# **Creativity & Your Well-Being:** Homemade Gifts I

Fall 2021

# **Sharpie Mugs**

# **Supplies**

- · Plain white ceramic mug
- Oil-based Sharpie paint markers in your choice of color(s)
- Optional: pencil and/or painters tape to help you sketch out your design

### Instructions

- Clean your mug so it is free of dirt/oil. Use water + dish soap, and/or rubbing alcohol.
- 2. Use the oil-based Sharpie paint markers to draw your design.
- 3. Let your mug sit for 24hrs before baking to allow the paint to set.
- 4. Do not pre-heat the oven. Place the mug into a cold oven, and allow it to heat up slowly with the oven. Set the oven to 350 degrees, and bake the mug for 30min.
- 5. Turn off the oven and allow the mug to sit in the oven for an additional 30min.
- 6. Carefully take the mug out and safely let cool on the countertop.



### Tips

- Note: these mugs are not dishwasher safe. hand wash your creations with love and care :)
- Color tone shifts slightly in the oven you can bake at 250 degrees for 1.5-2hrs to keep the color tone more like the original.



Be Well at Work

Faculty/Staff Wellness

# **Clay Trinket Tray**

## **Supplies**

- White air-dry clay
- Rolling pin
- · A bowl the size of your desired tray (to be used as a mold)
- · Butter knife
- Optional: acrylic paints/paint markers to decorate if desired

### Instructions

- 1. Use a rolling pin to roll out a piece of clay to your desired thickness.
- Place the bowl upside down on top of the clay, and use the butter knife to trace a circle along the outside.
- 3. Carefully remove the bowl and excess clay. Place the clay circle back into the bowl (right side up) and push down until you get the shape you desire.
- 4. Let the clay dry overnight
- Carefully remove the dry clay from the bowl. Use paints to decorate or leave it plain!



#### Clay tips

- Use a little water on your finger to moisten the clay if it becomes dry as you are working with it
- If your clay dish is on the thicker side, it may need more than 24hrs to dry

#### **Decoration variations**

- Use a fine-point sharp object such as a paperclip, back of paintbrush, or pencil to carve designs into the wet clay before you leave it to dry
- Use cookie cutters or your hands to mold shapes to place on top of the clay
- Add glitter and seal with mod podge