# Mentorship Programs
## at UC San Diego

| Program | F | So | Jr | Sr | Grad | Specific Group | College / Major / Department | Discipline / Field | Type | Course Credit / CCR |
|---|---|---|---|---|---|---|---|---|---|---|
| 2Excel | | √ | | | | 2nd year | | | Peer Mentor | |
| American Medical Student Association – UCSD Pre-Med Chapter | √ | √ | | | | Pre-Med | | Medical | Peer Mentor | |
| Biological Sciences Student Association (BSSA) Mentor-Mentee Program | √ | √ | √ | √ | | | Biology | | Peer Mentor Group | |
| Biology Undergraduate and Master's Mentorship Program (BUMPP) | √ | √ | √ | √ | √ | | Biology | | Various | |
| Black Resource Center Peer Guidance Program (PGP) | √ | | | | | 1st year (Incoming) | | | Peer Mentor | |
| CASP Peer Mentorship Program | | | | | | CASP Scholars | | | Peer Mentor | |
| ECE Alumni Mentorship Program (AMP) | √ | √ | √ | √ | | | ECE | | Faculty / Alumni Mentor | |
| Faculty Mentor Program (FMP) | | √ | √ | √ | | | ALL | | Faculty Mentor | 99 / 199 |
| Global Ambassadors Program (GAP) | | | | | | International & Out-of-State (Incoming) | | | Peer Mentor | |
| Grad Pals | | | | | √ | Graduate student (Incoming) | | | Peer Mentor | |
| Health Professionals Mentor Program (HPMP) | √ | √ | √ | √ | | | | Health Professions | Health Professional Mentor | |
| Integrity Mentorship Program (IMP) | √ | √ | √ | √ | | | | | Trained Integrity Mentor | |

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| International Society for Pharmaceutical Engineering (ISPE) Mentorship Program – UCSD Chapter | √ | √ | √ | √ | | | | Pharmaceutical Engineering | Industry Professional Mentor | |
| International Students and Programs Office (ISPO) International Peer Coaching Program (IPCP) | √ | | √ | √ | | International 1st year and transfer | | | Peer Mentor | CCR |
| International Studies Student Association (ISSA) Undergraduate Mentorship Program (UMP) | | | | | | | International Studies | | Peer Mentor | |
| Jacobs Undergraduate Mentorship Program (JUMP) | √ | √ | √ | √ | √ | | | Engineering | Mentor Group | |
| MAE Undergraduate Mentorship Program | √ | √ | √ | √ | | | MAE | | Graduate / Postdoc Mentor | |
| Marshall Mentor Program | | | | √ | | Transfer (2nd year) | Marshall | | Faculty Mentor | |
| Physical Sciences Mentorship Program | √ | √ | √ | √ | √ | | | Physical Sciences | Alumni / Industry Mentor | |
| Political Science Alumni Mentor Program | | | √ | √ | | | Political Science | | Alumni Mentor | |
| Pre-Med Advising from Medical Students (PAMS) | √ | √ | √ | √ | | | | Medicine | Med Student Advising | |
| Pre-Pharmacy Advising by Skaggs Pharmacy Students | √ | √ | √ | √ | | | | Pharmacy | Pharm Student Advising | |

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| **Psi Chi/Psychology Club Transfer Mentor Program** | | | √ | √ | | Transfer | Psychology | | Peer Mentor | |
| **Revelle College Emerging Leaders Program (ELP)** | √ | √ | √ | √ | | | Revelle | | Peer / Staff / Alumni Mentor | |
| **Revelle College Mentorship Program** | √ | √ | √ | √ | | | Revelle | | Faculty Mentor | |
| **Sixth College First Generation Student Link (FGS Link)** | | | | | | First-Gen | Sixth | | Coaching | |
| **STEMtorship Network** | √ | √ | √ | √ | | Gender-marginalized | | STEM | Various | CCR |
| **Student Success Coaching Program** | √ | √ | √ | √ | | First-Gen | | | Coaching | |
| **Student Veterans Resource Center Peer Navigator Program** | | | | | | Student Veterans | | | Peer Mentor | |
| **Transfer Engineering Academic Mentorship Program (TEAM)** | | | √ | | | Transfer (Incoming) | | Engineering | Peer Mentor | |
| **Transfer Peer Coaching** | | | √ | √ | | Transfer | | | Peer Coaching | CCR |
| **TRIO Student Support Services Program (SSSP)** | √ | √ | √ | √ | | First-Gen; Low-income; disability | | | Various | |
| **Triton Edge** | √ | | | | | International 1st year | | | Various | CCR |
| **Undergraduate Committee (UGCOM) Advising and Mentorship** | √ | √ | √ | √ | | | CSE | | Faculty Advising | |
| **Warren College Peer Mentorship Program (WPMP)** | √ | | | | | 1st year (Incoming) | Warren | | Peer Mentor | |

# PROGRAM DESCRIPTIONS

### 2Excel
**https://oasis.ucsd.edu/programs/2nd-year/2excel/index.html**

2Excel is a retention and support program serving second-year students. The program is a year-long commitment starting fall through spring quarter. 2Excel provides holistic support through personal, academic, and professional development.

### American Medical Student Association – UCSD Pre-Med Chapter
**https://www.ucsdamsa.com/mentor-mentee-program**

For first- or second-year students who want a mentor who can give advice on school and extracurriculars.

### Biological Sciences Student Association
**https://bssa.ucsd.edu/mentor-mentee-program.html**

The BSSA Mentor-Mentee Program is aimed towards providing UCSD undergraduate Biology majors guidance by pairing them with experienced upperclassmen who share similar career aspirations, majors, hobbies, and general areas of interest. In doing so, BSSA acts as a liaison in promoting the development of positive mentor-mentee relationships that boost the personal growth of both mentors and mentees. We hope these relationships between mentors and mentees will facilitate a smoother transition for underclassmen to receive academic advice and become more involved in extracurriculars, professional opportunities, and more. The pairings will be "family-style" -- two mentors will be paired with three mentees so that there is more than one person for an individual to go to seek advice or provide guidance. This will help to foster a more close-knit relationship between mentors and their mentee and will incentivize individuals to seek out each other more often as opposed to the traditional one-to-one pairings.

### Biology Undergraduate and Master's Mentorship Program (BUMPP)
**https://www.bummpucsd.org/**

BUMMP is the Biology Undergraduate and master's Mentorship Program at the University of California, San Diego. UCSD is an incubator for brilliance and innovation, especially in the Biology Department. Our senior investigators and students are among the brightest and come from all walks of life. While Biology is a revolutionary field, our face is often a misrepresentation of the global human

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population. Time and time again we have seen that the most effective problem-solving will be executed by diverse thinkers. Our primary aim is to ensure that our undergraduate and master's students who are underrepresented are equipped with an *awareness of their place in science* and the *strength to stand in that place and advance to higher heights*.


## Black Resource Center Peer Guidance Program (PGP)
**https://brc.ucsd.edu/programs/pgp/index.html**

The Black Resource Center Peer Guidance Program is designed to aid the academic, social and cultural adjustment of incoming first-year students to life at UC San Diego. Through peer mentoring, the goal of this program is to foster a network of support for culturally diverse historically underrepresented first year students. Peer Guidance Leaders serve as peer support personnel and serve as an extension of the Black Resource Center staff. Through this relationship and sharing program goals, the overall aim is to positively impact the first-year adjustment and ultimate retention of student participants.


## Chancellor's Associates Scholars Program (CASP) Peer Mentorship Program
**https://casp.ucsd.edu/students/mentorship/index.html**

The CASP peer mentorship program is offered exclusively for Chancellors Associates Scholars and gives each student an opportunity to work with CASP Peer Leaders (CPLs) who serve as resources and support. CPLs work with a caseload of 8–12 first-year CASP students in providing support and counseling related to academic, personal, and sociocultural issues affecting their college transition. The role of the CPL is to foster a welcoming, safe, and inclusive community among entering students and to encourage student development and identity awareness through peer mentoring meetings.


## Faculty Mentor Program
**https://ugresearch.ucsd.edu/research-programs/fmp/index.html**

Through the Faculty Mentor Program (FMP), students can develop valuable relationships with UC San Diego faculty mentors while participating in an independent study course (99 or 199) designed to build their research skills. The FMP offers assistance every step of the way—finding and establishing a connection with a mentor, learning research & writing skills, and exploring post-graduate career paths through workshops and seminars. The FMP is open to all majors! The FMP is now open to students with Sophomore, Junior, or Senior standing! We are also making FMP available during Fall Quarter. Students can participate for 2 or 3 quarters during the academic year, and at least 2 quarters must be consecutive.

### ECE Alumni Mentorship Program (AMP)
**https://ece-amp.ucsd.edu/**

The mission of ECE AMP is to support current ECE students with career and networking advising, college guidance and obtaining a growth mindset so that they successfully transition them into a career or graduate. This program is only open to students and alumni within the ECE Department. The program is run by the ECE Department and is a collaboration with the ECE Alumni Advisory Board.

### Global Ambassadors Program (GAP)
**https://thecolleges.ucsd.edu/nonresidentinfo/programs-events/global-ambassador.html**

The Global Ambassadors Program (GAP) is a peer mentoring program designed to assist incoming undergraduate international and out-of-state students in acclimating to a new environment and making a smooth transition into university life. GAP Mentors provide friendly support to engage our undergraduate non-resident students and help them create solid relationships within the UC San Diego campus.

### Grad Pals
**https://studentorg.ucsd.edu/Home/Details/10810**

This program aims to help new graduate students settle in by giving them the opportunity to ask non-academic related questions, providing them with support during the first few weeks and easing their transition into graduate life at UC San Diego. Matching survey (continuing students ←→ new incoming grad students): https://docs.google.com/forms/d/e/1FAIpQLSfhkxDkDlKc2mDz55uIrGUyCtUU8Y LvciRyBQDz_HyGjAbC4A/viewform

### Health Professionals Mentor Program
**https://hmp3hpmp.ucsd.edu/about.php**

The Health Professionals Mentor Program is a program within HMP3 that has the goal of bringing UCSD undergraduates and clinical health professionals together in a mentor-mentee relationship. The purpose of this program is to give pre-health students the opportunity to speak to health professionals of their occupation of interest and learn more about what it is like to have that career. This allows students to become more knowledgeable about the specialty that they are pursuing and gives students opportunities for shadowing positions. After their mentorship, students should feel more prepared for their pursuit in their post graduate careers. Mentor and student applications can be filled out on hpmp.ucsd.edu. Once a mentor-mentee match has been made, it is the student's responsibility to initiate contact and begin what should be a fruitful mentorship.

### Integrity Mentorship Program (IMP)
**https://academicintegrity.ucsd.edu/excel-integrity/Integrity%20Mentorship%20Program.html**

The purpose of the Integrity Mentorship Program (IMP) is to allow a student the opportunity to demonstrate their commitment to their education, their willingness to learn and change their academic strategies for success, and their ability to positively contribute to the UCSD community. The IMP occurs over a period of 5 weeks. The student (mentee) is matched with an Integrity Mentor (mentor). The mentor and mentee will meet 5 times (approx. every week) according to a prescribed lesson plan. The mentee will have tasks to do in between each meeting, as well as check-in tasks during the non-meeting weeks.

### International Society for Pharmaceutical Engineering (ISPE) Mentorship Program – UCSD Chapter
**http://ispeucsd.weebly.com/mentees.html**

Our students are looking for experiences that will broaden their learning, to help them become future leaders in science. Many students are studying bioengineering, chemical engineering, and biology, and desire further knowledge that only you can provide.  As an organization, we match professionals with enthusiastic undergraduates for a unique, interpersonal experience. We are looking for experienced professionals, who can stimulate the future generation of leaders in science.

### ISPO International Peer Coaching
**https://ispo.ucsd.edu/programs-workshops/programs-events/intl-peer-coaching.html**

The International Peer Coaching Program (IPCP) is a collaboration between the International Students and Programs Office (ISPO) and the Student Success Coaching Program. This program is dedicated to supporting the success and retention of a cohort of international students at UC San Diego through a variety of coaching programs and services. Our hallmark approach is using coaching as a vehicle to partner with students to achieve their goals. Our international student peer coaches are NASPA Certified Peer Educators trained through our College of Reading and Learning Association certified program. Through peer coaching, we offer academic support, information, skill development, and advocacy that inspires and empowers first-year and transfer international college students, and to equip them with tools to successfully navigate their college life and beyond. Students participating in our program can receive credit towards their Globally Engaged Tritons (GET) Co-Curricular Record (CCR) when they meet with their coach in one-on-one appointments (up to 10 hours over the academic year) and by attending our events and our partners' events within the GET collective!

## International Studies Student Association (ISSA) Undergraduate Mentorship Program (UMP)
**https://issaucsd.wordpress.com/mentorship-program/**

The ISSA Undergraduate Mentorship Program (UMP) connects members of ISSA through academics, social events, and other networking opportunities. Participants are matched up with other students of similar academic and professional interests, these mentor and mentee groups are encouraged to attend UMP events, socials, and other ISSA activities as a group, with the goal of fostering friendship and mentorship throughout the year.

## Jacobs Undergraduate Mentorship Program (JUMP)
**https://jacobsschool.ucsd.edu/idea/programs/jump**

The Jacobs Undergraduate Mentoring Program is a community of engineering students (both undergraduate and graduate) and alumni, who provide support, advice, guidance, and experience to all members. The benefits of participating in JUMP:
- Ease the transition from high school or community college to UCSD, or from undergrad to graduate school
- Mentorship and positive role models at multiple levels: from peers, graduate students, and alumni
- Networking and guidance from engineering professionals and alumni
- Professional and career development through interaction with post docs and faculty
- Unique Mentoring Structure:
  -Ladder/Pyramid structure within fields of study
  -Underclassmen (freshmen and sophomores) are paired with upperclassmen (junior or senior), who are then matched with a graduate student, forming a "mentor group"

## Marshall Mentor Program
**https://marshall.ucsd.edu/student-life/involvement-opportunities/programs-for-students/marshall-mentor-program.html**

Unique to Thurgood Marshall College, the Marshall Mentor Program is a year-long program providing second-year transfer students the opportunity to work closely with faculty who will share their knowledge and experience in order to better equip students for study at UC San Diego. Faculty mentors are carefully matched with Marshall transfer students in their last year, based on their interests, field of study and educational goals. Originally launched in Fall 2006, the program has served over 600 TMC students.

### MAE Undergraduate Mentorship Program
**https://sites.google.com/eng.ucsd.edu/mae-mentorship-progam**

The purpose of the MAE Undergraduate Mentorship Program is to connect undergraduate students with graduate or postdoctoral mentors who can provide guidance related to career paths, professional skills, and undergraduate and graduate life. The program is open to both under- and upperclassmen, the latter can be paired with both an undergraduate mentee and a graduate or postdoctoral mentor.

### Physical Sciences Mentorship Program
**https://center.ucsd.edu/programs/mentorship-program.html**

The UC San Diego Physical Sciences Mentorship Program is a collaboration between the Division of Physical Sciences Student Success Center and the Alumni Office. The goal of the program is to foster effective and beneficial partnerships between students and alumni/ industry professionals. The program is open to both undergraduate and graduate students-- with a priority given to graduating seniors and graduate students. Mentors can provide specific information regarding career paths, goal setting, occupations, and industries, as well as provide general advice for students for life after college. By connecting to a mentor, not only do students get to absorb their mentor's expertise and knowledge, but the students also gain valuable networking experience that will be critical to their success.

### Political Science Alumni Mentor Program
**https://polisci.ucsd.edu/undergrad/alumni-mentor-program/index.html**

The Department of Political Science invites qualified junior and senior students in our majors to partake in the Department of Political Science Alumni Mentor Program. Students are paired with alumni from the Department of Political Science based on several factors, mostly career-related, to facilitate conversation and mentorship beyond the program's timeframe. Students are assigned a Career Mentor and an Exploratory Mentor. All mentors in the program are alumni of the Department of Political Science and have a wealth of knowledge to share with our students. Career Mentors are those whose job or career field aligns with a student's top career aspirations, while Exploratory Mentors are those whose job or career field deviates from a student's top career aspirations but can serve as an opportunity for the student to learn more about another career sector. Regardless, alumni mentors and student mentees can always discuss experiences at UC San Diego, navigating job applications and interviews, graduate or professional school conversations, and general advice for students for life after college.

## Pre-Med Advising from Medical Students
**https://www.facebook.com/UCSDPAMS/**

A group of UC San Diego medical students offers one-on-one advising with pre-meds on a monthly basis. Ask your questions about the journey to medical school, what makes a strong candidate, how to choose which schools to apply to, what medical school is like, lifestyle concerns and more.

## Pre-Pharmacy Advising by Pharmacy Students (Skaggs)
**https://career.ucsd.edu/advising/pre-health-med/index.html**

Interested in exploring the field of pharmacy or applying to pharmacy school in the future? Drop in for our quarterly pre-pharmacy advising session for 1-on-1 virtual advising sessions led by some of our talented UC San Diego Skaggs School of Pharmacy students.

## Psi Chi/Psychology Club Transfer Mentor Program at UCSD
**https://sites.google.com/ucsd.edu/psichi/transfers**

Our goal is to aid Psychology majors in finding community and achieving academic excellence during their time at UCSD. To meet the needs of incoming transfer students, we created the Transfer Mentor Program in 2018. In this program, we will pair you with an established psychology student with similar career goals and interests. This mentor will aid you and other transfers in their transition to UCSD through giving advice and showing you the nuances of the Psychology program that many do not discover until later in their UCSD experience. In addition, we will hold a series of community-building events and mixers throughout the year.

## Revelle College Emerging Leaders Program (ELP)
**https://revelle.ucsd.edu/student-life/involvement/emerging-leaders/index.html**

The Revelle College Emerging Leaders Program (ELP) aims to guide, challenge, and inspire the development of leadership skills through experiential, direct, and reflective learning.

## Revelle College Mentorship Program
**https://revelle.ucsd.edu/academics/honors-opportunities/mentor-program/index.html**

The Revelle Mentoring Program creates an opportunity for students to gain valuable guidance and encouragement from faculty through the sharing of life

experiences and perspectives, to help the student become more effective in studies, learn new skills, develop greater confidence, and make better decisions for their overall academic and career growth. Mentors report many benefits as well, including satisfaction from seeing others develop; expanded generational and cultural perspectives; strengthening of technical, leadership, and interpersonal skills; and continuing to experience new ideas and insights.

## Sixth College First Generation Student Link (FGS Link)
**https://sixth.ucsd.edu/student-life/first-generation-students.html**

First-Generation Student Link, more affectionately known as FGS Link, is a program designed to aid first-generation college students in adapting and thriving in the academically rigorous and highly competitive environment of UC San Diego. The program is founded on the three pillars of community, knowledge and mentorship. Students receive one-on-one personalized coaching on how to make the most of their university experience.

## STEMtorship Network
**https://women.ucsd.edu/programs/stemtorship-network.html**

The STEMtorship Network program is intended to create space where gender marginalized undergraduate students can connect and build community within the larger context of STEM as a male dominated field. We use the term "gender marginalized" to recognize the impact of sexism on many communities including, but not limited to, transgender women, cisgender women, transgender men, non-binary individuals, and gender non-conforming individuals. Students who wish to fully participate in the program can receive credit on their Co-Curricular Record (CCR).

## Student Success Coaching Program
**https://successcoaching.ucsd.edu/**

The Student Success Coaching Program facilitates the transition and promotes the success of a cohort of incoming and continuing first-generation college students at UC San Diego. Students are part of a collaborative, holistically supportive and validating environment that applies a strengths-based approach. The Student Success Coaching Program will catalyze all first-generation students to develop as self-assured leaders who leverage their strengths to impact their local and global communities. The Student Success Coaching Program will pave the way for a thriving culture of support for first-generation students that intentionally eradicates historical institutional barriers.

### Student Veterans Resource Center Peer Navigator Program
**https://svrc.ucsd.edu/services/appointments.html**

Student veterans can connect with a Peer Navigator for support. We provide holistic support throughout your journey at UC San Diego. This service is currently **only** open for student veterans.

### Transfer Engineering Academic Mentorship Program (TEAM)
**https://jacobsschool.ucsd.edu/idea/programs/team**

The IDEA Engineering Student Center's Transfer Engineering Academic Mentorship (TEAM) Program pairs incoming transfer engineering students in the Jacobs School of Engineering with upperclassmen transfer students.
This free program is for engineering students who transferred from either a 2 and/or 4-year College/University. The TEAM program is designed to assist new transfer students (Mentees) in making a successful adjustment to UC San Diego as an engineering student. Mentees will be paired with a Transfer Mentor who will provide you with resources, experience, and the opportunity to connect with other transfer students. The program is flexible and designed to help you make the most of your experience at UC San Diego, as well as provide you with opportunities to build strong connections with the engineering community.

### Transfer Peer Coaching
**https://transferstudents.ucsd.edu/transfer-hub/transfer-peer-coaching.html**

Transfer Peer Coaching supports transfer students' academic, personal, and professional success through a variety of coaching programs and services. Student coaches are NASPA Certified Peer Educators trained through the College of Reading and Learning Association certified program and trained to help students achieve their goals. Through coaching, we offer campus navigation, academic and career support, information, skill development, and encouragement that both motivates you and equips you with skills to be successful while navigating your time at UC San Diego and beyond.  We seek to help you establish meaningful connections on campus which guide you through your academic, professional, and personal journey. Not only are our coaches receiving credit towards their Co-Curricular Record, but students who participate in 10 hours of coaching over the academic year also receive CCR credit.

### TRIO Student Support Services Program (TRIO SSSP)
**https://oasis.ucsd.edu/programs/trio/index.html**

The TRIO Student Support Services Program (SSSP) is committed to providing support and information that validates each student's experience and nurtures a

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sense of participation, belonging and empowerment. Through mentorship, academic programs, one-to-one counseling/ advising, referrals to campus resources and social/ cultural programming, we strive to maximize your involvement and success in the campus academic community. In addition to assisting students through to graduation, TRIO SSSP helps motivate and inform students to utilize services to enhance their preparation for the job market and/or graduate and professional school admission. TRIO SSSP is for students who are low-income, first-generation college students and/or students with disabilities.

## Triton Edge
**https://ispo.ucsd.edu/programs-workshops/programs-events/triton-edge.html**

Triton Edge aims to develop outstanding students and global citizens by preparing international **freshmen** for success through interweaving academics and cultural development. Students get a jump start on academics and campus awareness while also developing identity and intercultural understanding. By successfully completing the Triton Edge Program, students will also receive a notation in their Co-Curricular Record (CCR), to highlight this self-reflection and cross-cultural development training opportunity beyond the classroom.

## Undergraduate Committee (UGCOM) Advising and Mentorship
**https://cse.ucsd.edu/undergraduate/undergraduate-committee-ugcom-advising-and-mentorship**

In addition to getting advising from our professional advisors regarding major requirements and experiential learning opportunities, CSE majors can meet with our CSE Undergraduate Committee members who offer advising and mentorship on many topics including, but not limited to: Job/internship opportunities; Career path options; Sub-fields; Getting involved in research; Course enrichment opportunities

## Warren College Peer Mentorship Program (WPMP)
**https://warren.ucsd.edu/_files/student-life/wpmp/wpmp-mentor-position-description.pdf**

The Warren College Peer Mentorship Program (WPMP) provides incoming students the opportunity to form a mentoring relationship with a current Warren College student. WPMP Mentors are returning Warren College students that serve in a volunteer role supporting, guiding, and being a friend to an incoming first-year student. Mentors provide one-on-one and small group connections assisting students with developing positive academic, career, and personal goals. Mentors encourage and participate in the creation of a mentoring community through participation in training and program-wide event coordination.

For more information or to
request a program to be added
to this guide email us at

**mentoring@ucsd.edu**