

This meeting is being held virtually. Public comment will be received at the meeting. Public comments can also be sent to [daas@alexandriava.gov](mailto:daas@alexandriava.gov) in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

Zoom link: <https://zoom.us/j/96800160490>  
Meeting ID: 968 0016 0490  
Passcode: 144527

### MISSION

To identify the needs of older adults,  
develop overall planning to meet those needs,  
evaluate service delivery plans as implemented,  
and advocate on behalf of older persons

### AGENDA

1. Welcome
2. Call to Order
3. Approval of Agenda with additions
4. COA Executive Committee (ExCo) Business Meeting

#### A. Presentation

(1).	
(2).	

#### B. ExCo Information only

(1).	Chair Report
(a)	Update on Age-Friendly Plan
(b)	Presentation on Ladrey Redevelopment – Steven Mikulic Attorney – McGuireWoods, LLP
(c)	Arlington-Alexandria Joint Legislative Forum – November 14, 2023 (virtual) NOTE THE CORRECTED DATE
(2).	DAAS Staff Report -
(a)	
(b)	VICAP – Open Enrollment – October 7 <sup>th</sup> to December 15th

#### C. ExCo Discussion Items

(1).	Final draft of Age-Friendly Evaluation Report
(2).	Ladrey Redevelopment Report
(3).	
(4).	
(5).	

#### D. ExCo Decision Items

(1).	Ladrey Redevelopment Report
(2).	

### 5. Planning for Thursday, November 9, 2023, COA Monthly Meeting

#### A. Presentation:

(1).	Jessica Fredericksen, Goodwin Living – “Brain Health”
(2).	

**B. COA Information Items**

(1).	Chair Report
	(a)
	(b)
	(c)
(2).	DAAS Staff Report
	(a)
	(b)

**C. COA Discussion Items**

(1).	Final Draft of Age-Friendly Evaluation Report
(2).	Ladrey Redevelopment Report
(3).	
(4).	
(5).	
(6).	

**D. COA Decision Only Items**

(1).	Final Draft of Age-Friendly Evaluation Report
(2).	Ladrey Redevelopment Report
(3).	
(4).	
(5).	

**6. Planning for future COA meetings**

**A. Future Speakers**

(1).	
(2).	

**B.** Additional items - Please submit other proposed speakers to mschuster432@gmail.com

**7. Other Business**

**8. Announcements**

**A. Next two (2) COA Executive Committee (ExCo) Meetings**

(1).	Date: Monday – December 4, 2023 Time: 1:00 p.m. <b>PM</b> How: Goodwin House Alexandria
(2).	

**B. Next two (2) COA Monthly Meetings**

(1).	Date: Thursday, December 14, 2023 Time: 4:00 – 6:00 PM Speaker: Sean Curry, MPH, Programs Manager, Prevention of Blindness of Metropolitan Washington. Topic: “Low Vision – An Invisible Disability”
(2).	

**C. Other non-Alexandria COA events**

(1)	<b>Alexandria-Arlington Legislative Forum</b> Date: November 14, 2023 Time: 9:30-11:30 Hosts: Alexandria and Arlington Commissions on Aging
(2)	
(3)	<b>NVAN Bi-Monthly Meeting</b> Date: November 21, 2023 Time: 9:30 AM

	Host: Loudoun County Commission on Aging

**9. Public Comment**

**10. Adjourn**

**The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999 or Virginia Relay 711. Please provide at least 7 calendar days advance notice**