

READING PLAN

WEEK 1

- Psalms 1–5
- Psalms 6–10
- Psalms 11–15
- Psalms 16–20
- Psalms 21–25

WEEK 4

- Psalms 76–80
- Psalms 81–85
- Psalms 86–90
- Psalms 91–95
- Psalms 96–100

WEEK 2

- Psalms 26–30
- Psalms 31–35
- Psalms 36–40
- Psalms 41–45
- Psalms 46–50

WEEK 5

- Psalms 101–105
- Psalms 106–110
- Psalms 111–118
- Psalm 119
- Psalms 120–125

WEEK 3

- Psalms 51–55
- Psalms 56–60
- Psalms 61–65
- Psalms 66–70
- Psalms 71–75

WEEK 6

- Psalms 126–130
- Psalms 131–135
- Psalms 136–140
- Psalms 141–145
- Psalms 146–150

If you're interested in further reflection on the book of Psalms, this Bible study has a companion journal. You can learn more at lifeway.com/asforme.