## Unit – I

**Physical and Chemical Properties of Water:** Structure and chemical properties - Solute effects on water: state of water in foods - Kinetic principles - Water activity: principles, measurement, control, effects, related concepts - Acid-base chemistry of foods and common additives.

## Unit – II

**Proteins:** Physical properties of proteins in relation to protein structure - Analytical methods (brief overview) - Basic properties: hydration, ionization, colloidal behavior. Functional properties - Effects of food processing: changes occurring in chemical, functional and nutritional properties of proteins.

### Unit - III

**Carbohydrates:** Simple sugars, sugar derivatives and oligosaccharides - Basic chemistry; conformation, anomeric forms, equilibria, reactivity, sweetness - Sugar derivatives: sugar alcohols, glycosides, etc.- Browning and related reactions - Case studies – acrylamide and furan formation in foods - Polysaccharides - Basic structures and properties: starches, celluloses, gums, modification techniques- Dietary fiber: components, properties, analysis - Actions of carbohydrates in foods.

### Unit – IV

**Lipids:** Content and role in foods - Analytical methods - Chemical, nutritional and physical properties - Processing of fats and oils - Degradation reactions.

### Unit - V

**Enzymes:** Factors affecting reaction rate; characteristics of enzymatic reactions - Deleterious enzymes in food systems: phenoloxidase example- Reactions catalyzed by enzyme, nonenzymatic formation of melanin - Approaches to inhibition of browning- Ascorbate and sulfite chemistry, effects, and mechanisms - Chemistry, effects and safety concerns of sulfiting agents in foods – Applications of enzymes in foods.

# **TEXT BOOKS/ REFERENCES:**

- 1. Belitz H.-D, Werner Grosch and Peter Schieberle, 2009. **Food Chemistry**, 4th edition, Springer-Verlag Berlin Heidelberg.
- 2. Srinivasan Damodaran, Kirk.L.Parkin, 2017, **Fennema's Food Chemisty**, 5<sup>th</sup> Edition, CRC Publication.
- 3. John.M.Deman, John.W.Finley.W.Jefffrey Hurst. Chang yong Lee. 2018, **Principles of food Chemistry**, 4<sup>th</sup> edition, Springer Publication.
- 4. S.Suzanne Neilson. 2017, **Food Analysis**, 5<sup>th</sup> Edition, Springer Publication.
- 5. Jan Velisek, 2014, **The Chemistry of Food,** 1<sup>st</sup> Edition, Wiley Blackwell publication.