



American Indian & Alaska Native Health in the United States

Welcome to “American Indian & Alaska Native Health in the United States: A Pathfinder to Resources” from the Office of Minority Health (OMH) Knowledge Center. This pathfinder walks users through some key articles, reports, and other resources that touch upon diseases, social determinants of health, racial justice, and other important topics. Please see the additional pathfinders that directly relate to other racial minority groups.

These selections may be helpful to:

- Researchers
- Clinicians
- Public health practitioners
- Advocates
- Instructors
- Students
- Others working to improve the health of American Indians/Alaska Natives

This pathfinder can be used to support research or instructional activities in classrooms, libraries, health fairs, and community health worker programs.

The OMH Knowledge Center is the largest dedicated repository of health disparities information in the nation, with a collection of more than 70,000 articles, reports, books, journals, organizations, and multimedia resources related to the health status of racial and ethnic minority populations. The collection also includes sources on consumer health material in more than 40 languages.

To locate additional materials, search the online library catalog at: <https://minorityhealth.hhs.gov/opac>.

Examples for keyword searching in the OMH Knowledge Center online library catalog:

- **Subject:** AMERICAN INDIANS / ALASKA NATIVES / APACHE / CHEROKEE / CHOCTAW / HOPI / NAVAJOS, more
- **Format:** Select either ORGANIZATION / BOOK / DOCUMENT / ARTICLES / FACTSHEET

Journals

American Indian and Alaska Native Mental Health Research

Hawai'i Journal of Health & Social Welfare

International Journal of Circumpolar Health

International Journal of Indigenous Health

Journal of Racial and Ethnic Health Disparities

TCJ: Tribal College Journal of American Indian Higher Education

A Sampling of Resources

The selection of resources below demonstrates the variety of articles, reports, and books that can be accessed through the OMH Knowledge Center.

Overviews	2
Access to Care	3
Chronic Conditions	4
Hepatitis	4
HIV Infection	5
Mental Health	5
Substance & Alcohol Use	6
Statistical Reports	7

Overviews

2014 Native Youth Report: Executive Office of the President, December 2014 / Executive Office of the President. Washington DC, 2014. <https://files.eric.ed.gov/fulltext/ED565658.pdf>

100 Questions, 500 Nations: A Guide to Native America. Canton, MI: David Crumm Media, LLC, 2014.

Advancing Health Equity for Native American Youth: Workshop Summary. Anderson, K. M.; Olson, S., ed. Washington, DC: National Academies Press, 2016. <https://doi.org/10.17226/21766>

American Indian Health and Nursing. Moss, M. P., ed. New York, NY: Springer Publishing Company, LLC, 2016. 400 p.

American Indian Health Policy: Historical Trends and Contemporary Issues: Historical Trends and Contemporary Issues. Warne, D.; Frizzell, L. B. *American Journal of Public Health*, v.104, #S3, p. S263-S267, 2014. <http://www.ncbi.nlm.nih.gov/pubmed/24754649>

American Indians' Growing Presence in the Health Professions. Kwon, S. *Health Affairs*, v. 40, #2 (February), p. 192-196, 2021. <https://pubmed.ncbi.nlm.nih.gov/33523740/>

Broken Promises: Evaluating the Native American Health Care System. Washington, DC: U.S. Commission on Civil Rights, 2004. <http://www.usccr.gov/pubs/nahealth/nabroken.pdf>

Broken Promises: Continuing Federal Funding Shortfall for Native Americans. Washington, DC: U.S. Commission on Civil Rights, 2018. 302 p. <https://www.usccr.gov/pubs/2018/12-20-Broken-Promises.pdf>

Conducting Health Research with Native American Communities. Arambula Solomon, T. G.; et al. Washington, DC: American Public Health Association, 2014.

Encyclopedia of the American Indian in the Twentieth Century. Ewen, A.; Wollock, J. Albuquerque, NM: University of New Mexico Press, 2015.

Generation Indigenous: The State of Native Youth 2018. Washington, DC: Center for Native American Youth (CNAY) at The Aspen Institute, 2018. https://www.cnay.org/wp-content/uploads/2019/09/CNAY_AR2018_FINAL_Web_110618-2.pdf

Indian Health Service: A Culture of Caring. Rockville, MD: Indian Health Service, 2004. <http://archive.org/details/indianhealthserv00indi>

Invisible Tribes: Urban Indians and Their Health in a Changing World. Seattle, WA: Urban Indian Health Institute, 2007. http://www.uihi.org/wp-content/uploads/2009/09/UIHC_Report_FINAL.pdf

Leveraging Culture to Address Health Inequalities: Examples from Native Communities. Washington, DC: National Academies Press, 2013. http://www.nap.edu/openbook.php?record_id=18496

Many Nations: A Library of Congress Resource Guide for the Study of Indian and Alaska Native Peoples of the United States. Washington, DC: Library of Congress, 1996. <http://files.eric.ed.gov/fulltext/ED424046.pdf>

Native Voices: Native Peoples' Concepts of Health and Illness in New Mexico: Opening a Local Conversation by Hosting a National Traveling Exhibit. Bradley, P. V.; Hall, L. J.; Hannigan, G. G.; Wood, F. B. *Journal of the Medical Library Association*, v. 105, #3 (July), p. 243-248, 2017. <https://www.ncbi.nlm.nih.gov/pubmed/28670212>

NIH Strategic Plan for Tribal Health Research: FY 2019–2023. Bethesda, MD: Tribal Health Research Office (THRO), National Institutes of Health (NIH), 2019. https://dpcpsi.nih.gov/sites/default/files/2019_THRO_StrategicPlan_508.pdf

The Persistence of American Indian Health Disparities. Jones, D.S. *American Journal of Public Health*, v.96, #12 (December), p.2122-2134, 2006 <http://www.ncbi.nlm.nih.gov/pubmed/17077399>

Plagues, Politics, and Policy: A Chronicle of the Indian Health Service, 1955-2008. DeJong, D.H. Lanham, MD: Lexington Books, 2011.

Promises to Keep: Public Health Policy for American Indians and Alaska Natives in the 21st Century. Dixon, M.; Roubideaux, Y. Washington, DC: American Public Health Association, 2001.

Reference Encyclopedia of the American Indian. Nyack, NY: Todd Publications, annual.

Tribal Nations and the United States: An Introduction. Washington, DC: National Congress of American Indians, 2015. <http://www.ncai.org>

Access to Care

Client and Provider Views On Access To Care For Substance-Using American Indians: Perspectives from a Northern Plains Urban Clinic / Kropp, F., et al. *American Indian and Alaska Native Mental Health Research*, v. 21, #2, p.43-65, 2014 <http://www.ncbi.nlm.nih.gov/pubmed/25111843>

Coverage Trends for American Indian and Alaska Native Children and Families. Alker, J.; Wagnerman, K.; Schneider, A. Washington, DC: Georgetown University Health Policy Institute, 2017. <https://ccf.georgetown.edu/wp-content/uploads/2017/07/Amer-Indian-Alaska-Native-Coverage-final-rev.pdf>

Innovations in U.S. Health Care Delivery to Reduce Disparities in Maternal Mortality Among African American and American Indian/Alaskan Native Women. Reddy, S.; Patel, N.; Saxon, M.; Amin, N.; Biviji, R. *Journal of Patient-Centered Research and Reviews*, v. 8, #2 (April), p. 140-145, 2021. 57944
<https://pubmed.ncbi.nlm.nih.gov/33898647/> PMC8060040

What's Killing Our Children?: Child and Infant Mortality among American Indians and Alaska Natives. Arambula Solomon, T. G.; Cordova, F. M.; Garcia, F. Washington, DC: National Academy of Medicine, 2017. 9 p. <https://nam.edu/whats-killing-our-children-child-and-infant-mortality-among-american-indians-and-alaska-natives/>

Chronic Conditions

American Indian and Alaska Native Heart Disease and Stroke Fact Sheet. Atlanta, GA: Centers for Disease Control and Prevention, 2014.
https://web.archive.org/web/20160517093003/http://www.cdc.gov/dhbsp/data_statistics/fact_sheets/docs/fs_aian.pdf

Diabetes among the Pima: Stories of Survival. Smith-Morris, C. Tucson, AZ: The University of Arizona Press, 2006.

Emotional and Behavioral Aspects of Diabetes in American Indian/Alaska Natives: A Systematic Literature Review. Scarton, L. J.; de Groot, M. *Health Education & Behavior*, v. 44, #1 (January/February), p. 70-82, 2017. <http://www.ncbi.nlm.nih.gov/pubmed/27179289>

The Epidemic of Extreme Obesity Among American Indian and Alaska Native Adults with Diabetes / Wilson, C.; et al. *Preventing Chronic Disease*, v.4, #1 (January), 8 p., 2007.
http://www.cdc.gov/pcd/issues/2007/jan/pdf/06_0025.pdf

Healthy Brain Initiative, Road Map for Indian Country. Chicago, IL: Alzheimer's Association, 2019.
<https://www.cdc.gov/aging/healthybrain/pdf/HBI-Road-Map-for-Indian-Country-508.pdf>

JourneyWoman: A Native Woman's Guide to Wellness. 2 vols. Berkeley, CA: Hesperian Health, 2007, 2010.

A Longitudinal Study of Structural Risk Factors for Obesity and Diabetes among American Indian Young Adults, 1994-2008 / Marley, T. L.; Metzger, M. W. *Preventing Chronic Disease*, v. 12 (May 7): E69, 2015.
<http://www.ncbi.nlm.nih.gov/pubmed/25950576>

Progress Toward Health Equity: Efforts to Address Cardiovascular Disease Among American Indians and Alaska Natives / Urban Indian Health Institute, Seattle Indian Health Board. Seattle, WA: Urban Indian Health Institute, 2011. <http://www.uihi.org>

Status of Tribal Air Report: May 2019. Flagstaff, AZ: National Tribal Air Association (NTAA), 2019.
<https://secureservercdn.net/198.71.233.47/7vv.611.myftpupload.com/wp-content/uploads/2019/12/2019-NTAA-Status-of-Tribal-Air-Report.pdf>

Hepatitis

The Action Plan for the Prevention, Care and Treatment of Viral Hepatitis (2014-2016). Washington, DC: U.S. Department of Health and Human Services, 2014. <https://www.hhs.gov/sites/default/files/viral-hepatitis-action-plan.pdf>

Birth Cohort Testing for Hepatitis C Virus - Indian Health Service 2012-2015. *Morbidity and Mortality Weekly Report (MMWR)*, v. 65, #18, p. 467-469, 2016
<http://www.cdc.gov/mmwr/volumes/65/wr/mm6518a3.htm>

Hepatitis C/HIV in Native American Populations. Rockville, MD: Substance Abuse and Mental Health Services Administration (SAMHSA) 2015. <http://store.samhsa.gov/shin/content//PEP15-HVCHIV-AIAN/PEP15-HVCHIV-AIAN.pdf>

Hepatitis C in Pregnant American Indian and Alaska Native Women; 2003-2015. Nolen, L. D.; O'Malley, J. C.; Seeman, S. S.; Bruden, D.; Apostolou, A., et al. *International Journal of Circumpolar Health*, v. 78, #1 (January-December): 1608139, 2019. <https://pubmed.ncbi.nlm.nih.gov/31025610/>

Screening for Hepatitis B Virus Infection in Non-pregnant Adolescents and Adults. Rockville, MD: U.S. Preventive Services Task Force, 2014.
<http://www.uspreventiveservicestaskforce.org/uspstf/uspshpb.htm>

HIV Infection

The Circle of Life: Curriculum. Office of Minority Health Resource Center; Indian Health Service, HIV/AIDS Program. Bismarck, ND: KAT Communications, 2012.
<http://www.minorityhealth.hhs.gov/omh/content.aspx?ID=9608>

HIV among American Indians and Alaska Natives. Atlanta, GA: Centers for Disease Control and Prevention (CDC) 2018. <http://www.cdc.gov/hiv/pdf/group/raciaethnic/aian/cdc-hiv-natives.pdf>

HIV, Chlamydia, Gonorrhea and Primary and Secondary Syphilis among American Indians and Alaska Natives within Indian Health Service Areas in the United States, 2007-2010. Walker, F. J.; et al. *Journal of Community Health*, v. 40, #3, p. 484-492, 2015. <http://www.ncbi.nlm.nih.gov/pubmed/25371109>

Indian Blood: HIV & Colonial Trauma in San Francisco's Two-Spirit Community. Jolivet, A. J. Seattle, WA: University of Washington Press, 2016.

A Toolkit for Advancing the Uptake and Use of PrEP in Indian Country. Washington, DC: National Indian Health Board (NIHB), 2019.
https://www.nihb.org/docs/05272020/347597_NIHB%20PrEP%20Toolkit_Apr21a_Proof3.pdf

Mental Health

Access to Mental Health Services at the Indian Health Service and Tribal Facilities. Washington, DC: Department of Health and Human Services, Office of Inspector General, 2011.
<http://oig.hhs.gov/oei/reports/oei-09-08-00580.pdf>

Addressing Depression among American Indians and Alaska Natives: A Literature Review. Seattle, WA: Urban Indian Health Institute, 2012. [http://www.uihi.org/wp-content/uploads/2012-08-21_ES_FINAL.pdf](http://www.uihi.org/wp-content/uploads/2012/08/21_ES_FINAL.pdf)

American Indian/Alaska Native Behavioral Health Briefing Book. Rockville, MD: IHS, 2011. http://www.ihs.gov/newsroom/includes/themes/newihstheme/display_objects/documents/2011_Letters/AIANBHBriefingBook.pdf

American Indian/ Alaska Native National Behavioral Health Strategic Plan, 2011-2015. Rockville, MD: Indian Health Service, 2011. <http://www.nihb.org/docs/08072012/AIANNationalBHStrategicPlan.pdf>

Behavioral Health Services for American Indians and Alaska Natives: For Behavioral Health Service Providers, Administrators, and Supervisors. Rockville, MD: Substance Abuse and Mental Health Services Administration (SAMHSA), 2018. https://store.samhsa.gov/system/files/tip_61_aian_full_document_020419_0.pdf

Best Practice Highlights: Indigenous/Native American Patients. Roessel, M. H. Washington, DC: American Psychological Association, 2017. 4 p. <https://www.psychiatry.org/File%20Library/Psychiatrists/Cultural-Competency/Treating-Diverse-Populations/Best-Practices-Native-Americans-Patients.pdf>

Culture and PTSD: Trauma in Global and Historical Perspective. Hinton, D. E.; Good, B. J., ed. Philadelphia, PA: University of Pennsylvania Press, 2016.

Healing the Soul Wound: Counseling with American Indians and Other Native Peoples. Duran, E. New York, NY: Teachers College Press, 2006.

HRSA/IHS/SAMHSA Tribal Suicide Prevention Resources: Tribal Suicide Prevention Resources. Rockville, MD: Substance Abuse and Mental Health Services Administration (SAMHSA) | Health Resources Services Administration (HRSA) | Indian Health Service (IHS), 2014. 25 p. https://www.samhsa.gov/sites/default/files/tribal_suicide_prevention_combined_data.pdf

Our Bodies, Our Stories: Sexual Violence Among Native Women in Seattle, WA. Seattle, WA: Urban Indian Health Institute (UIHI), 2018. http://www.uihi.org/wp-content/uploads/2018/08/UIHI_sexual-violence_r601_pagesFINAL.pdf

Protecting Our Children's Mental Health: Preventing and Addressing Childhood Trauma in Indian Country. United States Congress, Senate Committee on Indian Affairs. Washington, DC: GPO, 2015. <http://www.gpo.gov/fdsys/pkg/CHRG-113shrg92529/pdf/CHRG-113shrg92529.pdf>

Suicide Surveillance Strategies for American Indian and Alaska Native Communities. Suicide Prevention Resource Center (SPRC). Waltham, MA: Education Development Center, Inc. (EDC), 2018. <https://www.sprc.org/sites/default/files/resource-program/TribalSurveill%20final%20and%20508%20compliant.pdf>

Substance & Alcohol Use

2019 National Survey on Drug Use and Health: American Indians and Alaska Natives (AI/ANs). Rockville, MD: Substance Abuse and Mental Health Services Administration (SAMHSA). <https://www.samhsa.gov/data/sites/default/files/reports/rpt31098/2019NSDUH-AIAN/AIAN%202019%20NSDUH.pdf>

Culturally Based Substance Abuse Treatment for American Indians/ Alaska Natives and Latinos: [Special Issue: Journal of Ethnicity in Substance Abuse, Vol. 8, Issue 3, 2009] / Myers, P. L.; et al. Journal of Ethnicity in Substance Abuse, v. 8, #3 (July-September), p. 207-358, 2009.

The National Tribal Behavioral Health Agenda. Rockville, MD: Substance Abuse and Mental Health Services Administration (SAMHSA), 2016. <https://store.samhsa.gov/shin/content//PEP16-NTBH-AGENDA/PEP16-NTBH-AGENDA.pdf>

Opioid Misuse Among American Indian Adolescents. Stanley, L. R.; Crabtree, M. A.; Swaim, R. C. American Journal of Public Health, v. 111, #3 (March), p. 471-474, 2021. <https://pubmed.ncbi.nlm.nih.gov/33476235/>

A Review of Tribal Best Practices in Substance Abuse Prevention. Kelley, A.; Witzel, M.; Fatupaito, B. Journal of Ethnicity in Substance Abuse, v. 18, #3 (July-September), p. 462-475, 2019. <https://www.ncbi.nlm.nih.gov/pubmed/29144857>

Tribal Opioid Response National Strategic Agenda: Healing Our Nations Together. Portland, OR: Northwest Tribal Epidemiology Center, 2019. http://www.npaihb.org/wp-content/uploads/2020/03/NPAIHB_TOR_Agenda_Booklet_FINAL.pdf

What You Need to Know: Fetal Alcohol Spectrum Disorders Among Native Americans: Rockville, MD: Substance Abuse and Mental Health Services Administration (SAMHSA), 2007. <https://www.ihs.gov/headstart/documents/FetalAlcoholSpectrumDisordersAmongNativeAmericans.pdf>

Statistical Reports

The American Indian and Alaska Native Population: 2010. Washington, DC: U.S. Census Bureau, 2012. <http://www.census.gov/prod/cen2010/briefs/c2010br-10.pdf>

Best Practices for American Indian and Alaska Native Data Collection. Seattle, WA: Urban Indian Health Institute (UIHI), 2020. <https://www.uihi.org/resources/best-practices-for-american-indian-and-alaska-native-data-collection/>

Cancer Incidence Among American Indian and Alaska Native Populations, 2012–2016. Atlanta, GA: Centers for Disease Control and Prevention (CDC), 2019. <https://www.cdc.gov/cancer/uscs/pdf/USCS-DataBrief-No12-October2019-h.pdf>

Data on Health and Well-being of American Indians, Alaska Natives, and Other Native Americans: Data Catalog. Washington, DC: U.S. Department of Health and Human Services. Office of the Assistant Secretary for Planning and Evaluation (ASPE), 2006. <https://aspe.hhs.gov/system/files/pdf/74856/report.pdf>

Health Disparities Experienced by American Indians and Alaska Natives. [Morbidity and Mortality Weekly Report (MMWR), Vol. 52, No. 30, August 1, 2003]. Hyattsville, MD: National Center for Health Statistics (CDC), 2003. <http://www.cdc.gov/mmwr/PDF/wk/mm5230.pdf>

Indian Health Disparities. Rockville, MD: Indian Health Service, 2019. <https://www.ihs.gov/newsroom/factsheets/disparities/>

Indian Health Surveillance Report: Sexually Transmitted Diseases 2015. Rockville, MD: U.S. Department of Health and Human Services, 2018. https://www.cdc.gov/std/stats/ihs/18IHS-DEDP102_REPORT_STD_M_508.pdf

Regional Differences in Indian Health: 2012 Edition. Rockville, MD: U.S. Department of Health and Human Services, Indian Health Service (IHS), 2014. x, 106 p.. MH11D10463 _
https://www.ihs.gov/sites/dps/themes/responsive2017/display_objects/documents/RegionalDifferences2012Edition.pdf

The Internet Archive

Explore the Office of Minority Health Resource Center on the Internet Archive website at <https://archive.org/details/minorityhealth>

This online library collection features free, full-text access to a variety of unique and historic reports.

For information on American Indians & Alaska Natives, consider the following items:

- **Cancer Mortality Among American Indians and Alaska Natives:** Regional Differences, 1994 - 1998 (revised). Cobb, N; Paisano, R E.: Rockville, MD: Indian Health Service, rev. 2003, 59 p., 2003 <https://archive.org/details/cancermortality00indi>
- **Documentation of the Cancer Research Needs of American Indians and Alaska Natives.** Bethesda, MD: National Cancer Institute, 1994. <http://archive.org/details/documentationofc00nati>
- **Indian Health Focus: Elders** (2000-2001): Rockville, MD: IHS, 72 p., 2005. <http://archive.org/details/indianhealt00indi>
- **Native Outreach:** A Report to American Indian, Alaska Native, and Native Hawaiian Communities: Bethesda, MD: National Cancer Institute, 139 p., 1999. https://archive.org/details/nativeoutreachre00nati_0
- **A River Runs Through Us:** 90-Day Journal for Wellness. Albuquerque, NM: U.S. Department of Health and Human Services. Indian Health Service. Division of Diabetes Treatment and Prevention and Tribal Leaders Diabetes Committee, 310 p. 2009, https://archive.org/details/riverrunsthrough00unse_0

Additional Resources for American Indians & Alaska Natives

American Indian Statistical Profile (Office of Minority Health)

<http://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=62>

Centers for Disease Control – Tribal Support

<https://www.cdc.gov/tribal/index.html>

HHS Administration for Children & Families. Office of Family Assistance – Tribal Programs

<https://www.acf.hhs.gov/ofa/programs/tribal-programs>

Library of Congress – Indigenous Law Portal

<https://llmc.com/Indigenous/Home.aspx>

National Library of Medicine

<https://medlineplus.gov/americanindianandalaskanativehealth.html>

U.S. Census Bureau – Facts for Features - American Indian and Alaska Native Heritage Month

<https://www.census.gov/newsroom/facts-for-features/2019/aian-month.html>

U.S. Bureau of Indian Affairs. Tribal Leaders Directory

<http://www.bia.gov/WhoWeAre/BIA/OIS/TribalGovernmentServices/TribalDirectory/index.htm>

National Organizations for American Indians & Alaska Natives

Alaska Native Health Board (ANHB)

<http://www.anhb.org>

American Indian Cancer Foundation (AICAF)

<http://www.americanindiancancer.org>

Indian Law Resource Center

<http://www.indianlaw.org>

National Congress of American Indians (NCAI)

<http://www.ncai.org>

National Indian Council on Aging, Inc. (NICOA)

<http://www.nicoa.org>

National Indian Health Board (NIHB)

<http://www.nihb.org>

Native Americans in Philanthropy

<https://nativephilanthropy.org/>

Native Food Systems Resource Center

<http://www.nativefoodsystems.org>

National Tribal Air Association (NTAA)

<http://www7.nau.edu/itep/main/ntaa/>

StrongHearts Native Helpline

<http://www.strongheartshelpline.org>

Urban Indian Health Institute (UIHI)

<http://www.uihi.org>

The OMH Knowledge Center contains a collection of 70,000 documents, reports, books, journals, media, and journal articles related to the health status of racial and ethnic minority populations. The library collection also includes sources of consumer health material in more than 40 languages. The OMH Knowledge Center staff can respond to requests from the public by providing selective bibliographies of articles and books in its collection.

For more information contact:
The OMH Knowledge Center
Office of Minority Health Resource Center (OMHRC)
Tel: 1-800-444-6472
Email: KnowledgeCenter@minorityhealth.hhs.gov
<https://minorityhealth.hhs.gov/knowledgecenter>