



Hispanic/Latino Health in the United States

Welcome to “Hispanic/Latino Health in the United States: A Pathfinder to Resources” from the Office of Minority Health (OMH) Knowledge Center. This pathfinder walks users through some key articles, reports, and other resources that touch upon diseases, social determinants of health, racial justice, and other important topics. Please see the additional pathfinders that directly relate to other racial minority groups.

These selections may be helpful to:

Researchers

- Clinicians
- Public health practitioners
- Advocates

- Instructors

- Students

- Others working to improve the health of Hispanics/Latinos

This pathfinder can be used to support research or instructional activities in classrooms, libraries, health fairs, and community health worker programs.

The OMH Knowledge Center is the largest dedicated repository of health disparities information in the nation, with a collection of more than 70,000 articles, reports, books, journals, organizations, and multimedia resources related to the health status of racial and ethnic minority populations. The collection also includes sources on consumer health material in more than 40 languages.

To locate additional materials, search the online library catalog at: <https://minorityhealth.hhs.gov/opac>.

Examples for keyword searching in the OMH Knowledge Center online library catalog:

- **Subject:** HISPANICS / IMMIGRANTS / AFRO-CARIBBEANS / LATINO / LATINA / MEXICANS / MIGRANTS / CENTRAL AMERICANS / PUERTO RICANS / SOUTH AMERICANS, more
- **Format:** Select either ORGANIZATION / BOOK / DOCUMENT / ARTICLES / FACT SHEET

Journals

- Cultural Diversity & Ethnic Minority Psychology
- Hispanic Journal of Behavioral Sciences
- Hispanic Health Care International
- Hispanic Outlook in Higher Education
- Journal of Racial and Ethnic Health Disparities
- Journal of Latinx Psychology
- Journal of Health Disparities Research and Practice
- Journal of Immigrant and Minority Health
- Journal of Ethnicity in Substance Abuse

A Sampling of Resources

The selection of resources below demonstrates the variety of articles, reports, and books that can be accessed through the OMH Knowledge Center.

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Overviews

2018 Profile of Hispanic Americans Age 65 and Over. Washington, DC: U.S. Department of Health and Human Service (HHS), Administration for Community Living (ACL), 2019.

https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2018HA_OAProfile.pdf

Characterization of the Hispanic or Latino Population in Health Research: A Systematic Review. Aragonés, A.; Hayes, S.L.; Chen, M.H.; Gonzalez, J.; Gany, F.M. *Journal of Immigrant and Minority Health*, v. 16, #3, P. 429-439, 2014.

<http://www.ncbi.nlm.nih.gov/pubmed/23315046>

Gender Violence Among Latinas: Key Concepts and Culturally Responsive Approaches. Bayamón, Puerto Rico: National Hispanic and Latino Mental Health Technology Transfer Center, 2020.

<https://mhffcnetwork.org/sites/default/files/2020-01/GENDER%20VIOLENCE%20Final%20Booklet.pdf>

Health Disparity among Latina Women: Comparison with Non-Latina Women. Paz, K.; Massey, K. P. Clinical Medicine Insights: Women's Health, v. 9, Suppl. 1 (July 20), p. 71-74, 2016.
<https://pubmed.ncbi.nlm.nih.gov/27478393>

Hispanics and the Future of America. Washington, D.C., National Research Council (NRC), National Academies Press, 2006. <http://www.ncbi.nlm.nih.gov/books/NBK19905/>;
http://www.nap.edu/catalog.php?record_id=11539

The Intersection Between Masculinity and Health among Rural Immigrant Latino Men. Daniel-Ulloa, D.; Sun, C.; Rhodes, S. D. International Journal of Men's Health, v. 16, #1 (Spring), p. 84-95, 2017.
<https://pubmed.ncbi.nlm.nih.gov/29422781>

Latinos & Alzheimer's Disease: New Numbers Behind the Crisis. Los Angeles, CA: USC Edward R. Roybal Institute on Aging; LatinosAgainstAlzheimer's Network, 2016.
https://www.usagainstalzheimer.org/sites/default/files/Latinos-and-AD_USC_UsA2-Impact-Report.pdf

Living in an Immigrant Family in America: How Fear and Toxic Stress are Affecting Daily Life, Well-Being, & Health. Henry J. Kaiser Family Foundation Issue Brief, December 2017. Artiga, S.; Ubri, P.
<https://files.kff.org/attachment/Issue-Brief-Living-in-an-Immigrant-Family-in-America>

Migración y salud/Migration and Health. México City, México: Consejo Nacional de Población; Health Initiative of the Americas, 2020. https://hiaucb.files.wordpress.com/2021/01/migracion_salud_2020_conapo-hia.pdf

Race/Ethnicity and All-Cause Mortality in US Adults: Revisiting the Hispanic Paradox. Borrell, L. N.; Lancet, E. A. American Journal of Public Health, v. 102, #5 (May), p. 836-843, 2012.
<http://www.ncbi.nlm.nih.gov/pubmed/22493998>

Social Determinants of Health among the Rural Hispanic Population. Rural & Minority Health Research Center Findings Brief, July 2019. Probst, J. C.; Ajmal, F.
https://www.sc.edu/study/colleges_schools/public_health/research/research_centers/sc_rural_health_research_center/documents/socialdeterminantsofhealthamongtheruralhispanicpopulation.pdf

Toward a More Equitable Future: The Trends and Challenges Facing America's Latino Children. Washington, DC: National Council of La Raza, 2016.
http://publications.unidosus.org/bitstream/handle/123456789/1627/towardamoreequitablefuture_92916.pdf

Working with Latino/a and Hispanic Patients. Washington, DC: American Psychiatric Association, 2021. Fortuna, L. <https://www.psychiatry.org/psychiatrists/cultural-competency/education/best-practice-highlights/working-with-latino-patients>

Access to Care

Community Health Workers, Access to Care, and Service Utilization among Florida Latinos: A Randomized Controlled Trial. Chang, A.; Patberg, E.; Cueto, V.; Li, H.; Singh, B., et al. AJPH: American Journal of Public Health, v. 9, #108 (September), p. 1249-1251, 2018.
<https://pubmed.ncbi.nlm.nih.gov/30024805>

Differences in Transitional Care Provided to Mexican American and Non-Hispanic White Older Adults. Crist, J. D.; Koerner, K. M.; Hepworth, J. T.; Pasvogel, A.; Marshall, C. A., et al. Journal of Transcultural Nursing, v. 28, #2 (March), p. 159-167, 2017. <https://www.ncbi.nlm.nih.gov/pubmed/26586696>

Historic Gains in Health Coverage for Hispanic Children in the Affordable Care Act's First Year.

Washington, DC: Georgetown University; National Council of La Raza, 2016.

<https://ccf.georgetown.edu/wp-content/uploads/2016/01/CCF-NCLR-Uninsured-Hispanic-Kids-Report-Final-Jan-14-2016.pdf>

Social Support, Health, and Health Care Access Among Latino Immigrant Men in an Emerging

Community. Documet, P. I.; Troyer, M. M.; Macia, L. Health Education & Behavior, v. 46, #1 (February),

p. 137-145, 2019. <https://pubmed.ncbi.nlm.nih.gov/29519167>

Chronic Conditions

The Association Between Acculturation and Parental Feeding Practices in Families with Overweight and

Obese Hispanic/Latino Children. Mojica, C. M.; Liang, Y.; Foster, B. A.; Parra-Medina, D. Family & Community

Health, v. 42, #3 (July/September), p. 180-188, 2019. <https://pubmed.ncbi.nlm.nih.gov/31107728>

Cancer Facts & Figures for Hispanics & Latinos 2018-2020. Atlanta, GA: American Cancer Society, 2018.

<https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-facts-and-figures-for-hispanics-and-latinos/cancer-facts-and-figures-for-hispanics-and-latinos-2018-2020.pdf>

Chronic Disease and Depression among Hispanic Americans: Reconceptualizing the Masculine Self. Chan, I.;

Corvin, J. A. American Journal of Men's Health, v. 10, #6, p. NP11-NP21, 2016.

<http://www.ncbi.nlm.nih.gov/pubmed/26206162>

Dietary Patterns with Healthy and Unhealthy Traits Among Overweight/Obese Hispanic Women with or at

High Risk for Type 2 Diabetes. Arias-Gastélum, M.; Lindberg, N. M.; Leo, M. C.; Bruening, M.; Whisner, C. M., et

al. Journal of Racial & Ethnic Health Disparities, v. 8, #2 (April), p. 293-303, 2021.

<https://pubmed.ncbi.nlm.nih.gov/32495304>

Structural Social Support and Cardiovascular Disease Risk Factors in Hispanic/Latino Adults with Diabetes:

Results from the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). Hernandez, R.; Carnethon,

M.; Giachello, A. L.; Penedo, F. J.; Wu, D., et al. Ethnicity & Health, v. 23, #7 (October), p. 737-751, 2018.

<https://pubmed.ncbi.nlm.nih.gov/28277024>

Urban Natural Environments, Obesity, and Health-Related Quality of Life among Hispanic Children Living in

Inner-City Neighborhoods. Kim, J. H.; Lee, C.; Sohn, W. International Journal of Environmental Research and

Public Health, v. 13, #1, 2016. <http://www.ncbi.nlm.nih.gov/pubmed/26771623>

Use of Digital Health Information for Health Information Seeking Among Men Living With Chronic Disease:

Data From the Health Information National Trends Survey. Sherman, L. D.; Patterson, M. S.; Tomar, A.; Wigfall,

L. T. American Journal of Men's Health, v. 14, #1 (January-February):1557988320901377, 2020.

<https://pubmed.ncbi.nlm.nih.gov/31973642>

Your Heart, Your Life: A Community Health Worker's Manual for the Hispanic Community. Bethesda, MD: U.S.

Department of Health and Human Service (HHS), National Institutes of Health (NIH), 2008.

https://www.nhlbi.nih.gov/files/docs/resources/heart/lat_mnl_en.pdf

Language Access

Changes in Research on Language Barriers in Health Care Since 2003: A Cross-sectional Review Study.

Schwei, R. J.; Del Pozo, S.; Agger-Gupta, N.; Alvarado-Little, W.; Bagchi, A., et al. International Journal of

Nursing Studies, v. 54 (February), p. 36-44, 2016. <https://pubmed.ncbi.nlm.nih.gov/25816944>

Ensuring Language Access and Effective Communication During Response and Recovery: A Checklist for Emergency Responders. Rockville, M.D.: U.S. Department of Health and Human Services, 2018. <https://www.hhs.gov/sites/default/files/lang-access-and-effective-comm-checklist-for-emergency-responders.pdf>

Integrating Health Literacy, Cultural Competence, and Language Access Services: Workshop Summary. Washington, DC: National Academies Press, 2016. <https://www.ncbi.nlm.nih.gov/books/NBK373804>

Medical Interpreters in Outpatient Practice. Jacobs, B.; Ryan, A. M.; Henrichs, K. S.; Weiss, B. D. Annals of Family Medicine, v. 16, #1 (January), p. 70-76, 2018. <https://pubmed.ncbi.nlm.nih.gov/29311179>

The Role of Language in Health Care Access and Utilization for Insured Hispanic Adults. Henry J. Kaiser Family Foundation Issue Brief, November 9, 2015. Artiga, S.; Young, K.; Cornachione, E.; Garfield, R. <https://www.kff.org/racial-equity-and-health-policy/issue-brief/the-role-of-language-in-health-care-access-and-utilization-for-insured-hispanic-adults>

Summary of State Law Requirements Addressing Language Needs in Health Care. National Health Law Program, April 29, 2019. Youdelman, M. <https://healthlaw.org/resource/summary-of-state-law-requirements-addressing-language-needs-in-health-care-2>

Hepatitis

Awareness of Hepatitis C Virus Seropositivity and Chronic Infection in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). Kuniholm, M. H.; Jung, M.; Del Amo, H.; Talavera, G. A.; Thagarajan, B., et al. Journal of Immigrant and Minority Health, v. 18, #6, p. 1257-1265, 2016. <http://www.ncbi.nlm.nih.gov/pubmed/26864380>

Hospital-Based Hepatitis C Screening of Baby Boomers in a Majority Hispanic South Texas Cohort: Successes and Barriers to Implementation / Taylor, B. S.; Hanson, J. T.; Veerpaneni, P.; Villarreal, R.; Fiebelkorn, K., et al. Public Health Reports, v. 131, Supplement 2, p. 74-83, 2016. <http://www.ncbi.nlm.nih.gov/pubmed/27168665>

QuickStats: Prevalence of Past or Present Infection with Hepatitis B Virus among Adults Aged ≥18 Years, by Race and Hispanic Origin – National Health and Nutrition Examination Survey, 1999-2018. U.S. Department of Health and Human Service (HHS), Centers for Disease Control and Prevention (CDC). Morbidity and Mortality Weekly Report (MMWR), v. 69, #35 (September 4), p. 1231, 2020. <https://pubmed.ncbi.nlm.nih.gov/32881846>

HIV Infection

Assessment of Technology Use and Technology Preferences for HIV Prevention among Hispanic Women. Villegas, N.; Cianelli, R.; de Tantillo, L.; Warheit, M.; Montano, N. P., et al. Hispanic Health Care International, v. 16, #4 (December), p. 197-203, 2018. <https://pubmed.ncbi.nlm.nih.gov/31185747>

Barriers to Antiretroviral Therapy Adherence among HIV-Positive Hispanic and Latino Men Who Have Sex with Men -United States, 2015-2019. Crim, S. M.; Tie, Y.; Beer, L.; Weiser, J.; Dasgupta, S. Morbidity and Mortality Weekly Report (MMWR), v. 69, #40 (October 9), p. 1437-1442, 2020. <https://pubmed.ncbi.nlm.nih.gov/33031362>

The Contribution of Stress, Cultural Factors, and Sexual Identity on the Substance Abuse, Violence, HIV, and Depression Syndemic among Hispanic Men. Gonzáles-Guarda, R. M.; McCabe, B. E.; Leblanc, N.; De Santis, J. P.; Provencio-Vasquez, E. *Cultural Diversity and Ethnic Minority Psychology*, v. 22, #4 (October), p. 563-571, 2016. <https://pubmed.ncbi.nlm.nih.gov/27159650>

Health-information Needs of HIV-positive Adults in Latin America and the Caribbean: An Integrative Review of the Literature. Stonbraker, S.; Larson, E. *AIDS Care*, v. 28, #10 (October), p. 1223-1229, 2016. <https://pubmed.ncbi.nlm.nih.gov/27098484>

HIV Prevention in the United States: Bolstering Latinx Gay and Bisexual Men to Promote Health and Reduce HIV Transmission. Washington, DC: Georgetown University O'Neill Institute for National & Global Health, 2019. <https://oneill.law.georgetown.edu/media/Latinx-Gay-and-Bi-Men.pdf>

Mental Health

Acculturation Conflict among Latino Youth: Discrimination, Ethnic Identity, and Depressive Symptoms. Huq, N.; Stein, G. L.; Gonzales, L. M. *Cultural Diversity and Ethnic Minority Psychology*, v. 22, #3 (July), p. 377-385, 2016. <https://pubmed.ncbi.nlm.nih.gov/26460666>

Help Wanted: Mental Health and Social Stressors Among Latino Day Laborers. Hill, C. M.; Williams, E. C.; Ornelas, I. J. *American Journal of Men's Health*, v. 13, #2 (March-April): 1557988319838424, 2019. <https://pubmed.ncbi.nlm.nih.gov/30880547>

Mental Health Disparities among Hispanic and Latino Populations. Bayamón, Puerto Rico: National Hispanic and Latino Mental Health Technology Transfer Center, 2020. https://mhttcnetwork.org/sites/default/files/2020-06/Mh_Disparities_Booklet.pdf

Mental Health Services for Latino Youth: Bridging Culture and Evidence. Washington, DC: National Council of La Raza, 2016. http://publications.unidosus.org/bitstream/handle/123456789/1673/MentalHealthServices_122016.pdf

Substance & Alcohol Misuse

2019 National Survey on Drug Use and Health: Hispanics. Rockville, MD: U.S. Department of Health and Human Service (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), 2020. <https://www.samhsa.gov/data/sites/default/files/reports/rpt31101/2019NSDUH-Hispanic/Hispanic%202019%20NSDUH.pdf>

Alcohol and the Hispanic Community. Bethesda, MD: U.S. Department of Health and Human Service (HHS), National Institutes of Health (NIH), 2019. <https://www.niaaa.nih.gov/sites/default/files/hispanicFact.pdf>

Binge Drinking and Perceived Ethnic Discrimination among Hispanics/Latinos: Results from the Hispanic Community Health Study/Study of Latinos Sociocultural Ancillary Study. Ornelas, I. J.; Lapham, G. T.; Salgado, H.; Williams, E. C.; Gotman, N., et al. *Journal of Ethnicity in Substance Abuse*, v. 15, #3, p. 223-239, 2016. <http://www.ncbi.nlm.nih.gov/pubmed/26643869>

The Opioid Crisis and the Hispanic/Latino Population: An Urgent Issue. Rockville, MD: U.S. Department of Health and Human Service (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), 2020.

https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP20-05-02-002_0.pdf

Parent-Centered Prevention of Risky Behaviors Among Hispanic Youths in Florida. Estrada, Y.; Lee, T. K.; Huang, S.; Tapia, M. I.; Velázquez, M. R., et al. *AJPH: American Journal of Public Health*, v. 107, #4, p. 607-613, 2017. <https://www.ncbi.nlm.nih.gov/pubmed/28207330>

Statistical Reports

Chartbook on Health Care for Hispanics. Rockville, MD: U.S. Department of Health and Human Service (HHS), Agency for Healthcare Research and Quality (AHRQ), 2015.

<https://www.ahrq.gov/sites/default/files/wysiwyg/research/findings/nhqdr/2014chartbooks/hispanichealth/2014nhqdr-hispanichealth.pdf>

Demographic Characteristics and Health Behaviors among a Diverse Group of Adult Hispanic/Latino Males (Ages 18 to 64 years) in the United States. Wilson-Frederick, S. M.; Gonzalez, G.; Jackson, C. S.; Ejike-King, L. N.; Dorsey, R. R. Rockville, MD: U.S. Department of Health and Human Services (HHS), Office of Minority Health (OMH), 2015.

https://www.minorityhealth.hhs.gov/Assets/PDF/Hispanic_Males_ENGLISH_Data_Brief_052915.pdf

Digital Divide Narrows for Latinos as More Spanish Speakers and Immigrants Go Online. Pew Research Center Report, July 20, 2016. Brown, A.; López, G.; López, M. H.

<https://www.pewresearch.org/hispanic/2016/07/20/digital-divide-narrows-for-latinos-as-more-spanish-speakers-and-immigrants-go-online>

In Focus: Identifying and Addressing Health Disparities Among Hispanics. The Commonwealth Fund, December 27, 2018. Hostetter, M.; Klein, S.

<https://www.commonwealthfund.org/publications/2018/dec/focus-identifying-and-addressing-health-disparities-among-hispanics>

The Internet Archive

Explore the Office of Minority Health Resource Center on the Internet Archive website at <https://archive.org/details/minorityhealth>

This online library collection features free, full-text access to a variety of unique and historic reports. For information on Hispanic Americans, consider the following items:

- **Hispanic Fathers and Family Literacy:** Strengthening Achievement in Hispanic Communities. Bernal, V.; et al. Hispanic Association of Colleges and Universities; National Practitioners Network for Fathers and Families: Rockville, MD: U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation, 2000. <http://archive.org/details/hispanicfathersf00usde>
- **All About HRSA:** A Guide for Hispanic Serving Institutions: Silver Spring, MD, Institute for College Research Development and Support, 2001. <https://archive.org/details/allabouthrsaguid00heal>
- **One Voice, One Vision:** Recommendations to the Surgeon General to Improve Hispanic/Latino Health. Surgeon General's National Hispanic/Latino Health Initiative. Washington, DC: HHS, Office of the Surgeon General, 1993. <https://archive.org/details/onevoiceonevisio00depa>

Additional Resources for Hispanics and Latinos

National Library of Medicine

<https://medlineplus.gov/hispanicamericanhealth.html>

Hispanic American Statistical Profile

<https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=64>

Centers for Disease Control and Prevention

<https://www.cdc.gov/nchhstp/healthdisparities/hispanics.html>

U.S. Census Bureau

<https://www.census.gov/newsroom/facts-for-features/2020/hispanic-heritage-month.html>

Library of Congress – Hispanic Reading Room

<https://www.loc.gov/rr/hispanic/>

HHS Administration for Children & Families, Office of Family Assistance

<https://www.acf.hhs.gov/hispanic-outreach-initiative>

National Organizations for Hispanics and Latinos

Congressional Hispanic Caucus (CHC)

<https://chc.house.gov/>

National Alliance for Hispanic Health (NAHH)

<http://www.healthyamericas.org>

National Association of Hispanic Nurses (NAHN)

<http://www.nahnnet.org>

National Hispanic Council on Aging (NHCOA)

<http://www.nhcoa.org>

National Hispanic Medical Association (NHMA)

<http://www.nhmamd.org>

National Latino Behavioral Health Association (NLBHA)

<http://www.nlbha.org>

National Latino Children's Institute (NLCI)

<http://nlci.org>

Society for Advancement of Chicanos/Hispanics and Native Americans in Science (SACNAS)

<http://sacnas.org>

UnidosUS

<http://www.unidosus.org>

The OMH Knowledge Center contains a collection of 70,000 documents, reports, books, journals, media, and journal articles related to the health status of racial and ethnic minority populations. The library collection also includes sources of consumer health material in more than 40 languages. The OMH Knowledge Center staff can respond to requests from the public by providing selective bibliographies of articles and books in its collection.

For more information contact: The OMH Knowledge Center
Office of Minority Health Resource Center (OMHRC)

Tel: 1-800-444-6472

Email: KnowledgeCenter@minorityhealth.hhs.gov

<https://minorityhealth.hhs.gov/knowledgecenter>