Ergonomics Requirements: Tall Task Stools

PURPOSE

The University of California (UC) establishes criteria for equipment, furniture and accessories purchased for use at UC. Requirements are based on national ergonomics and safety standards, current research and best practices per the UC Ergonomics Work Group and are specifically designed to preserve human, environmental, and capital resources at UC.

The requirements listed below are for purchases of **tall task stools** for use in environments where computer and multitasking work is performed.

The goal of these criteria is to provide seating inclusive of the needs of 90% of the UC population. The remaining 10%, including petite, tall or large-framed individuals, may require equipment with size or range adjustments that are outside the parameters covered in these criteria.

Tall task stool definition:

Tall task stools are similar to task chairs, but have a taller cylinder allowing the user to sit in an elevated position, usually at a taller work surface height such as a lab bench. They are typically used to allow users to perform repetitive or prolonged tasks in laboratory, customer service counters, industrial and classroom environments. These types of stools need to be fully adjustable to meet the safety and comfort needs of users.

UC-wide and UC site-specific requirements

These requirements are for UC system wide use. Refer to your local UC Ergonomics Program for a site-specific version of this checklist and for assistance with applying these requirements.

EVALUATION PROCESS

Preferred and minimum criteria are provided for each chair feature. Tall task stools must meet at least the minimum requirements for each feature in order to qualify for basic approval for use at UC. Tall task stools that meet preferred and value-added criteria provide better value and score higher. Local UC Ergonomics Programs can establish site-specific criteria.

INSTRUCTIONS

All sections must be completed for each tall task stool.

TALL TASK STOOL REQUIREMENTS - CHECKLIST

Basic Specifications

	Minimum: Stool seat swivels easily on a five-leg base with casters
	Casters – one of the following must be checked:
	□ Preferred: In addition to the caster options listed in minimum criteria below, caster options include
	breaking casters (roll when seated) or glides (lock when seated)
	☐ Minimum: Casters are available for different floor surfaces such as carpet, hardwood, and linoleum
	Minimum: Adjustment controls: Easy to adjust from the sitting position and clearly marked to indicate function

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Minimum: No sharp or rough edges anywhere on the stool, armrests or controls
Weight capacity of stool – one of the following must be checked:
□ Preferred : At least 275 pounds
☐ Minimum : At least 250 pounds
Fabric Options – one of the following must be checked:
☐ Preferred: In addition to minimum criteria below, available options include: non-skid material (i.e. to
minimize slippage when lab coats are worn), Electric Static Discharge (ESD) and clean room
☐ Minimum: Various fabrics available, including non-porous material that can be easily cleaned and
decontaminated with appropriate disinfectant. Meet TB 117-2013 or TB 133 for fire retardance
Warranty on the chair – one of the following must be checked:
☐ Preferred: At least 10 years on all parts
☐ Minimum: At least 5 years on all parts
Minimum: Usage instructions are readily available and provided to end user
Minimum: Label on chair with manufacturer name, product name, model number, manufacturer/vendor contact information and other information necessary to allow for service and warranty

Seat Specifications

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	Seat Height – one of the following must be checked:
	□ Preferred: Adjustable at least 7 inches within a range 19-30 inches
	☐ Minimum : Adjustable at least 5 inches within a range 19-30 inches
	Seat Depth – one of the following must be checked:
	☐ Preferred: Adjustable seat depth - provide up to 3 inches of forward/backward seat pan movement,
	range must include 16.9" seat depth
	☐ Minimum: If non-adjustable, seat is no greater than 16.9" deep
	Seat Pan Angle – one of the following must be checked:
	 Preferred: The seat angle allows users to vary their posture forward and backward to support
	declined and reclined seating
	☐ Minimum: Have a user adjustable range of at least 4 degrees, which includes a reclined position of
	3 degrees
	Minimum: Seat pan width is minimum of 17.7" wide
	Foot Support– one of the following must be checked:
	☐ Preferred: Options available in addition to foot rings meeting minimum criteria below, i.e. extended
	height range/adjustability or alternate shape/size
	☐ Minimum: Adjustable foot ring provided. Foot ring has a minimum of 18 inch diameter ring with a
	minimum 4 inch height adjustable range
	Minimum: Front edge of seat is rounded
	Seat Shape – one of the following must be checked:
	 Preferred: Flat and contoured seat options are available
	☐ Minimum: Flat seat options are available

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Backrest Specifications

Minimum: Backrest Height – top of backrest is at least 17.7 inches above the seat
Backrest/Lumbar Support Height Adjustability — one of the following must be checked: Preferred: Entire backrest and/or lumbar support is height-adjustable from 5.9-9.8 inches above the seat measured from the most forward point of the lumbar support Minimum: Entire backrest and/or lumbar support is height-adjustable within the range of 5.9-9.8 inches above seat measured from the most forward point of the lumbar support
Minimum: Backrest width is at least 14.2 inches
Backrest Shape — one of the following must be checked: Preferred: Backrest is curved outward towards seated user to support the spine; lumbar support depth is user-adjustable Minimum: Backrest is curved outward at the lower portion to support the lumbar area
Backrest Angle — one of the following must be checked: Preferred: The angle between the seat and back has an adjustment of 15 degrees or more including upright (90 degrees) and the rear of upright Minimum: The angle between the seat and back can achieve a position that is upright (90°) or to the rear of upright
Backrest Angle Lock – one of the following must be checked: □ Preferred: Backrest can be locked into various positions and can move freely with user-adjustable resistance □ Minimum: Backrest can be locked

Armrest Specifications

Armrests are easily attachable and removable – one of the following must be checked: Preferred: Removable/attachable by end user Minimum: Armrests are available and chair can be ordered with or without armrests. Armrests are removable/attachable by installer
Armrest Height — one of the following must be checked: □ Preferred: Armrest height is adjustable from at least 6.7 to 10.6 inches above seat □ Minimum: Armrest height is adjustable and adjusts within the range of 6.7 to 10.6 inches
Armrest Width/Depth – one of the following must be checked: Preferred: At least 18.1 inches of clearance between armrests and armrests adjust in/outwards, forward/backward and pivot Minimum: At least 18.1 inches of clearance between armrests
Minimum: Armrest shape: smooth, flat, padded with no excessive pressure points

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Value-Added Features	(not	required;	result	in	higher	scoring)

	Stools are delivered to campus assembled
	Instructions for warranty, maintenance and service are included
	Samples available for Ergonomics Program review and demo in showrooms, labs or other locations
	Multiple part options are available for stool; parts can be easily switched out for repair or sizing needs
	Employee stool fitting services available and provided
	Speed of delivery/quick ship
	□ 5 day delivery
	□ 10 day delivery