


June 2023 Breakfast



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| <p>** Menus are subject to change**</p> <p>WW (whole wheat)</p> | <p>**Bread or Cereal are offered daily**</p> <p>WG (whole grain)</p> | | <p>1 1 cup 1% milk 2- 1 oz. blueberry muffins 6 oz. peach yogurt 1 cup apple juice ½ cup tropical fruit</p> | <p>2 1 cup 1% milk 1-2 oz. croissant 1 scramble egg 1 cup orange juice ½ cup applesauce</p> |
| <p>5 1 cup 1% milk 1 cup oatmeal ¼ cup raisins 1- 6 oz. peach yogurt 1 cup pineapple juice ½ cup mandarin oranges</p> | <p>6 1 cup 1% milk 2 sl. ww/ toast 1 boiled egg 1 cup grape juice ½ cup peaches</p> | <p>7 1 cup 1% milk 1½ cup cheerios cereal 1- 6 oz. strawberry yogurt 1 cup orange juice ½ cup fruit cocktail</p> | <p>8 1 cup 1% milk 2- 1 oz. blueberry muffins 6 oz. peach yogurt 1 cup apple juice ½ cup tropical fruit</p> | <p>9 1 cup 1% milk 1-2 oz. croissant 1 scramble egg 1 cup orange juice ½ cup applesauce</p> |
| <p>12 1 cup 1% milk 1 cup oatmeal ¼ cup raisins 1- 6 oz. peach yogurt 1 cup pineapple juice ½ cup mandarin oranges</p> | <p>13 1 cup 1% milk 2 sl. ww/ toast 1 boiled egg 1 cup grape juice ½ cup peaches</p> | <p>14 1 cup 1% milk 1½ cup cheerios cereal 1- 6 oz. strawberry yogurt 1 cup orange juice ½ cup fruit cocktail</p> | <p>15 1 cup 1% milk 2 – 1 oz. blueberry muffins 6 oz. peach yogurt 1 cup apple juice ½ cup tropical fruit</p> | <p>16 1 cup 1% milk 1-2 oz. croissant 1 scramble egg 1 cup orange juice ½ cup applesauce</p> |
| <p>19 1 cup 1% milk 1 cup oatmeal ¼ cup raisins 1- 6 oz. peach yogurt 1 cup pineapple juice ½ cup mandarin oranges</p> | <p>20 1 cup 1% milk 2 sl. ww/ toast 1 boiled egg 1 cup grape juice ½ cup peaches</p> | <p>21 1 cup 1% milk 1½ cup cheerios cereal 1- 6 oz. strawberry yogurt 1 cup orange juice ½ cup fruit cocktail</p> | <p>22 1 cup 1% milk 2 – 1 oz. blueberry muffins 6 oz. peach yogurt 1 cup apple juice ½ cup tropical fruit</p> | <p>23 1 cup 1% milk 1-2 oz. croissant 1 scramble egg 1 cup orange juice ½ cup applesauce</p> |
| <p>26 1 cup 1% milk 1 cup oatmeal ¼ cup raisins 1- 6 oz. peach yogurt 1 cup pineapple juice ½ cup mandarin oranges</p> | <p>27 1 cup 1% milk 2 sl. ww/ toast 1 boiled egg 1 cup grape juice ½ cup peaches</p> | <p>28 1 cup 1% milk 1½ cup cheerios cereal 1- 6 oz. strawberry yogurt 1 cup orange juice ½ cup fruit cocktail</p> | <p>29 1 cup 1% milk 2 – 1 oz. blueberry muffins 6 oz. peach yogurt 1 cup apple juice ½ cup tropical fruit</p> | <p>30 1 cup 1% milk 1-2 oz. croissant 1 scramble egg 1 cup orange juice ½ cup applesauce</p> |



June 2023 Snack

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| ** Menus are subject to change** | **Substitutes are offered daily for specials** |  | 2 ½ cup peaches 4 oz. nutrigrain bar | 3 1-6 oz. strawberry yogurt 8 graham crackers |
| 6 ½ cup cran-apple juice 6 ritz crackers 1 sl. cheese | 7 1 cup 1% milk 4 peanut butter crackers | 8 1 cup 1% milk 4 oz. granola bar | 9 ½ cup peaches 4 oz. nutrigrain bar | 10 1 – 6 oz. strawberry yogurt 8 graham crackers |
| 12 ½ cup cran-apple juice 6 ritz crackers 1 sl. cheese | 13 1 cup 1% milk 4 peanut butter crackers | 14 1 cup 1% milk 4 oz. granola bar | 15 ½ cup peaches 4 oz. nutrigrain bar | 16 1- 6 oz. strawberry yogurt 8 graham crackers |
| 19 ½ cup cran-apple juice 6 ritz crackers 1 sl. cheese | 20 1 cup 1% milk 4 peanut butter crackers | 21 1 cup 1% milk 4 oz. granola bar | 22 ½ cup peaches 4 oz. nutrigrain bar | 23 1 – 6 oz. strawberry yogurt 8 graham crackers |
| 26 ½ cup cran-apple juice 6 ritz crackers 1 sl. cheese | 27 1 cup 1% milk 4 peanut butter crackers | 28 1 cup 1% milk 4 oz. granola bar | 29 ½ cup peaches 4 oz. nutrigrain bar | 30 1-6 oz. strawberry yogurt 8 graham crackers |