

# CAREGIVING in the U.S. 2020

## Hispanic/Latino Family Caregivers\*

**One in five Hispanic/Latino adults (20%) are providing unpaid care to an adult with health issues or a disability**

HISPANIC/LATINO ADULTS MAKE UP

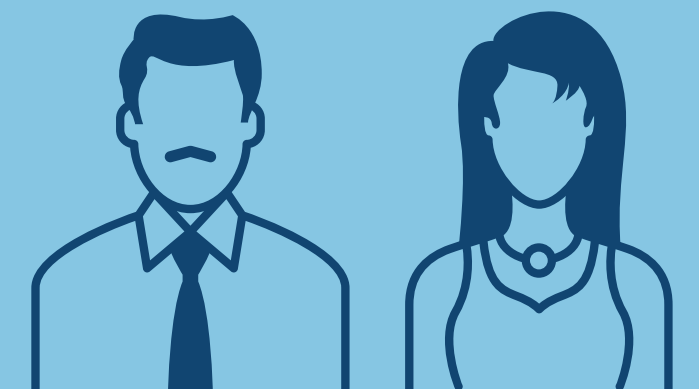


# 17%

OF FAMILY CAREGIVERS WHICH IS

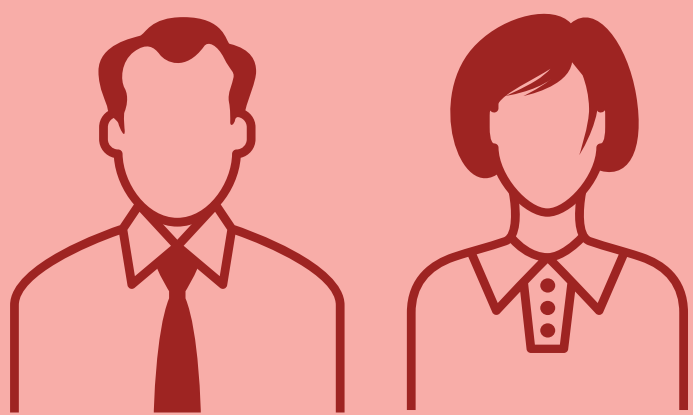
# 8 million

HISPANIC/LATINO ADULTS



## Who are today's Hispanic/Latino family caregivers?

AVERAGE AGE = 43



**ON AN AVERAGE, THEY PROVIDE CARE 26 HOURS PER WEEK**

**48% LIVE WITH THE PERSON THEY CARE FOR**



**49% ARE IN HIGH-INTENSITY CARE SITUATIONS**

**DECLINE IN HEALTH STATUS SINCE 2015**  
(35% EXCELLENT/VERY GOOD VS. 51% IN 2015)



Cuidando a los nuestros™

\*This data reflects those caregivers providing care to an adult with health or functional needs. The incidence of caring for an adult or child with special needs is slightly higher (22%)

URL: [www.aarp.org/uscaregiving](http://www.aarp.org/uscaregiving) DOI: <https://doi.org/10.26419/ppi.00103.020>



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