



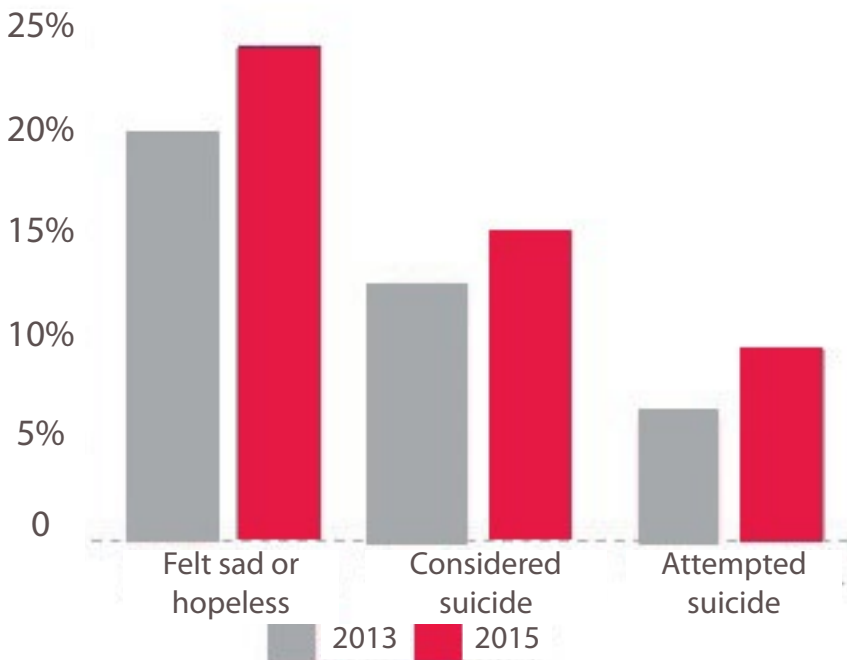
Youth Suicide Prevention in Nebraska

In Nebraska, suicide is the 1st leading cause of death for ages 10 - 14 years & 2nd leading cause of death for ages 15 - 24 years
(Centers for Disease Control & Prevention, 2014).

270 male and 61 female youth, ages 10-24, died by suicide in Nebraska between 2005 - 2014.



■ Males ■ Females



Nebraska youth report increased sadness, thoughts of suicide, and suicide attempts.

(Youth Risk Behavior Survey, 2013 & 2015)



Suicide Prevention in Nebraska

Nebraska Youth Suicide Prevention Project

The Nebraska Youth Suicide Prevention Project is funded by a five-year grant from the US Department of Health & Human Services, Substance Abuse & Mental Health Administration (SAMHSA) from 2014-2019. Project partners are working to decrease the suicide rate among young people in Nebraska. The project goals are:

1. Prevent youth suicides in Nebraska.
2. Ensure standardize screening protocols are in place for youth at risk for suicide in child-serving systems.
3. Implement culturally-appropriate suicide prevention strategies in Nebraska communities.

Project Partners:

Nebraska Children & Families Foundation
Nebraska Department of Education
Nebraska Department of Health & Human Services, Division of Behavioral Health
Nebraska State Suicide Prevention Coalition
Regional Behavioral Health Authorities
University of Nebraska Public Policy Center



Nebraska Youth
Suicide Prevention

For More Information:

<http://youthsuicideprevention.nebraska.edu>

<http://suicideprevention.nebraska.edu>

Year 1 Project Impact



Grant-funded results are reported using the framework from Nebraska's state suicide prevention plan:

Treatment & support services

168 high-risk youth screened for suicide risk

262 clinicians trained to assess and treat persons at risk



Clinical & community preventative services

1,564 Gatekeepers trained

28,385 School staff trained in youth suicide prevention

544,760 Nebraskans can be supported by a LOSS Team (Local Outreach to Suicide Survivors)

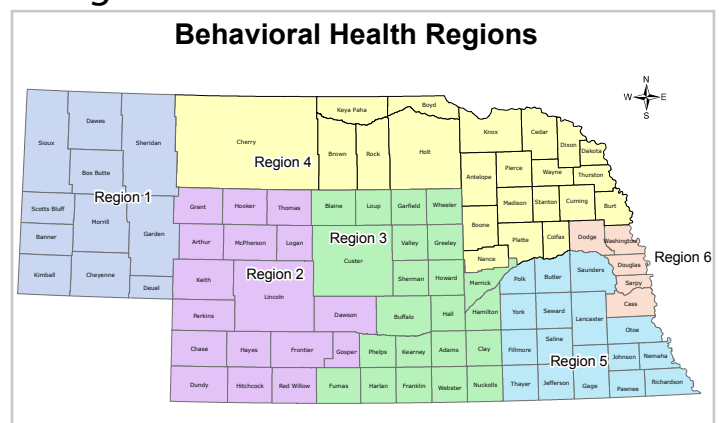


Healthy & empowered individuals, families, & communities

266,564 Nebraskans reached with suicide prevention awareness messages

Regions are developing strategies, including:

- Gatekeeper training
- LifeLine dissemination
- Needs Assessment
- Outreach
- Postvention
- Wellness Recovery Action Plans
- Youth leadership



Get Involved



There is help. There is hope.

**If you need to talk to someone right now,
call the National Suicide Prevention Lifeline
1-800-273-TALK (8255)**

To learn more about Nebraska's Plan to prevent suicide, visit:
YouthSuicidePrevention.Nebraska.edu

Get Involved:

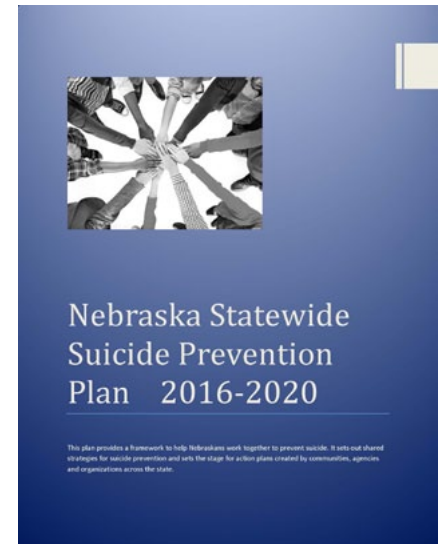
For more information, visit:
SuicidePrevention.Nebraska.edu
YouthSuicidePrevention.Nebraska.edu

Contact

Tiffany Mullison, Youth Suicide Prevention Outreach Specialist
DHHS - Behavioral Health
301 Centennial Mall South
Lincoln, NE 68509
402.471.7857
Tiffany.Mullison@nebraska.gov

Renee Faber, Project Director
DHHS - Behavioral Health
301 Centennial Mall South
Lincoln, NE 68509
402.471.7772
Renee.Faber@nebraska.gov

This was developed under a grant number 5U79SM061741 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS) via the Nebraska Department of Health and Human Services, Division of Behavioral Health. The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.



**Nebraska Youth
Suicide Prevention**

