



Arthur J. Glatfelter Branch Natatorium Pool Schedule

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Sept. 3-Oct. 27, 2024	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>Propper swim wear is required.</p> <p>Multiple activities are often scheduled in this pool at the same time.</p> <p>Lap Swimming Times: Available for all adult and youth able to do continuous laps of swimming. Youth under 11 must have an adult in the pool area.</p> <p>Family/Open Swim: Recreational time for members and families to enjoy pool time. Children must follow swim band policy below.</p> <p>Swim Bands: Everyone under 13 must be swim tested.</p> <p>Green Band: Children under 11 years old must have a parent in pool area. Children ages 11 - 12, parent must be in building.</p> <p>Yellow Band: Parent must be on pool deck actively watching their child.</p> <p>Red Band: Parent must be in pool within arm's reach of child.</p> <p>*Schedule is subject to change.*</p>	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30am -10am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30am -1pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	7:00-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	1pm-4pm Family/Open Swim (lanes 1-2) Lap Swim (lanes 3-5)	
	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walk (lane 1)	Lap Swim (lanes 1-5) Water Walking (lane 6)	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walk (lane 1)	Lap Swim (lanes 1-5) Water Walking (lane 6)	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walk (lane 1)			Water Walking (lane 6)
	10:00am-12:00pm Lap Swim (lanes 3-5) Water Walking (lane 6)	10am - 11:30am Homeschool Swim (lanes 5-6) Lap Swim (lanes 2-4)	10:00am-12:00pm Lap Swim (lanes 3-5) Water Walking (lane 6)	10am - 11:30am Homeschool Swim (lanes 5-6) Lap Swim (lanes 2-4)	10:00am-12:00pm Lap Swim (lanes 3-5) Water Walking (lane 6)	12:00pm-2:30pm Water Walking (lanes 5 & 6) Lap Swim (lanes 3 & 4)	Pool Hours: Monday - Thursday: 5:30am-2:00pm 4:00pm-7:30pm Friday: 5:30am-2:00pm 4:00pm-7:00pm	
	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	Water Walking (lane 1)	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	Water Walking (lane 1)	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)			Saturday: 5:30am-2:00pm 4:00pm-7:00pm
	Pool Closed 2:00-4:00pm	Pool Closed 2:00-4:00pm	Pool Closed 2:00-4:00pm	Pool Closed 2:00-4:00pm	Pool Closed 2:00-4:00pm	9:00am-2:30pm Family/Open Swim (lanes 1&2)	Saturday: 7:00am-2:30pm	
	4:00pm - 5:30pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	4:00pm - 5:30pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	4:00pm - 5:30pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	4:00pm - 5:30pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	4:00pm - 5:30pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)			Sunday: 1pm - 4pm
	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:00pm Family/Open Swim (lanes 1-2) Lap Swim (lanes 3-6)		Arthur J. Glatfelter YMCA 90 N. Newberry St. York, PA 17401 P: 717-843-7884 rosesymca.org