7:00am - 9:00am (6 lanes)
 9:00am - 12:00am (4 lanes)
 12:00pm - 3:30pm (3 lanes)

LIMITED/NO LAP LANES

Please, see the lanes marked in red.
Lap Swim - Anyone actively swimming laps and/or walking, When sharing a lane please determine if you will split the lane or circle swim.

Pool Hours**Mon, Wed, Thur**

5:00am - 8:30pm

Tuesday

5 am - 2:30 pm & 4 pm - 8:30pm

Friday

5:00am - 7:30pm

Saturday

7:00am - 3:30pm

Sunday

7:00am - 3:30pm

Family/Open Swim Times**Monday**

7:00 pm - 8:00 pm

Tuesday

4:00 pm - 8:00 pm

Wednesday

5:30 pm-8:00 pm

Thursday

4:00 pm - 8:00 pm

Friday

3:00 pm-7:00pm

Saturday

12:00pm - 3:00pm

Sunday

9:00am - 3:00pm

All children under 12 must wear a colored swim band indicating their swimming level!

Family Swim - Family play time.
Open Swim - Enjoy the water for leisure, relaxation, or play.

Aqua Fitness Swim Times**Lanes 1 and 2**

Monday 8:00 am-11:45 am

Tuesday 9:30 am-11:45 am

Wednesday 8:00 am-11:45 am

Thursday 9:30 am-11:45 am

Friday 8:15 am-11:45 am

Aqua Fitness- Anyone (adult) who is actively walking, using water weights, or any other water fitness exercises

POOL UPDATE**Pool Closure for Cleaning**

The pool, hot tub, and sauna will be closed every Tuesday from 2:30 pm till 4 pm for cleaning. This will start on Tuesday July 16.

PROGRAM INFO**Swimming Lessons**

Summer Session Swim Lessons will run 7/6 - 8/23.

Master Swimming

6:00-8:00am Tuesday/Thursday,
 7:00-9:00 am Saturday mornings.

Water Fitness Classes**Monday - Friday AM**

8:30am Aqua Tone

Tuesdays & Thursdays AM

9:30am OOA Class

Tuesday PM

6:30pm Aqua Zumba
 (running 6/4 - 7/30)

Wednesday PM

6:00pm Deep Water Aqua Class
 (no class on 7/3)

Friday PM

2nd and 4th Friday of the Month
 Aqua Zumba at 6 pm.

Upcoming Events

Be on the look out for upcoming events!

Schedule Notes

Hot Tub and Sauna- The hot tub and sauna will be closed 8:30 am to 1 pm on Wednesdays 7/10, 7/24, 8/7, 8/21 for disinfecting.

Swim Team - They will be practicing Tuesday, Thursday, Friday, and Saturday Mornings.

Swim Lessons - Monday, Tuesday, and Wednesday. Private Lessons Thursday PM, Friday PM and weekends.

Schedule subject to change on account of programming

Thunder/Lightning & Pool Closure Policy: During the event of a thunder and or lightning storm indoor pool, sauna and hot tub will be cleared, as well as pool decks. The pool area will remain closed for 30 minutes after the last sight of lightning or sound of thunder.