Frame Cutout Instructions

1 For accurate results, print at 100% scale

A credit card should fit in this box if printed to correct scale.

2 Cut out frames and hold up to your face to determine your best size range.
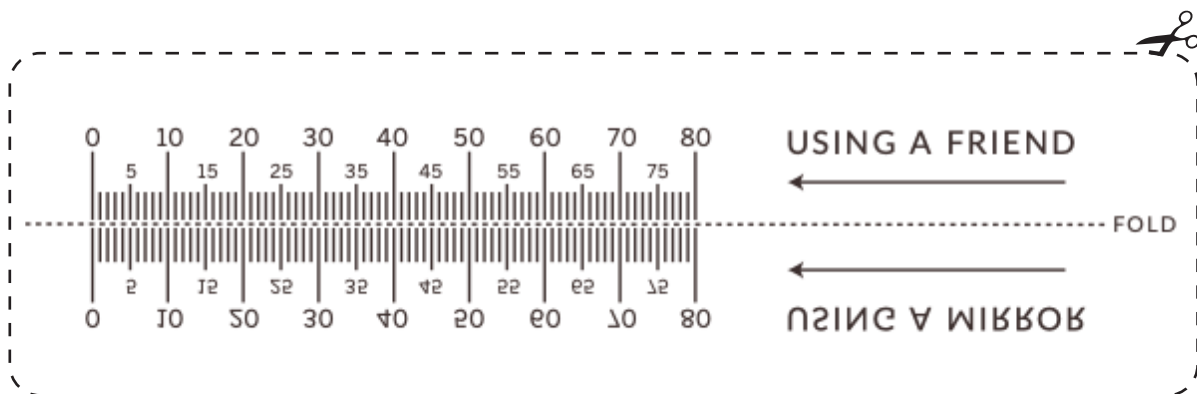*Tip: to get an accurate size, do not bend cutout*

3 Once you know your size, visit Zenni.com and use the filter feature to narrow down your search by size.

Psst! Don't Forget Your PD

SCAN ME

To order prescription glasses at Zenni, you need to know your pupillary distance (PD), the distance between your pupils.

If you don't know your PD, you can measure it with our digital PD tool by scanning the QR code, or you can use the PD ruler cutout below.
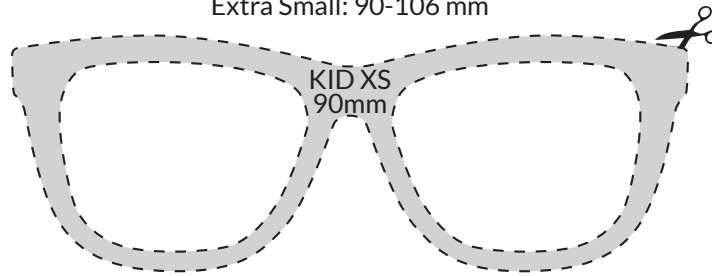

USING A FRIEND

FOLD

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Visit www.zennioptical.com/measuring-pd-infographic
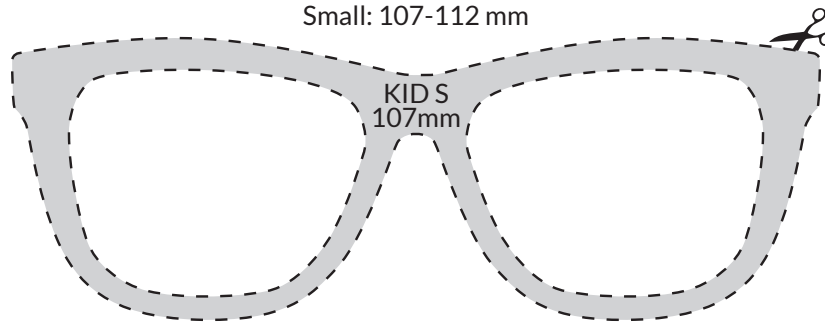for a detailed explanation of how to measure your PD.

ZENNI® KID SIZES

Cut out frames and hold up to your face to determine your best size range
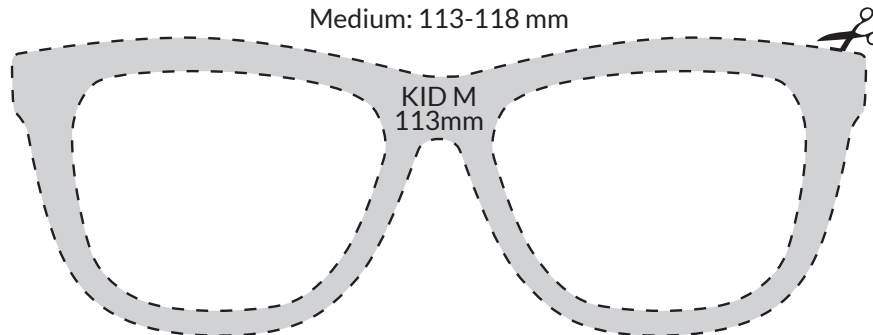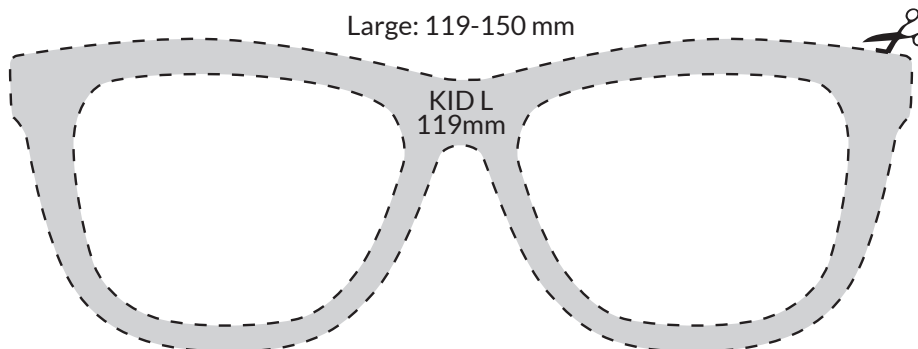(tip: to get an accurate size, do not bend cutout)

Extra Small: 90-106 mm

KID XS
90mm

Small: 107-112 mm

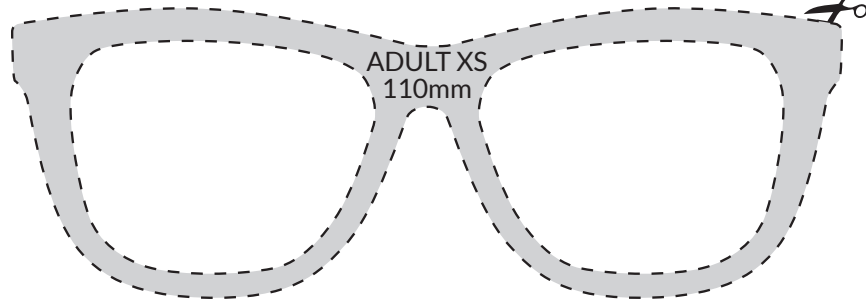KID S
107mm

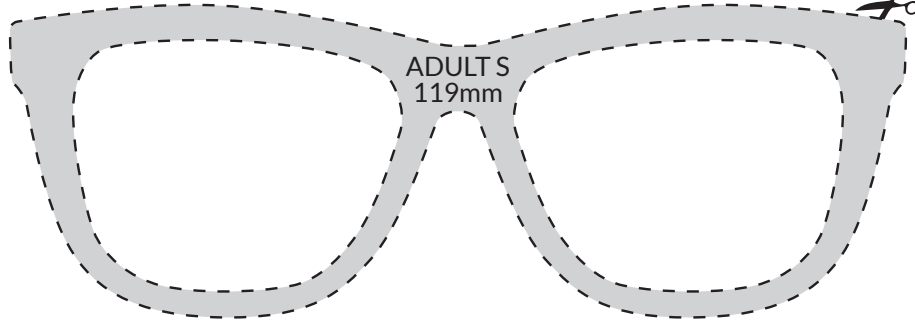Medium: 113-118 mm

KID M
113mm

Large: 119-150 mm

KID L
119mm

ZENNI® ADULT SIZES

Cut out frames and hold up to your face to determine your best size range
(tip: to get an accurate size, do not bend cutout)

Extra Small: 110-118 mm

ADULT XS
110mm

Small: 119-125 mm

ADULT S
119mm

Medium: 126-132 mm

ADULT M
126mm

ZENNI® ADULT SIZES

Cut out frames and hold up to your face to determine your best size range
(tip: to get an accurate size, do not bend cutout)
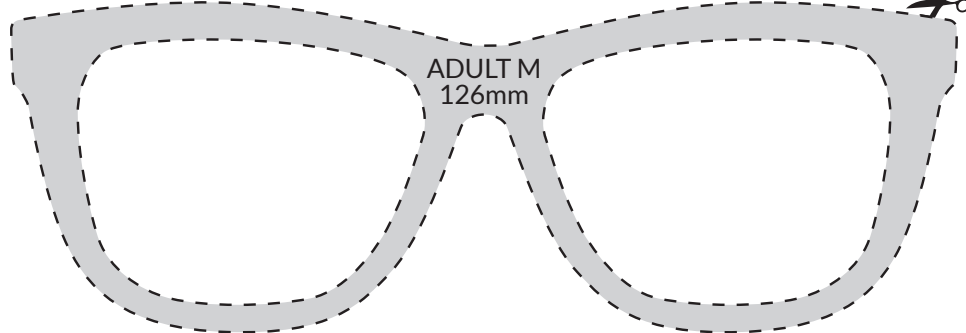
Large: 133-140 mm

ADULT L
133mm

Extra Large: 141+ mm

ADULT XL
141mm