

NEWSLETTER

June 2024

European School Education Platform

How to best enhance language skills among young Europeans? Answer our survey

Learning a language is a fundamental and enriching aspect of personal development. According to the Council Recommendation on key competencies for lifelong learning, multilingualism is one of the eight competencies required for social inclusion, employability, a healthy and sustainable lifestyle, and personal fulfilment.



Share your thoughts on language learning and teaching by <u>completing our short survey</u> before 7 July 2024.

In focus



Wellbeing and resilience

In this month's articles, we learn about various factors that affect wellbeing in schools. For example, feeling safe at school can significantly improve pupils' personal wellbeing and learning outcomes, which is also highlighted by recent guidelines by the European Commission. Close home-school collaboration is also important to develop pupil self-esteem and strengths, especially for children in migrant families or children with special educational needs. Sport also plays a role in wellbeing by helping to reduce stress and anxiety and promote social inclusion.

To be able to support learners, caring for <u>teachers'</u> <u>wellbeing</u> is crucial, as highlighted in this month's expert article by Anastassios Matsopoulos (University of Crete). It's also important to consider <u>children's digital wellbeing</u>, but by fostering positive engagement and inclusion, pupils can feel empowered and safe in online environments. Find more examples of <u>projects on emotional resilience</u> <u>and wellbeing</u> in our practice article and learn about the power of <u>creativity in learning</u> for mental health in our tutorial.

Also, watch an interview with Arniika Kuusisto (University of Helsinki) on the development of worldview, values and resilience in early childhood, and recent webinar recordings on preventing <u>cyberbullying</u>, promoting <u>outdoor education</u>, and wellbeing for <u>improved learning outcomes</u>.

Courses and webinars

Unless otherwise indicated, the professional development activities are only available in English.

Upcoming online courses:

• Unlocking the power of teachers' digital competence: Empowering learners, 15.07.2024

Upcoming webinars:

- <u>Wellbeing without overload: Integrating self-care in teaching practices</u>, 26.06.2024
- Inclusion of displaced children from Ukraine in EU education systems, 26.06.2024

Webinar recordings:

- Understanding, preventing and responding to cyberbullying, 24.05.2024
- Outdoor education: Learning beyond the classroom, 14.06.2024
- Promoting wellbeing for improved learning outcomes, 18.06.2024
- <u>Climate change: tools and activities to prepare and nurture climate</u> <u>active citizens</u>, 19.06.2024

Latest content

- Publication: Supporting wellbeing and mental health through education
- Publication: Prevention of violent radicalisation in ECEC
- Publication: The State of Children in the European Union
- Teaching material: Programme STEPS: teaching young people life skills
- **Practice video:** Enhancing teaching and learning through artificial intelligence

Toolkit for school success: The latest resources dedicated to school success, inclusive education and well-being at school.

<u>Climate change and girls' education – school resource pack</u>

European School Education Platform and eTwinning are initiatives of the European Commission, funded by <u>Erasmus+</u> and operated by European Schoolnet (EUN Partnership), under a contract with the European Education and Culture Executive Agency (EACEA). The opinions expressed are those of the contractor only and do not represent the contracting authority's official position. © European Union, 2024. Reuse is authorised provided the source is acknowledged. Images © Prostock-Studio / Getty Images; GrumpyBeere / Pixabay You receive this newsletter because you subscribed for it at the European School Education Platform. If you no longer want to receive it, go to your user profile at the European School Education Platform to update your settings, or <u>unsubscribe here</u>. <u>VISIT THE EUROPEAN SCHOOL EDUCATION PLATFORM / CONTACT US</u>