

# ON THE BORDER

— MEXICAN GRILL & CANTINA —

# GLUTEN-FRIENDLY MENU SUGGESTIONS

Made without gluten-containing ingredients

04.01.2021V1

For our guest with gluten sensitivity, we have prepared the following menu which list items that are made without gluten containing ingredients. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with gluten containing food products.

**Due to these circumstances, we are unable to guarantee that any menu items can be completely free of gluten.**

**PRIOR TO PLACING YOUR ORDER, ALWAYS ALERT THE MANAGER TO YOUR FOOD ALLERGY OR SPECIAL DIETARY NEEDS.**



## STARTERS & DIPS

listed **without** tortilla chips\*

### GUACAMOLE

GUACAMOLE/QUESO DUO

SMOKY QUESO

BORDER-STYLE QUESO

SIGNATURE QUESO

SIGNATURE QUESO-PRIMO STYLE



## ENTRÉE SALADS & SOUP

### CHICKEN TORTILLA SOUP

**without** tortilla strips\*

### FAJITA SALAD

Mesquite-Grilled Chicken or Mesquite-Grilled Steak

**without** onions\*\*

### GRANDE TACO SALAD **without** tortilla crisps

Chicken Tinga or Ground Beef

**DRESSINGS:** *Avocado Ranch, Lime Vinaigrette, Ranch, House-made Salsa or Smoked Jalapeño Vinaigrette*

## BORDER BITES

### CHICKEN FLAUTAS\*

## BOLDER BORDER BOWLS

GRILLED CHICKEN

GRILLED SHRIMP

GRILLED STEAK

GRILLED PORTOBELLO

## BORDER-STYLE TACOS

### STREET-STYLE MINI TACOS

Chicken or Steak

## SAUCES

GREEN CHILE SALSAS FRESCA SIGNATURE QUESO

## FAJITAS

listed **without** onions\*\* and **without** flour tortillas

### CLASSIC FAJITAS

Grilled Chicken

Grilled Steak

Portobello Mushroom

### MONTEREY RANCH CHICKEN

ADD-ON SHRIMP SKEWER

## FROM THE MESQUITE GRILL

GRILLED QUESO CHICKEN

MEXICAN GRILLED CHICKEN

## SIDES & ADD-ONS

BLACK BEANS

REFRIED BEANS

MEXICAN RICE

HOUSE SALAD

**without** tortilla strips\*

CILANTRO LIME RICE

AVOCADO SLICES

GUACAMOLE

GRILLED SHRIMP SKEWER

SAUTÉED VEGETABLES

PICO DE GALLO

MIXED CHEESE

SOUR CREAM

CORN TORTILLAS

## KIDS listed **without** side

### BUILD YOUR OWN

Mini Soft Corn

Chicken Tacos

### KIDS SIDES:

Black Beans

Mexican Rice

Refried Beans

### KIDS DESSERTS:

Chocolate Sundae

Strawberry Sundae

### BLASTS:

Blue Raspberry

Cherry

## NON-ALCOHOLIC BEVERAGES

COCA-COLA

COCA-COLA ZERO SUGAR

DIET COKE

DR PEPPER

SPRITE

MINUTE MAID LEMONADE

STRAWBERRY LEMONADE

ICED TEA

ICED FLAVORED TEAS

\*FRIED IN COMMON FRY OIL

\*\*CONTAINS SOY SAUCE

At On The Border, a top priority is always the health and safety of our guests. As part of our commitment to you, our vegetarian menu is based on product information provided by On The Border's approved food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. We highly recommend that our guests with special dietary needs consult with a restaurant manager prior to placing an order to ensure the posted information is accurate and represents the menu items sold at that particular location. Limited time offers, test products or regional items have not been included in the menus.