

**ALEXANDRIA FIRE DEPARTMENT****21/22 Candidate Physical Abilities Schedule**

<b>Date</b>	<b>Time</b>	<b>Session Type</b>	
Wednesday, November 10	17:00 – 21:00	Orientation 1	
Saturday, November 13	08:00 – 12:00	Orientation 2	
Thursday, November 18	17:00 – 21:00	Orientation 3	
Sunday, November 21	08:00 – 12:00	Orientation 4	
Wednesday, December 1	17:00 – 21:00	Conditioning	
Sunday, December 5	08:00 – 12:00	Conditioning	
Wednesday, December 8	17:00 – 21:00	Conditioning	
Saturday, December 11	08:00 – 12:00	Conditioning	
Wednesday, December 15	17:00 – 12:00	<b>Mandatory Timed Run</b>	
Saturday, December 18	08:00 – 12:00	<b>Mandatory Timed Run</b>	
Wednesday, January 5	17:00 – 21:00	<b>Mandatory Timed Run</b>	
Saturday, January 8	08:00 – 12:00	<b>Mandatory Timed Run</b>	
Wednesday, January 12	17:00 – 21:00	Conditioning	
Saturday, January 15	08:00 – 12:00	Conditioning	
Wednesday, January 19	17:00 – 21:00	Conditioning	
Saturday, January 22	08:00 – 12:00	Conditioning	
Wednesday, January 26	17:00 – 21:00	<b>Test</b>	
Saturday, January 29	08:00 – 12:00	<b>Test</b>	
Wednesday, February 2	17:00 – 21:00	<b>Test</b>	
Saturday, February 5	08:00 – 12:00	<b>Final Test Day</b>	

**CPAT LOCATION - 14725 Flint Lee Road, Chantilly VA, 20151**