

Health of Aging Alexandrians Committee

Committee: Joy Kane, Jane King, Alan Dinsmore, Jen Stowe, Barbara D' Augustino, Jackie Barbarito

Host: Ashley Johnson

Next Meeting: Thursday 11/2/23 4pm Zoom call

Join Zoom Meeting

<https://zoom.us/j/98553952808>

Meeting ID: 985 5395 2808

Passcode: 198000

Health of Aging Alexandrians Committee:

1. Our next meeting via zoom will be Thursday 11/2/23. At this meeting we will fix the time, date and location for future meetings. This first meeting will be via zoom.
2. Attached is our annual report for July 22-July 23. Please review it for discussion.
3. This meeting will be to establish our goals and objectives for 23-24.
4. Looking for a Co-chair to help
5. This is an important meeting fixing the years objectives. Please try to make this meeting.
6. Considerations for the future:
 - Engage with local media, Senior Services of Alexandria, The Zebra Press, and news outlets to spread the word about age-friendly activities.
 - Actively participate in age-friendly expos and community events.
 - Develop a more excellent voice and presence for the age-friendly health needs of the general public.
 - Consider how we might move forward with greater involvement with community engagement.
 - Identify opportunities for collaboration with other like-minded non-profit groups in Northern Virginia, such as AARP, engaged in activities.

Thank you

Barbara Huelat, Chair

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