



Chinquapin Rixse Memorial Pool

January Mondays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim			
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well		
6:00 AM						Potomac Marlins					6:00 AM	
6:30 AM											6:30 AM	
7:00 AM											7:00 AM	
7:30 AM											7:30 AM	
8:00 AM											8:00 AM	
8:30 AM											8:30 AM	
9:00 AM		ACPS Splash						Aqua Aerobics			9:00 AM	
9:30 AM												
10:00 AM	We Aquatics	ACPS Splash								Deep Water Aerobics	10:00 AM	
10:30 AM												
11:00 AM		Hi/Lo Water Aerobics								11:00 AM		
11:30 AM										11:30 AM		
12:00 PM										12:00 PM		
12:30 PM											12:30 PM	
1:00 PM											1:00 PM	
1:30 PM											1:30 PM	
2:00 PM			We Aquatics			SSSAS Swim Team					2:00 PM	
2:30 PM												
3:00 PM	Alex LTS	Alex LTS		ACHS						ACHS Dive Team	3:00 PM	
3:30 PM											3:30 PM	
4:00 PM					ACHS						4:00 PM	
4:30 PM											4:30 PM	
5:00 PM					Potomac Marlins					5:00 PM		
5:30 PM												
6:00 PM			We Aquatics			Potomac Marlins					6:00 PM	
6:30 PM												
7:00 PM		Aqua Zumba					Potomac Marlins				Get In Deep With Candice	7:00 PM
7:30 PM												
8:00 PM											8:00 PM	
8:30 PM											8:30 PM	
9:00 PM											9:00 PM	
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well		



Chinquapin Rixse Memorial Pool

January Tuesdays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim			
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well		
6:00 AM											6:00 AM	
6:30 AM											6:30 AM	
7:00 AM											7:00 AM	
7:30 AM											7:30 AM	
8:00 AM							Aquatic Exercise for Seniors				8:00 AM	
8:30 AM												
9:00 AM		ACPS SPLASH										9:00 AM
9:30 AM												
10:00 AM	We Aquatics	Water Walking										10:00 AM
10:30 AM												
11:00 AM												11:00 AM
11:30 AM												11:30 AM
12:00 PM											12:00 PM	
12:30 PM											12:30 PM	
1:00 PM											1:00 PM	
1:30 PM											1:30 PM	
2:00 PM			We Aquatics								2:00 PM	
2:30 PM												2:30 PM
3:00 PM	Alex LTS	Alex LTS	We Aquatics	We Aquatics	SSSAS Swim Team					3:00 PM		
3:30 PM												3:30 PM
4:00 PM							ACHS Swim Team				ACHS Dive T.	4:00 PM
4:30 PM												
5:00 PM				We Aquatics		Potomac Marlins					5:00 PM	
5:30 PM												
6:00 PM		Hi/Lo Water Aerobics									6:00 PM	
6:30 PM												
7:00 PM											7:00 PM	
7:30 PM											7:30 PM	
8:00 PM											8:00 PM	
8:30 PM											8:30 PM	
9:00 PM											9:00 PM	
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well		



Chinquapin Rixse Memorial Pool

January Wednesdays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim		
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	
6:00 AM						Potomac Marlins					6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM		ACPS SPLASH						Aqua Areobics			9:00 AM
9:30 AM		ACPS SPLASH						Aqua Areobics			9:30 AM
10:00 AM	We Aquatics	ACPS SPLASH								Deep Water Aqua	10:00 AM
10:30 AM		ACPS SPLASH								Deep Water Aqua	10:30 AM
11:00 AM		ACPS SPLASH								Deep Water Aqua	11:00 AM
11:30 AM		ACPS SPLASH								Deep Water Aqua	11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM			We Aquatics			SSSAS Swim Team					2:00 PM
2:30 PM				We Aquatics			SSSAS Swim Team				2:30 PM
3:00 PM	Alex LTS	ALEX LTS	We Aquatics	We Aquatics		Alexandria Country Day School					3:00 PM
3:30 PM				ALEX LTS	We Aquatics		Alexandria Country Day School				3:30 PM
4:00 PM				ALEX LTS	We Aquatics		ACHS Swim T.				4:00 PM
4:30 PM				ALEX LTS	We Aquatics		ACHS Swim T.				4:30 PM
5:00 PM						ACHS Swim T.					5:00 PM
5:30 PM						ACHS Swim T.					5:30 PM
6:00 PM						Potomac Marlins					6:00 PM
6:30 PM						Potomac Marlins					6:30 PM
7:00 PM										Deep Water Aqua	7:00 PM
7:30 PM										Deep Water Aqua	7:30 PM
8:00 PM										Deep Water Aqua	8:00 PM
8:30 PM										Deep Water Aqua	8:30 PM
9:00 PM											9:00 PM
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	



Chinquapin Rixse Memorial Pool

January Thursdays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim		
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	
6:00 AM											6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM							Aquatic Exercise for Seniors				8:00 AM
8:30 AM											
9:00 AM		ACPS SPLASH									9:00 AM
9:30 AM											
10:00 AM		We Aquatics									10:00 AM
10:30 AM											
11:00 AM		Water Walking									11:00 AM
11:30 AM											
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM		Skills on the Hill									1:30 PM
2:00 PM											2:00 PM
2:30 PM						SSSAS Swim Team					2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM						ACHS Swim & Dive T.				4:00 PM	
4:30 PM											
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM							Potomac Marlins				6:00 PM
6:30 PM											
7:00 PM		Hi/Lo Water Aerobics									7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM											9:00 PM
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	



Chinquapin Rixse Memorial Pool

January Fridays

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closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim		
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	
6:00 AM						Potomac Marlins				6:00 AM	
6:30 AM										6:30 AM	
7:00 AM										7:00 AM	
7:30 AM										7:30 AM	
8:00 AM										8:00 AM	
8:30 AM										8:30 AM	
9:00 AM		ACPS SPLASH									9:00 AM
9:30 AM											
10:00 AM	We Aquatics										10:00 AM
10:30 AM											10:30 AM
11:00 AM											11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM	Family Swim	NOVA Physical Therapy & Wellness	We Aquatics								1:30 PM
2:00 PM											
2:30 PM											2:30 PM
3:00 PM											
3:30 PM										3:30 PM	
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM											6:00 PM
6:30 PM											6:30 PM
7:00 PM											7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM											9:00 PM
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	



Chinquapin Rixse Memorial Pool

January Saturdays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim		
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	
6:00 AM											6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM	Alex LTS	Alex LTS							NOVA Synchro	NOVA Synchro Swim	9:00 AM
9:30 AM											9:30 AM
10:00 AM											10:00 AM
10:30 AM											10:30 AM
11:00 AM				We Aquatics							11:00 AM
11:30 AM											
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM									Scuba (1/7 & 1/21)		1:00 PM
1:30 PM											
2:00 PM							We Aquatics Swim Team				2:00 PM
2:30 PM											
3:00 PM	Family Swim										3:00 PM
3:30 PM											
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM											6:00 PM
6:30 PM											6:30 PM
7:00 PM											7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM											9:00 PM
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	



Chinquapin Rixse Memorial Pool

January Sundays

This chart is meant as a guide to lane availability. Please note that lane availability is subject to change.

closed		Scheduled Programs (lanes unavailable)				Lap swim/ Water walking			Family Swim				
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well			
6:00 AM											6:00 AM		
6:30 AM											6:30 AM		
7:00 AM											7:00 AM		
7:30 AM											7:30 AM		
8:00 AM											8:00 AM		
8:30 AM											8:30 AM		
9:00 AM	Alex LTS	Alex LTS					Aqua Zumba				9:00 AM		
9:30 AM											9:30 AM		
10:00 AM				Wahoos Clinic (1/8 & 1/29)							10:00 AM		
10:30 AM				Wahoos Clinic (1/8 & 1/29)							10:30 AM		
11:00 AM	Alex LTS	Alex LTS		We Aquatics					Scuba (1/8 & 1/22)		11:00 AM		
11:30 AM				We Aquatics					Scuba (1/8 & 1/22)		11:30 AM		
12:00 PM				We Aquatics				We Aquatics			12:00 PM		
12:30 PM				We Aquatics				We Aquatics			12:30 PM		
1:00 PM				We Aquatics				We Aquatics			1:00 PM		
1:30 PM				We Aquatics				We Aquatics			1:30 PM		
2:00 PM				We Aquatics				We Aquatics			2:00 PM		
2:30 PM				We Aquatics				We Aquatics			2:30 PM		
3:00 PM	Family Swim					Parklawn Swim T.					3:00 PM		
3:30 PM						Parklawn Swim T.						3:30 PM	
4:00 PM						Parklawn Swim T.							4:00 PM
4:30 PM						Parklawn Swim T.							4:30 PM
5:00 PM											5:00 PM		
5:30 PM											5:30 PM		
6:00 PM											6:00 PM		
6:30 PM											6:30 PM		
7:00 PM											7:00 PM		
7:30 PM											7:30 PM		
8:00 PM											8:00 PM		
8:30 PM											8:30 PM		
9:00 PM											9:00 PM		
	Ramp	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well			