

Unit 1**Evidence-based social work**

Introduction, Social Work Code of Ethics, Principles for evidence-based policy and practice, Origins of Evidenced-based Practice in Social Work. Social Work Practice Models- Task-Centered Practice, Narrative Approach, Solution-Focused Brief Therapy and Cognitive Behavioural Therapy. Stages of Change Model and Parents-as-Teachers Model. Challenges and Opportunities

Unit 2**Evidence-based Psychosocial Interventions**

Psychosocial Support, Psychosocial Well-being, Indicators of Psychosocial well-being, Psychosocial needs, Psychosocial needs assessment, Types of assessments, Best Practice, Designing assessments, Planning and implementation process, Types of Psychosocial Interventions- Motivational Interviewing, Contingency Management, Cognitive Behavioural Therapy

Unit 3**Evidence-based Interventions for Families**

Family Therapy for Caregivers, Family Interventions for Parents of Seriously Ill Children, Family Therapy for Veterans with Mental Disorders or Traumatic Brain Injury, Family Interventions for Serious Mental Illness Populations, Family Interventions for Persons with Substance Abuse Problems, Family Interventions for Caregivers of Individuals with Dementia

Unit 4**Evidence-based Interventions for Communities and in Social Policy**

Typology of Community based Interventions, Civil Society, Community Capacity, and Community-Based Health Promotion, Ecological Perspectives, Theories of Change, Citizen Mobilization, Situational Prevention, Comprehensive Community Interventions, Policy Change Interventions, Media Interventions

Unit 5**The Effectiveness of Advanced Technology-based Interventions**

How Social Work Can Benefit From Technology, How Social Workers Use Technology, ICT-supported social work interventions with youth, Technology for Social Work Interventions, Practice Innovation through Technology in the Digital Age: A Challenge for Social Work, NASW (National Association of Social Workers), ASWB (Association of Social Work Boards), CSWE (Council on Social Work Education) & CSWA (California Social Welfare Archives) Standards for Technology

TEXT BOOKS/ REFERENCES:

1. Barry Cournoyer (2004). *The Evidence-based Social Work Skills Book*. Pearson A and B, University of Michigan
2. Jacqueline Corcoran (2000). *Evidence-Based Social Work Practice with Families: A Lifespan Approach*. Springer Publishing Company
3. John R. Weisz & Alan E. Kazdin (2017). *Evidence-Based Psychotherapies for Children and Adolescents, Third Edition*. Guildford Publications
4. Rafael J. Engel & Russell K. Schutt (2016). *The Practice of Research in Social Work*. Sage Publications
5. Liz Trinder (2000). *Evidence-Based Practice: A Critical Appraisal*. Wiley
6. Vikram Patel, Harry Minas, Alex Cohen & Martin Prince (2013). *Global Mental Health: Principles and Practice*. OUP USA