

Course Description:

The course will explore the specifics of the tantric revelation and reasons for its emergence in the historical context that it did. It will elucidate the purposes of tantric practice and the lifestyle the same presupposed. It will further point out the yogic themes to be found in Tantra. Finally, tantric deities will be discussed.

Learning Objectives:

The objectives of the course include introducing the scholar to the tantric revelation and the purpose of tantra. The scholar will learn about aachara or the lifestyle as prescribed to a tantric practitioner. Furthermore, the scholar will understand the relationship between Tantra and Yoga and the contribution of the former to the development of the latter. Finally, the scholar will gain familiarity with prominent tantric deities.

Pedagogy for the course:

The course will be taught via text studies and extensive discussions of the same.

Detailed Syllabus:

Unit I: Introduction to the tantric revelation:

Unit II: Purpose of Tantra:

Unit III: Aachara in Tantra:

Unit IV: Contribution to Yoga:

Unit V: Tantric deities:

References and Text Books:

Introduction to Tantra: The Transformation of Desire- by Lama Thubten Yeshe (Author), Jonathan Landaw (Editor), Philip Glass (Foreword)

Tantra: Path of Ecstasy - Georg Feuerstein Ph.D. (Author)

Introduction to Tantra: A Vision of Totality - by Lama Yeshe (Author), Jonathan Landaw (Author, Editor)

Course Outcomes:

CO1: Understanding the four Padas of Tantra and Yoga

CO2: Understand the role Yogacharya Pada in Yogic Practices.

CO3: Finding the Yogic methodology in Tantric rituals.

Evaluation Pattern:

Unit No	Interweave with Tantric practitioners	Interweave Report writing	End semester	Total
1	8		10	23
2	7		9	19
3		6	10	18
4		9	11	25
5			10	15
Total	25	25	50	100