

ALEXANDRIA COMMISSION ON AGING MEETING AGENDA

Meeting: Thursday, November 9, 2023, 4 PM – 6 PM

Mark Center – Room 9208, on the 9th Floor - Del Pepper Community Center, 4850 Mark Center Drive – Alexandria VA 22311

This meeting is being held in person. However, electronic access will be provided. The meeting can be accessed by the public through the Zoom link or phone number provided below. Public comment will be received at the meeting. Public comments can also be sent to daas@alexandriava.gov in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

Zoom Link: <https://zoom.us/j/97262502330>

Meeting ID: 972 6250 2330

Password: 968693

Phone In number: +1 301 715 8592

MISSION

To identify the needs of older adults, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of older adults

MEMBERS: PLEASE READ THROUGH THE AGENDA & HAVE AVAILABLE FOR REFERENCE AT THE MEETING.

1. Call to Order
2. Approval of Agenda
3. Approval of Thursday, October 12, 2023, Minutes
4. Alexandria Police Department Liaison Report – Sgt. Ian Torrance
5. Special Presentation: Jessica Fredericksen, Director of Brain Health, Goodwin Living, “Brain Health.”
6. Executive Committee Report
7. Discussion / Action Items
 - a. Review and discussion of support of the Ladrey Redevelopment Plan which includes a development plan, affordable housing plan and relocation plan.
 - b. Approval of Draft Age Friendly Final Report
 - c. Arlington-Alexandria Legislative Forum – November 14, 2023 (Virtual)

8. Liaison Reports - Please provide a written summary to Pamela.Austin@alexandriava.gov
 1. Division of Aging and Adult Services – Chris Moore
 2. INOVA Alexandria Hospital
 3. Human Rights Commission – Tom Reeder
 4. AHA – Bob Eiffert
 5. AARP – Jane King
 6. NVAN – Michael Schuster

7. St. Martins de Porres Senior Center – Juanita Balenger
8. VHC Health (formerly, Virginia Hospital Center) – Kate Chutuape/Blanca Cali
9. Commission for Women – Jenn Stowe
10. Partnership for a Healthier Alexandria
11. Public Health Advisory Commission
12. Commission on Persons with Disabilities –
13. Senior Center @ Charles Houston – Pamela Guerra-
14. Senior Services of Alexandria – Mary Lee Anderson, Marshall Hespe
15. Alexandria Commission on Employment, ACE – Mary Lee Anderson
16. Northern Virginia Falls Prevention Alliance, NVFPA – Mary Lee Anderson
17. Arlington Legislative Committee – Michael Schuster
18. Arlington Commission on Aging – Linc Cummings
19. Successful Aging Committee – Harold Little
20. Recreation, Parks, and Cultural Activities – Harold Little
21. Alexandria Adult Day Services Center, ADSC – Darrell Wesley
22. Housing Affordability Advisory Committee, AHAAC – Jan Macidull

9. Committee Updates

1. Housing Committee - Co-Chairs, Michael Schuster and Lois Steele
2. Outreach Committee – Co-Chairs, Marshall Hespe & Barbara D’Agostino
3. Transportation – Co-Chairs, Bill Campbell and Alan Dinsmore
4. Economic Security – Chair, Jessica Lefevre
5. Strategic Planning – Chair, Michael Schuster
6. Health /Dementia Friendly Committee – Chair, Barbara Huelat

10. Other Business

11. New Business

12. Public comments – please limit your comments to 3 minutes

13. Adjournment

Next Commission Meeting: Thursday, December 14, 2023 – 4 PM, at 4850 Mark Center Drive

Executive Committee Meeting: Monday, November 4, 2023– 1:00 p.m., at Goodwin House-Alexandria

COMMISSION OFFICERS: Michael Schuster, Chair
 Barbara D’Agostino, Vice Chair
 Tom Reeder, Secretary

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). An individual with a disability who wishes to request a reasonable accommodation may contact the Division of Aging and Adult Services at 703.746.5999, email DAAS@alexandriava.gov

Visit the Division of Aging and Adult Services website for Commission on Aging agendas and minutes and other aging information: www.Alexandriava.gov/aging

The Alexandria Commission on Aging Racial Social Equity Committee
(as of June 01, 2021)

No one should be denied the opportunity to engage fully in our community.

We encourage people of different cultures, races, nationalities, immigration status, ages, abilities, sexual orientation, gender identities, and religious affiliation in Alexandria to be informed about and have access to the range of services available in the City, and to be engaged in civic life.

We are committed to representing a diverse community that represents the rich heritage of our city. We are committed to ensuring older persons have access: to affordable housing, transportation, health care, broadband, nutrition services and to opportunities for meaningful employment and related training.

Older adults and persons with serious medical conditions often experience various degrees of inequity, particularly in obtaining access to health care. It is essential to support older persons, family caregivers, and direct care workers since these residents face additional biases and hurdles.