

# Teen Pregnancy in Alexandria: What Does the Data Tell Us?

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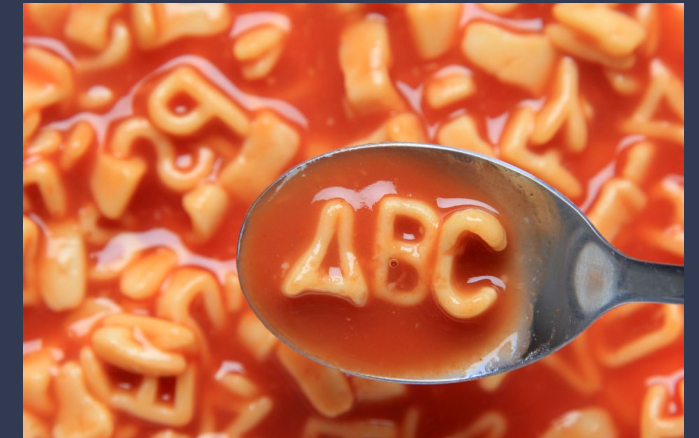


# Presentation Overview

- Virginia Department of Health (VDH) Adolescent Pregnancy Data
  - Notes About the Data
  - Trends Over Time & Place
  - Trends by Race & Hispanic Ethnicity
- Teen Wellness Center (TWC) Data
- Alexandria Youth Risk Behavior Survey (YRBS) Data
  - Notes About the YRBS
  - Youth Risk Behaviors
  - Youth Perceptions of Risk
- Key Takeaways
- Questions

# Alphabet Soup is Good for the Soul

Acronym	Meaning
TPR	Teen Pregnancy Rate # of Pregnancies per 1,000 females ages 10-19
IUDs	Intrauterine Devices
LARCs	Long-Acting Reversible Contraceptives (IUDs & implants)
ACPS	Alexandria City Public Schools
YRBS	Alexandria Youth Risk Behavior Survey
VDH	Virginia Department of Health



# Adolescent Pregnancy Data

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# Numbers, Proportions, & Rates (Oh My!)

- Numbers (#)
  - Used to calculate proportions & rate
- Proportions
  - Expressed as a percentage (%) of the total
  - Help us **describe** our population
- Rates
  - Expressed as a number **per 1,000** people
  - Help us control for population differences
  - Allow us to **compare** across time & space
  - VDH changed the population data used to calculate rates in 2018
    - Rates from 2018-2022 should **not** be compared to rates calculated prior to 2018

$$\begin{aligned} & \text{live births} \\ & + \text{terminations} \\ & + \text{natural fetal death} \\ \hline & = \text{total pregnancies} \end{aligned}$$



# Alexandria's TPR Increased from 2021-2022

## 2021

- **56** teen pregnancies in Alexandria
- **9.4** pregnancies per 1,000 females ages 10 to 19

## 2022

- **74** teen pregnancies in Alexandria
- **12.4** pregnancies per 1,000 females ages 10 to 19



From 2021 to 2022 Alexandria's TPR increased **31.9%**  
This increase was **not** statistically significant

# Alexandria's TBR Increased from 2021-2022

## 2021

- **36** teen births in Alexandria
- **6.0** births per 1,000 females ages 10 to 19

## 2022

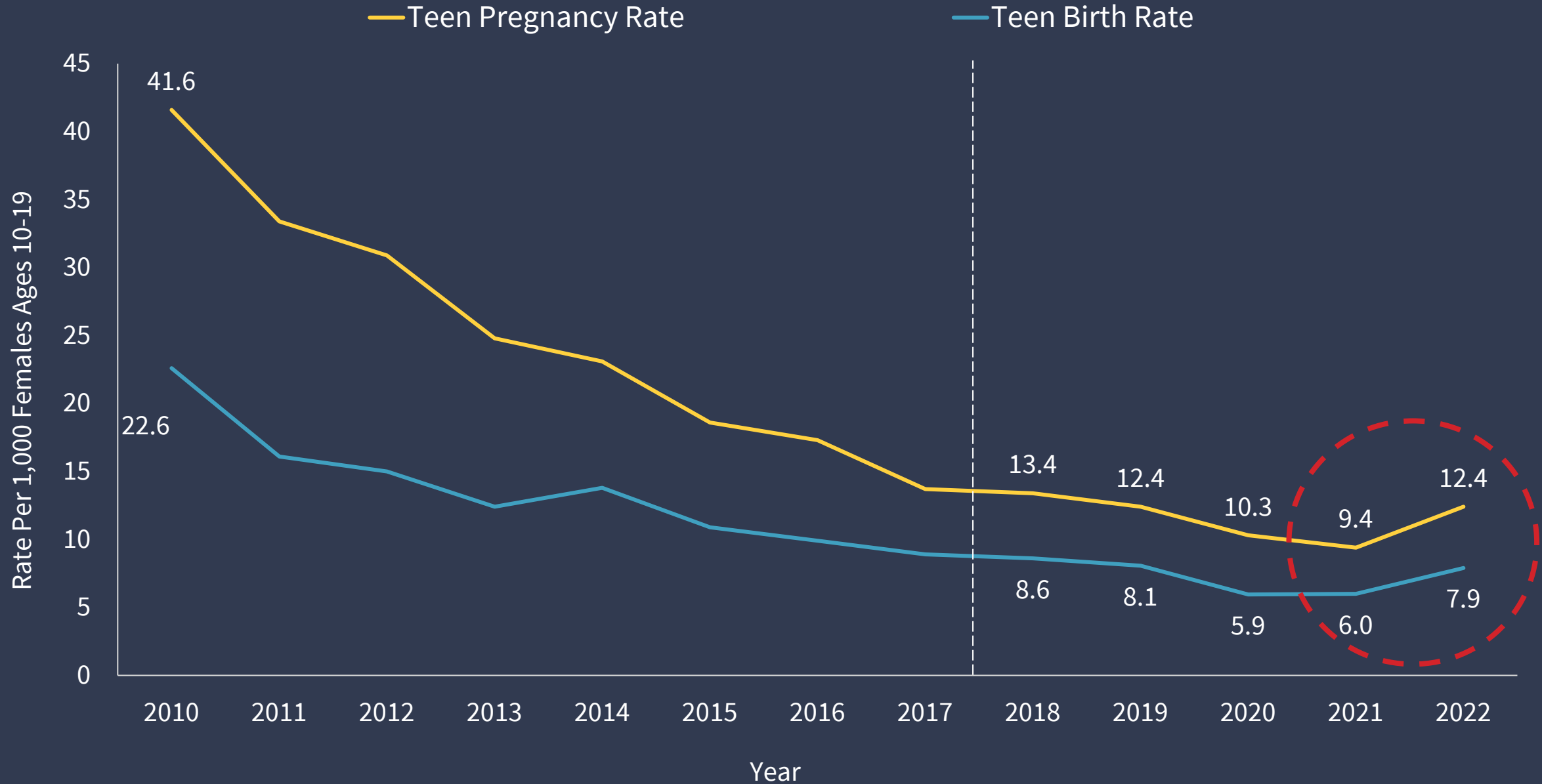
- **47** teen births in Alexandria
- **7.9** births per 1,000 females ages 10 to 19



From 2021 to 2022 Alexandria's TBR increased **31.7%**  
This increase was **not** statistically significant

# Alexandria's Teen Pregnancy Rate and Teen Birth Rate (2010-2022)

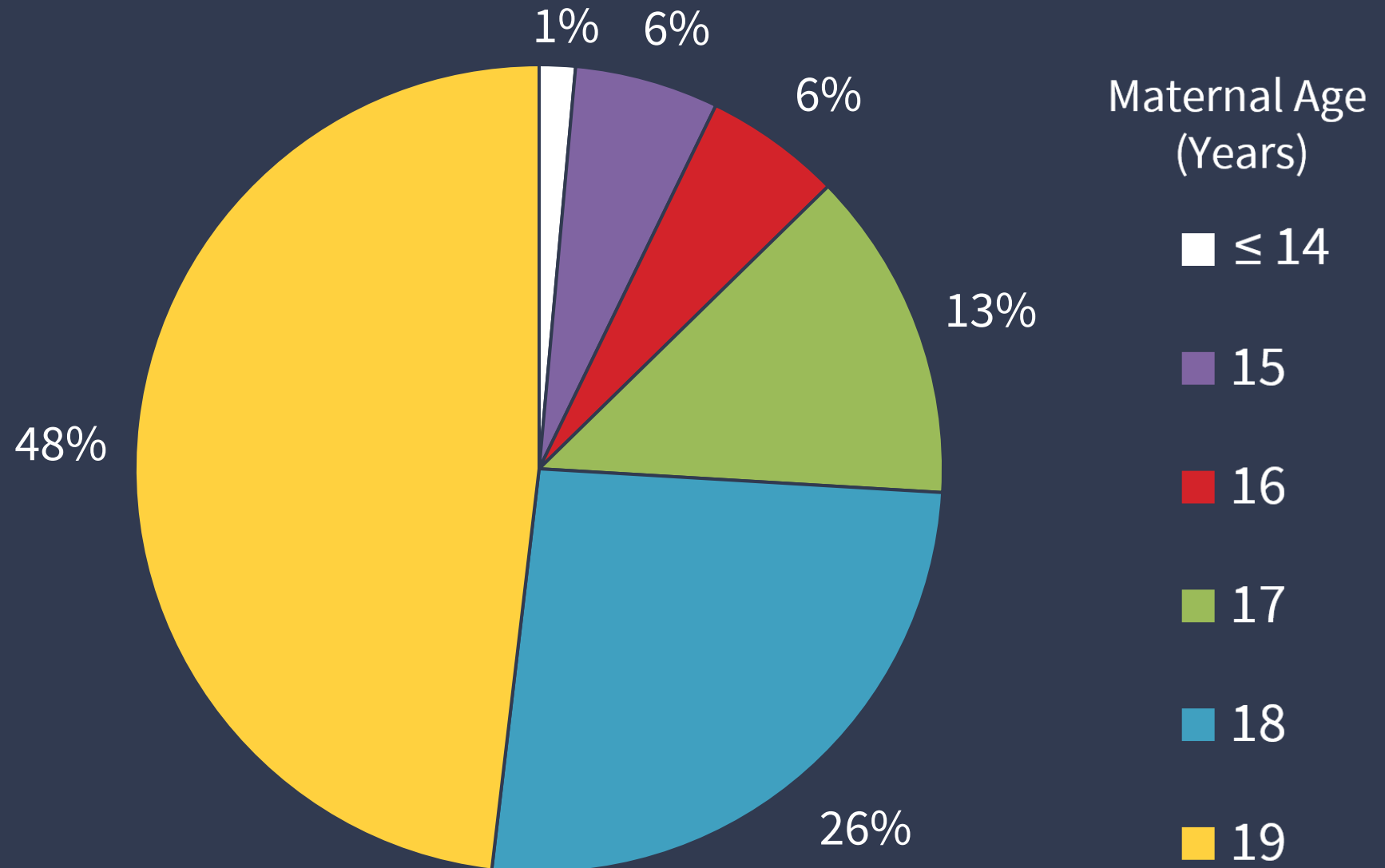
Data Source: Virginia Department of Health





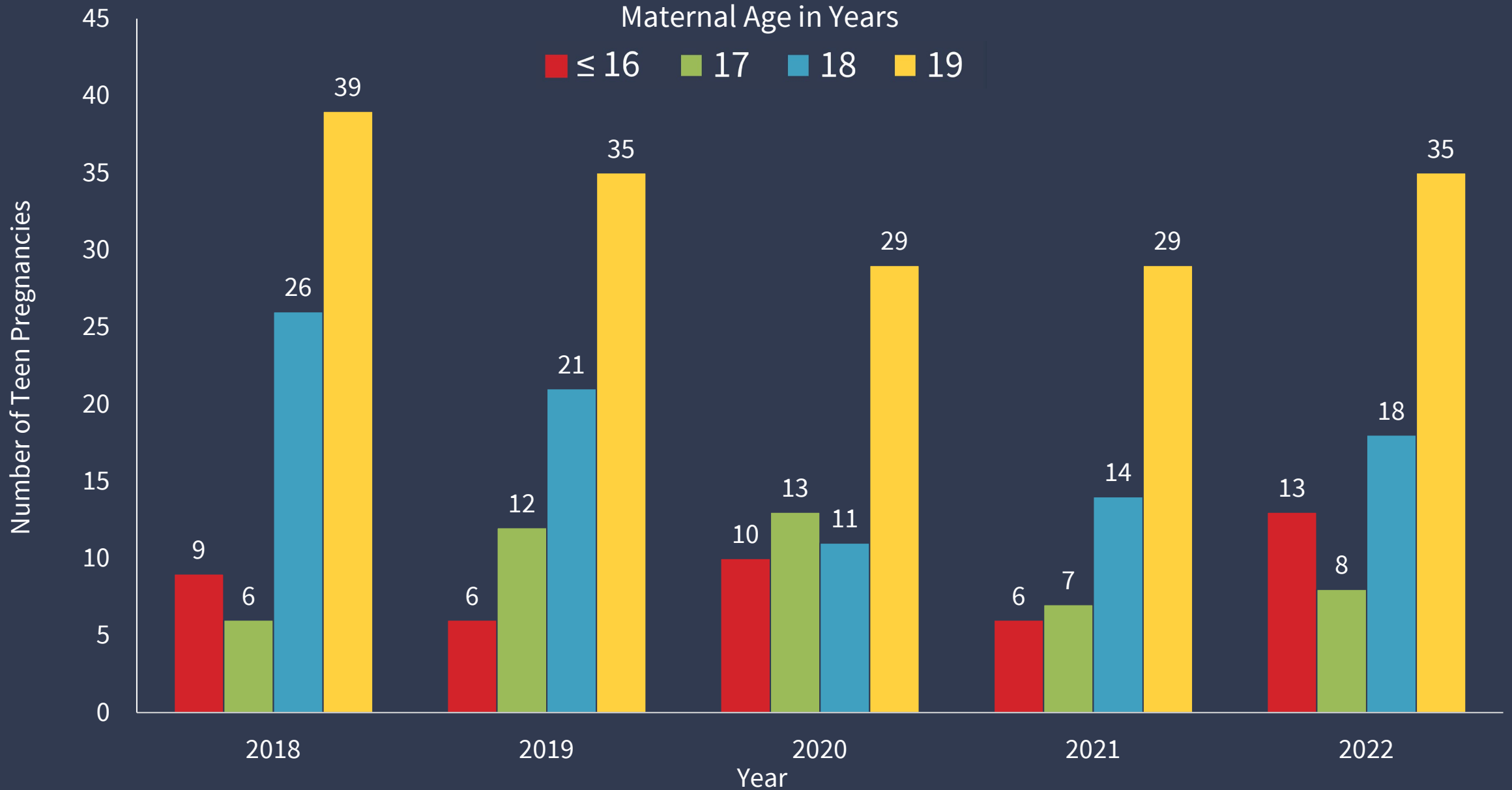
# Alexandria Teen Pregnancy by Maternal Age (2018-2022)

Data Source: Virginia Department of Health



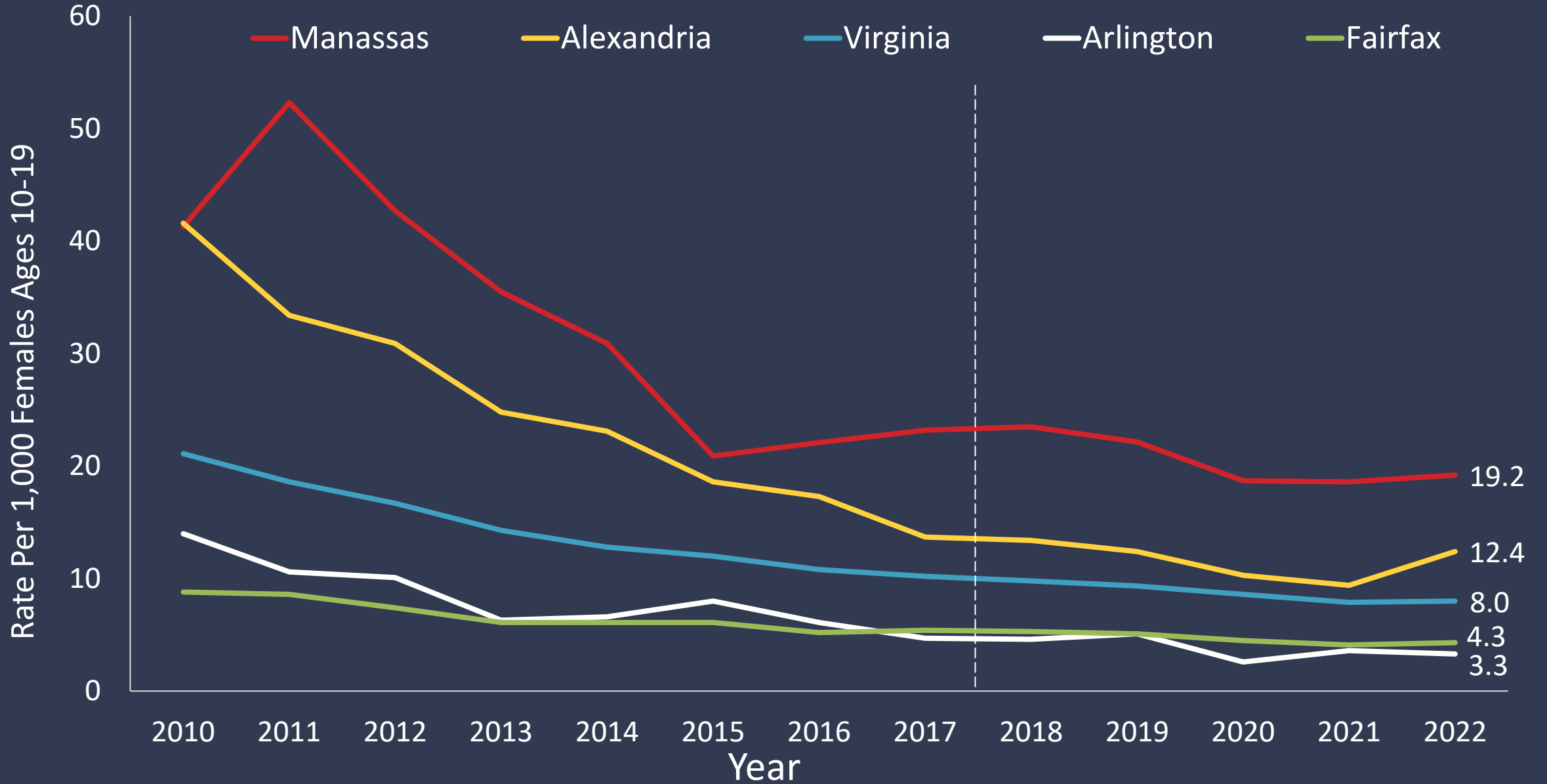
# Alexandria Teen Pregnancy by Maternal Age (2018-2022)

Data Source: Virginia Department of Health



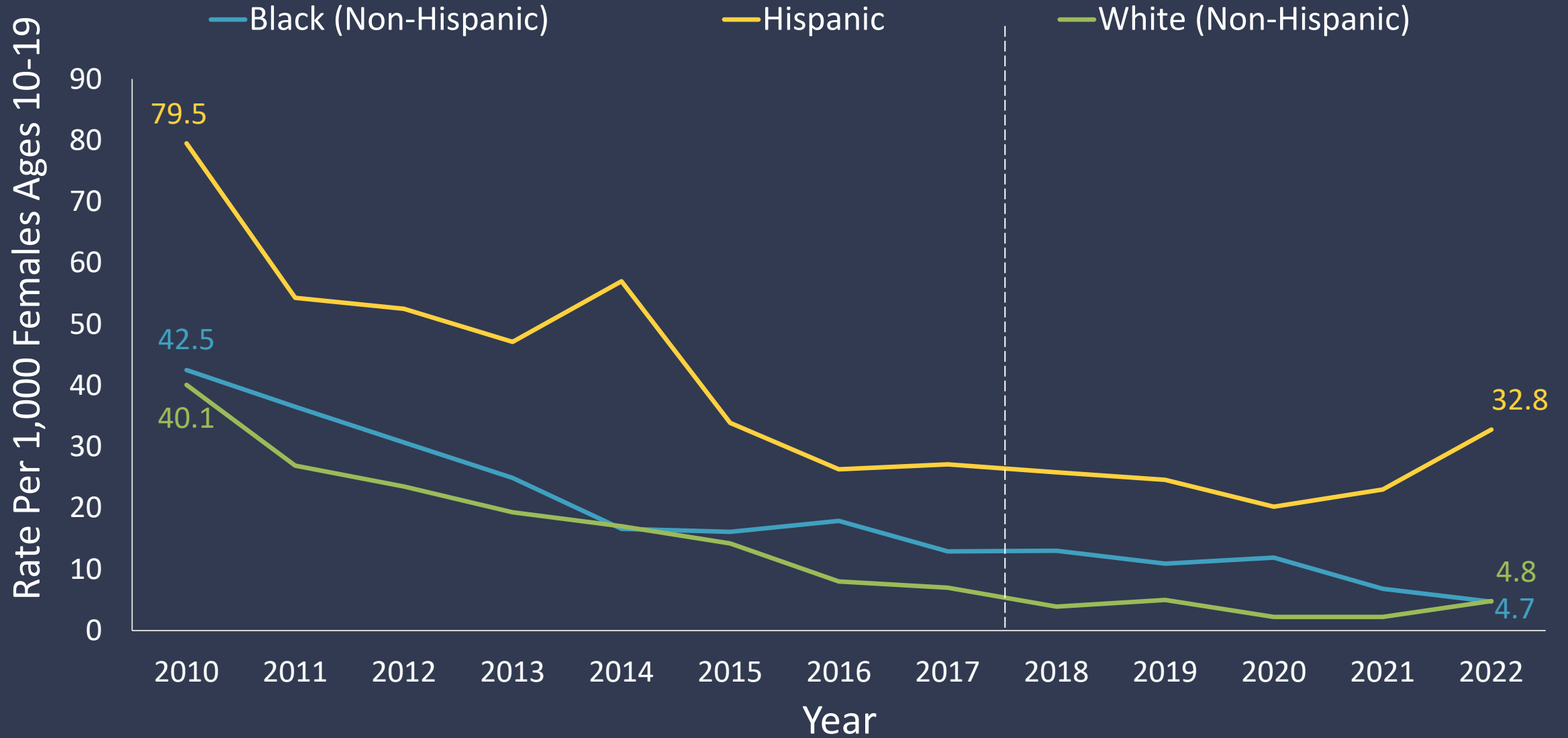
# Alexandria's TPR Remains Higher than Virginia's TPR

Data Source: Virginia Department of Health



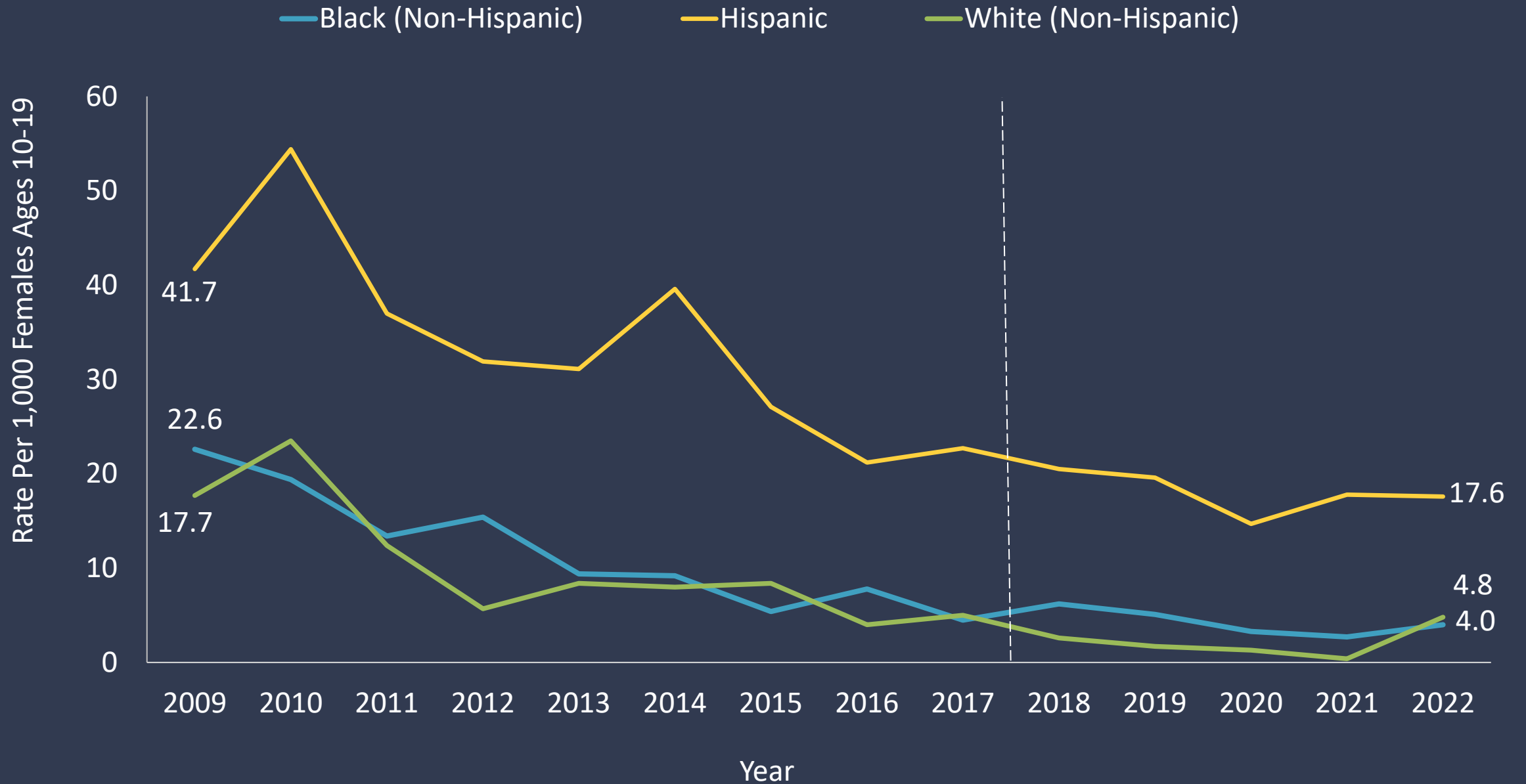
# Alexandria's TPR by Race & Hispanic Ethnicity (2010-2022)

Data Source: Virginia Department of Health



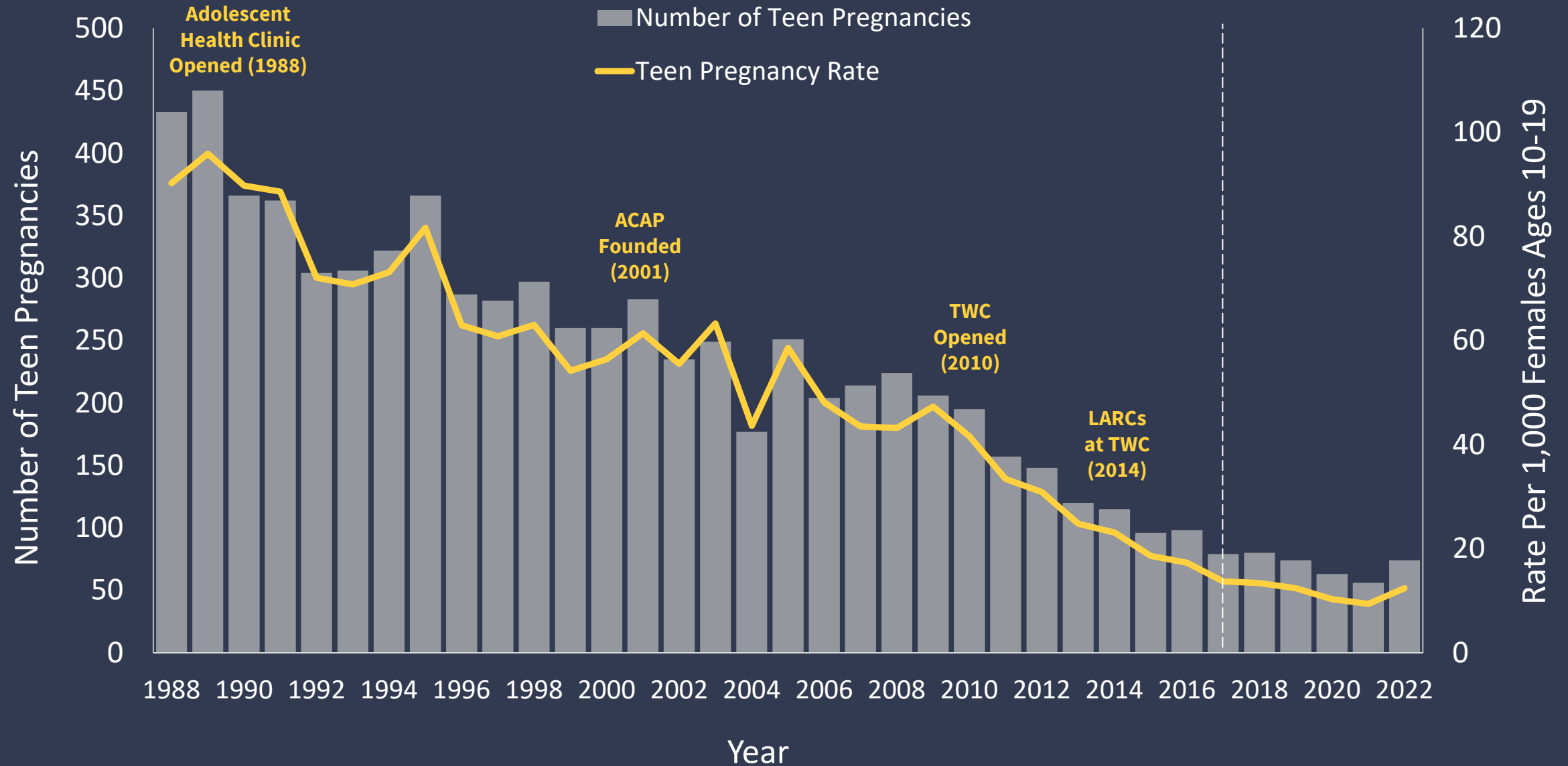
# Alexandria's TBR by Race & Hispanic Ethnicity (2010-2022)

Data Source: Virginia Department of Health



# Alexandria's TPR & Major Milestones (1988-2022)

Data Source: Virginia Department of Health



# Teen Wellness Center Data

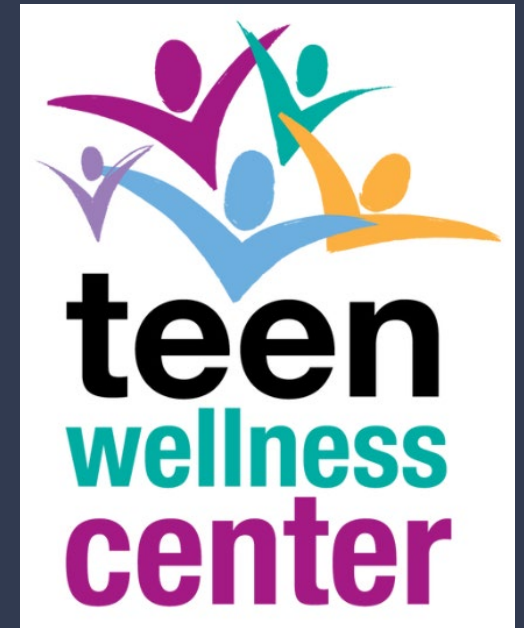
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# TLC from the TWC

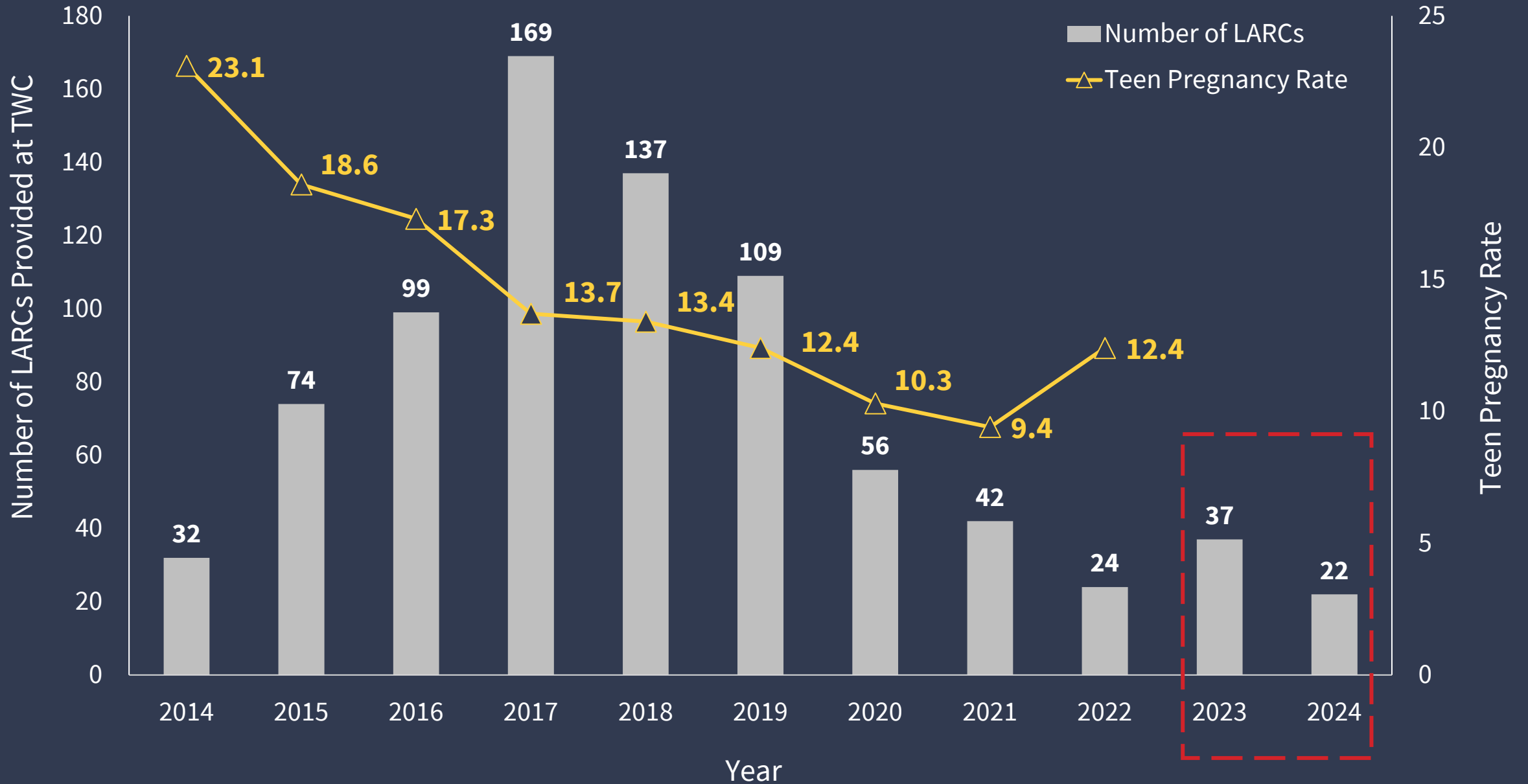
- Located at Alexandria City High School
  - King Street & Minnie Howard
- **Confidential** sexual & reproductive health services including:
  - Testing for HIV & STIs
  - Contraception (including **LARCs!**)
- Other services require parental consent





# Alexandria's TPR and LARCs Provided at TWC (2014-2022)

Data Sources: Teen Wellness Center & Virginia Department of Health



# Alexandria Youth Risk Behavior Survey (YRBS) Data

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# About the YRBS

- **Who:** ACPS students in grades 8, 10, & 12
- **What:** An **anonymous, voluntary, self-report** survey based on a nationwide survey developed by the Centers for Disease Control and Prevention
- **Where:** Online through Clever, ACPS' single-sign-on platform
- **When:** Every three years
- **Why:** Community leaders and organizations use YRBS data to plan, develop, and evaluate policies and programs aimed at improving the health and wellbeing of Alexandria's youth.

***Youth Voices Matter*** 

# YRBS Methodology



- Data Cleaning
  - Highly incomplete survey responses are removed from the dataset



- Weighting
  - Data is weighted based on ACPS' enrollment data



- Statistical Significance
  - Tells us if the observed difference due to chance alone
  - Indicated with asterisks
  - *Statistical Significance*  $\neq$  *Public Health Significance*



- Suppression
  - Responses with only 1, 2, 3, or 4 students are hidden
  - Indicated with an "x"

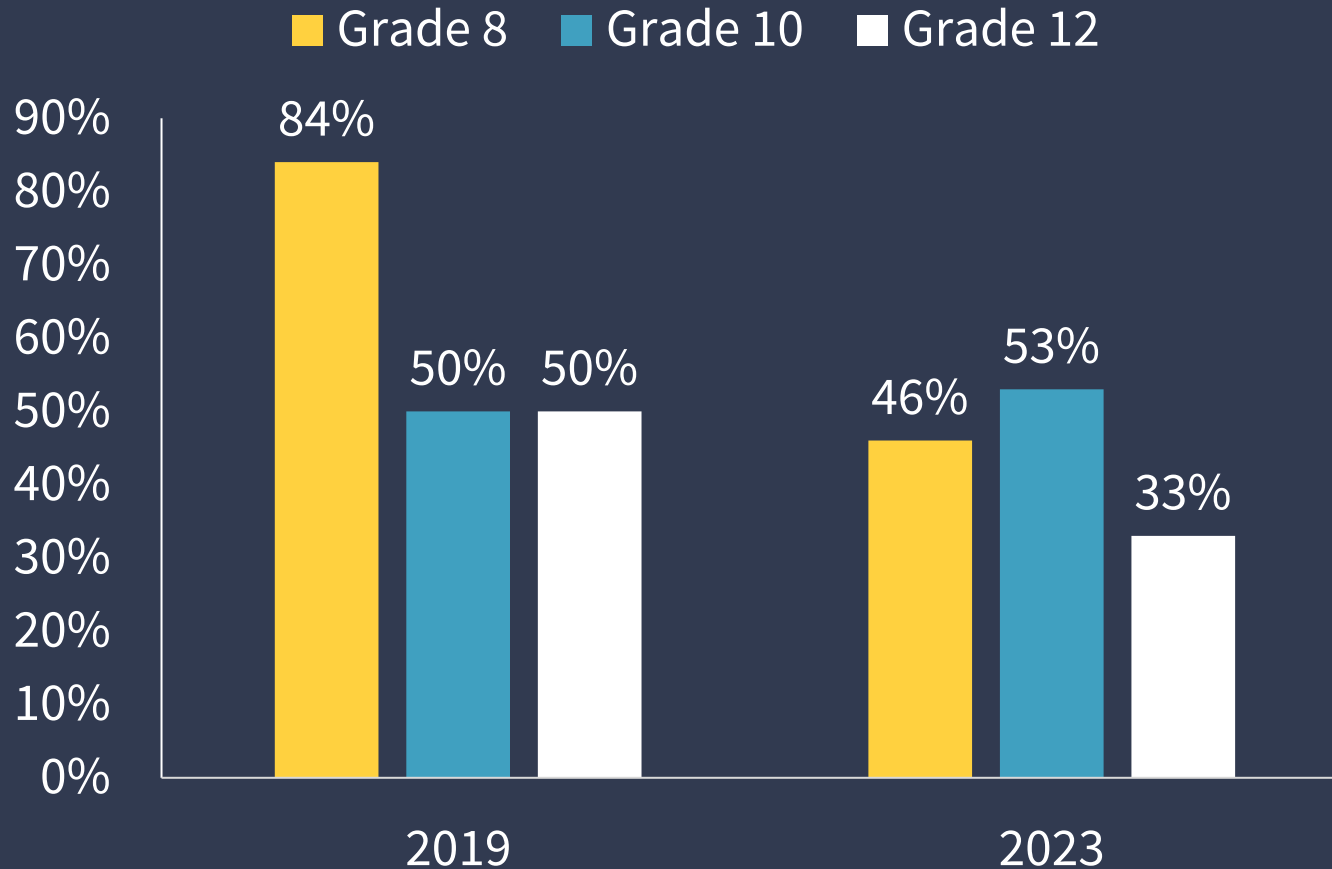
# All Survey Data has Limitations

- Non-response bias
  - Unable to capture underlying differences between students who choose to complete the YRBS and those who opt-out
- Response bias
  - Accuracy of responses



# Who took the YRBS in 2019 & 2023?

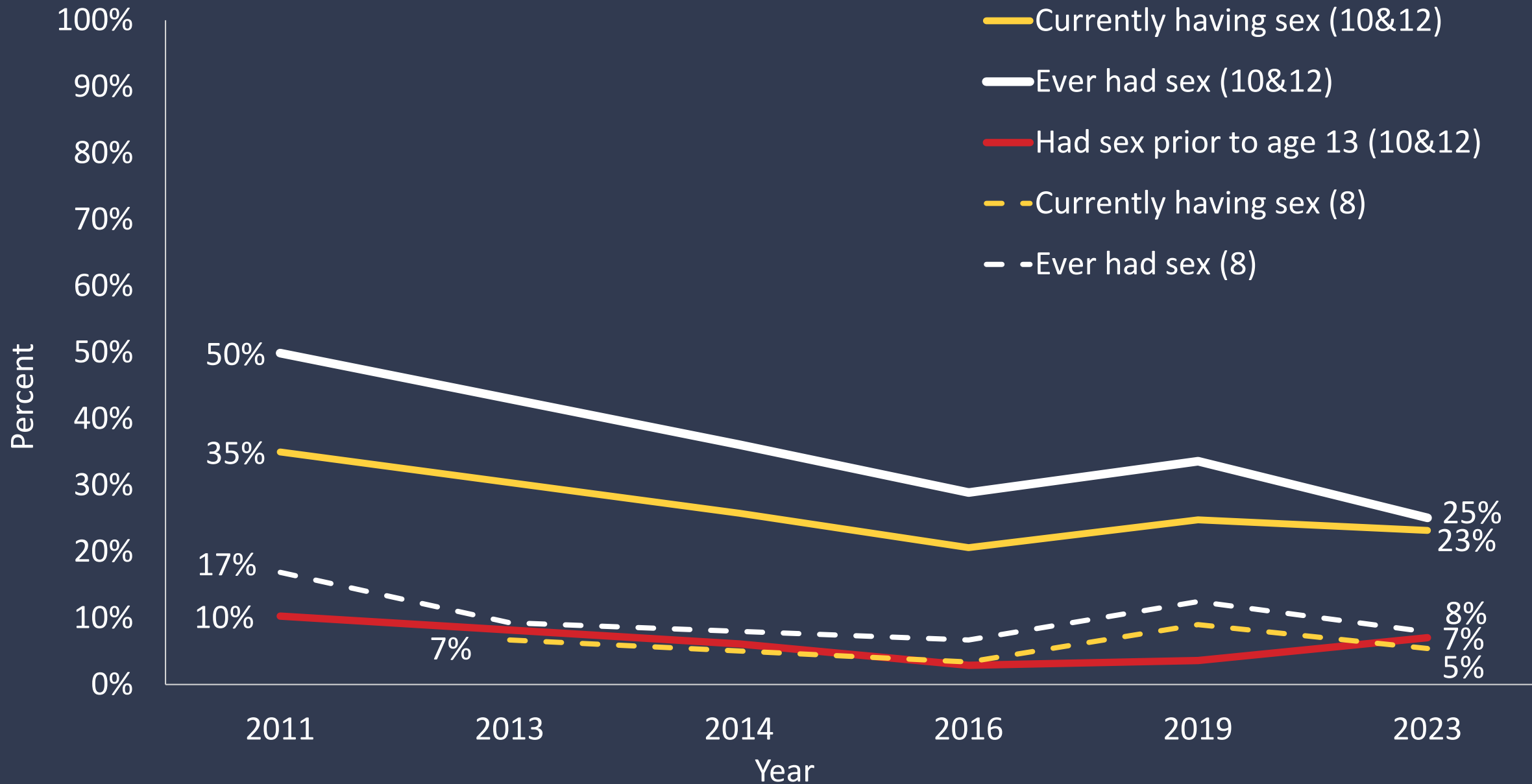
YRBS Completion by Grade Level (2019 & 2023)



Response rates for eight graders & twelfth graders were notably **lower** in 2023 with **less than half** of eight graders and **only one third** of twelfth graders completing the survey

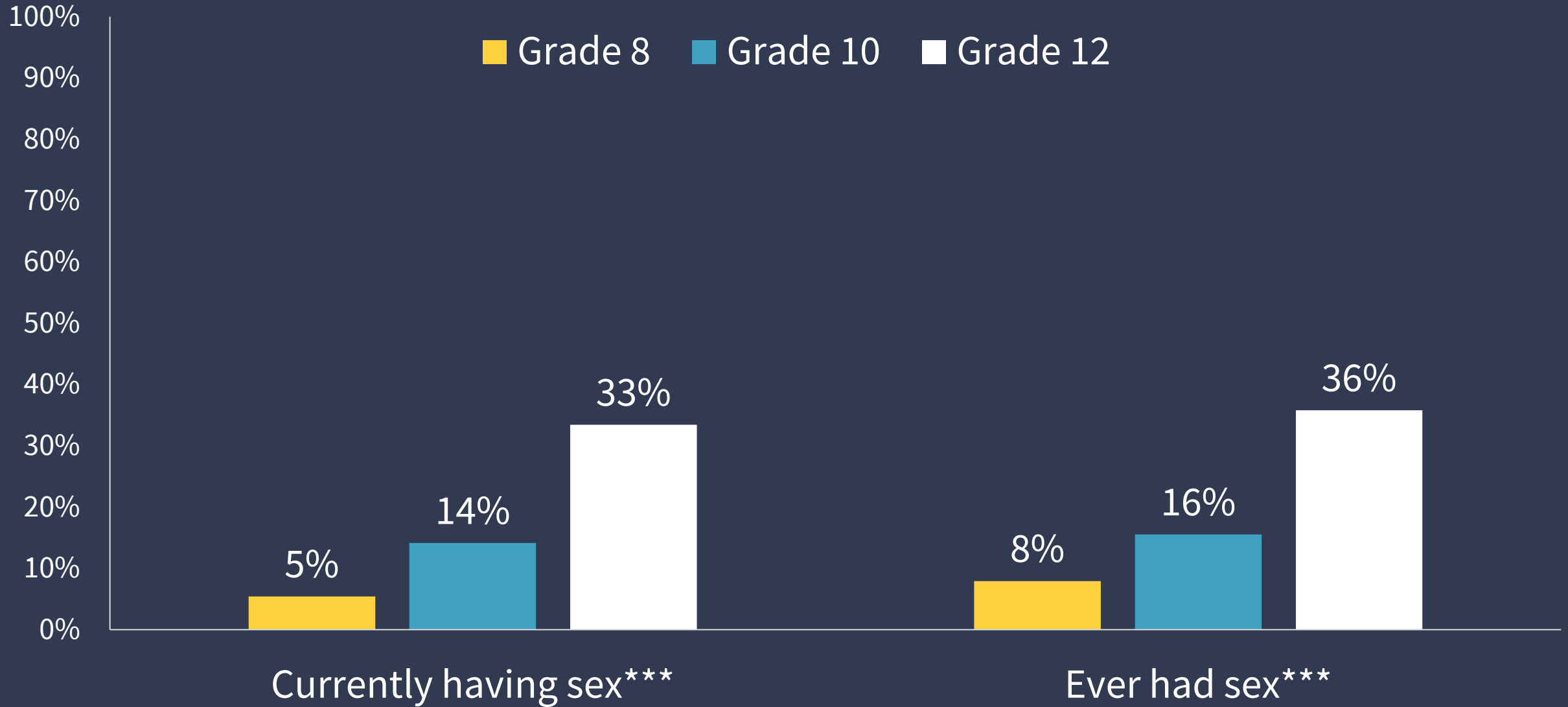
# Trends in Sexual Behavior (2011-2023)

Data Sources: YRBS



# Sexual Behavior by Grade (2023)

Data Sources: YRBS

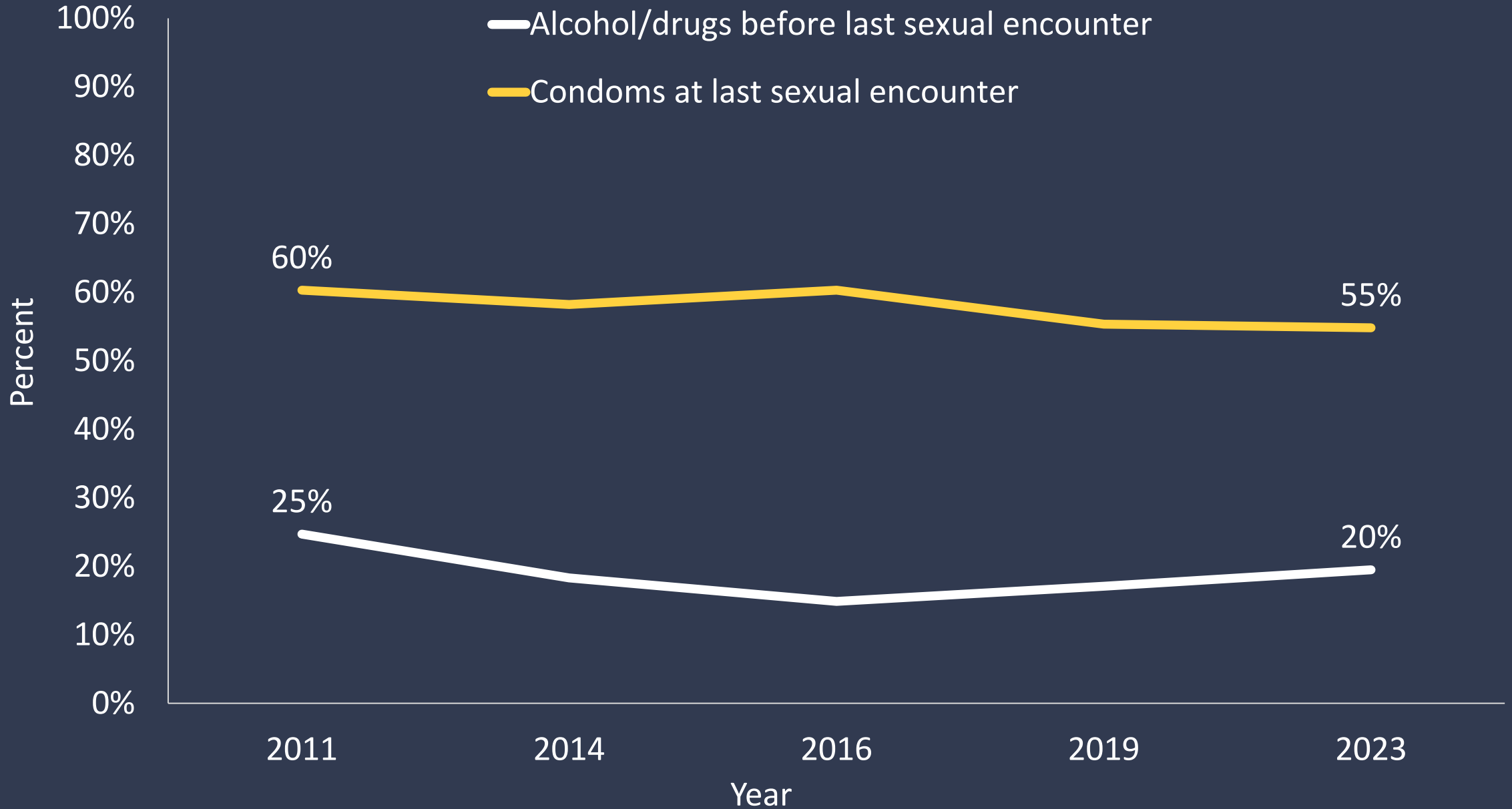


\*\*\* statistically significant (p < 0.0001)



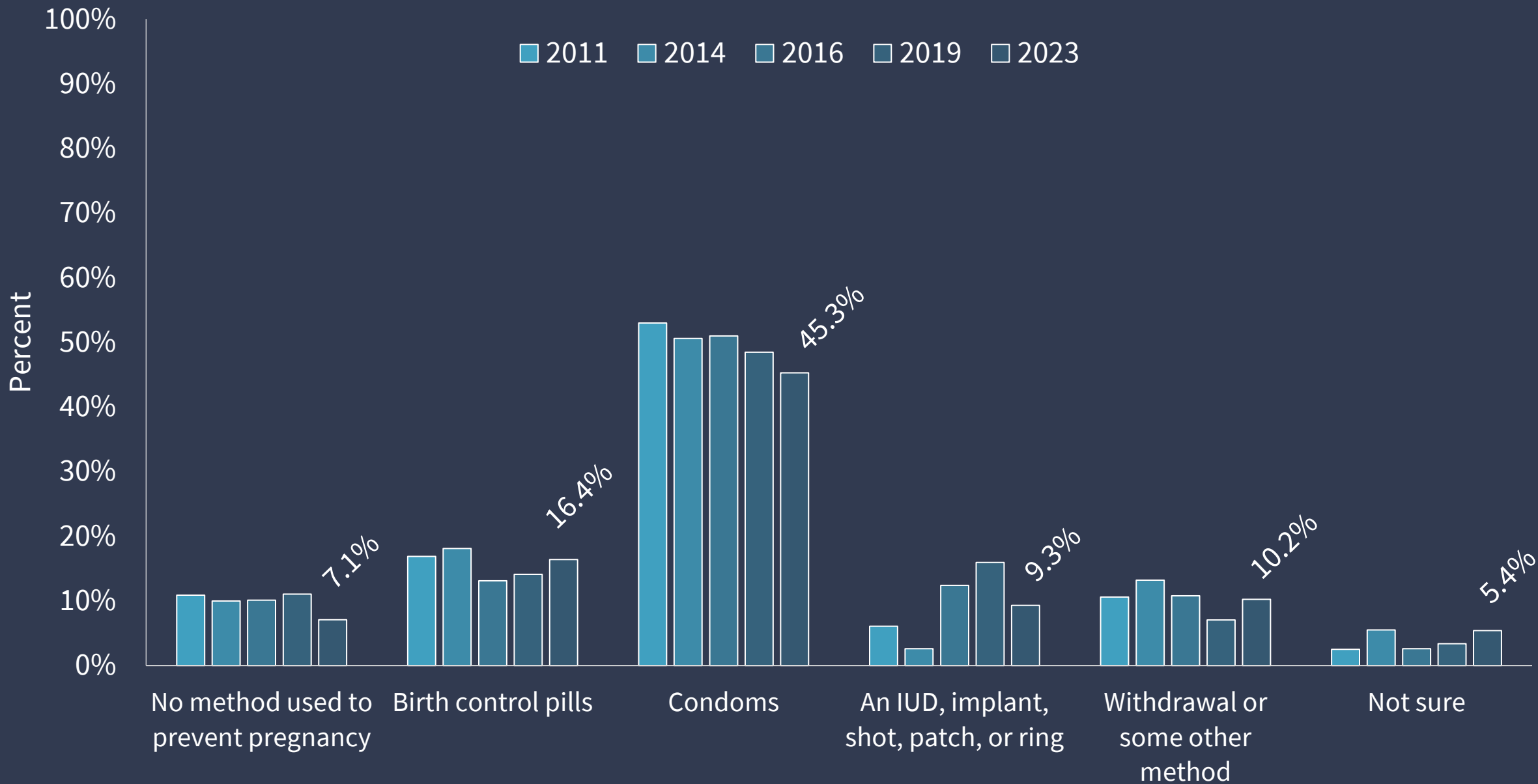
# Grades 10 & 12: Safety & Sexual Behavior (2011-2023)

Data Sources: YRBS



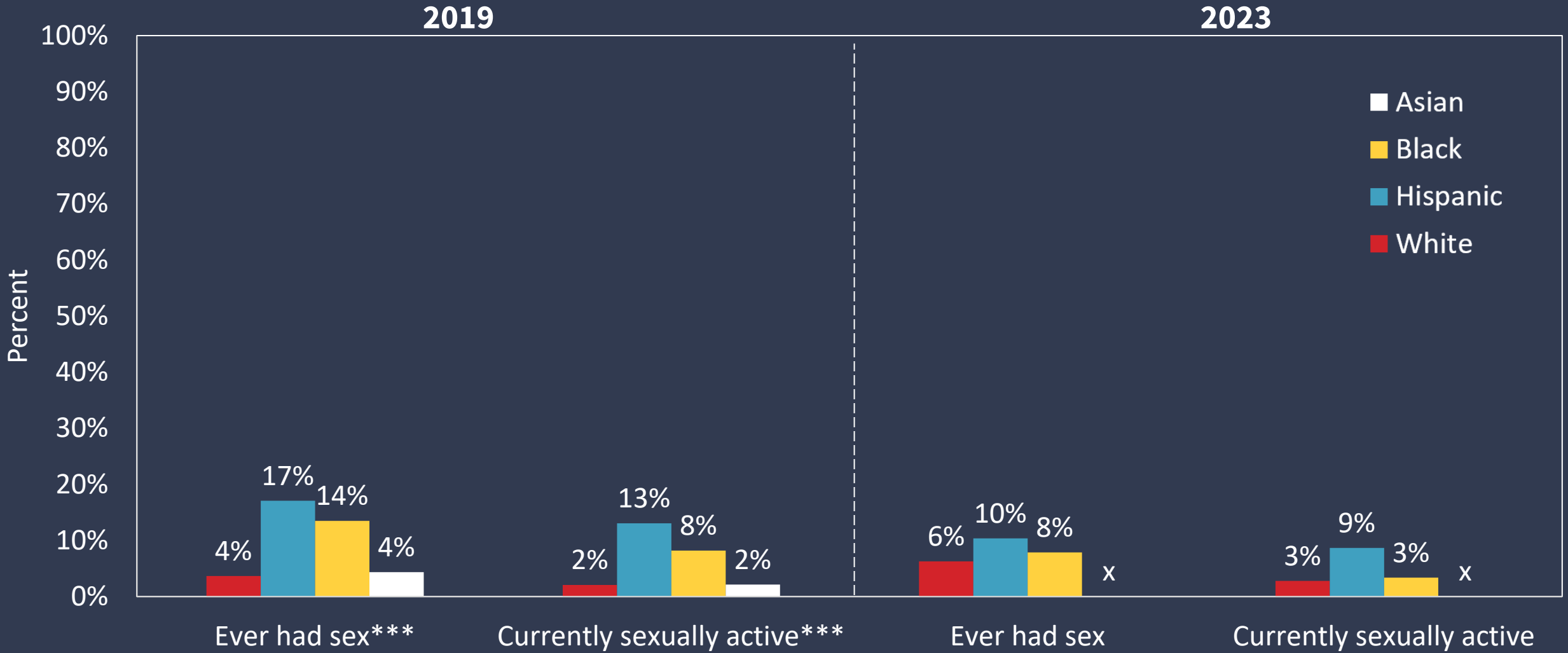
# Grades 10 & 12: Method Used at Last Sexual Encounter to Prevent Pregnancy (2011-2023)

Data Sources: YRBS



# Grade 8: Sexual Activity by Race & Ethnicity (2019 & 2023)

Data Sources: YRBS

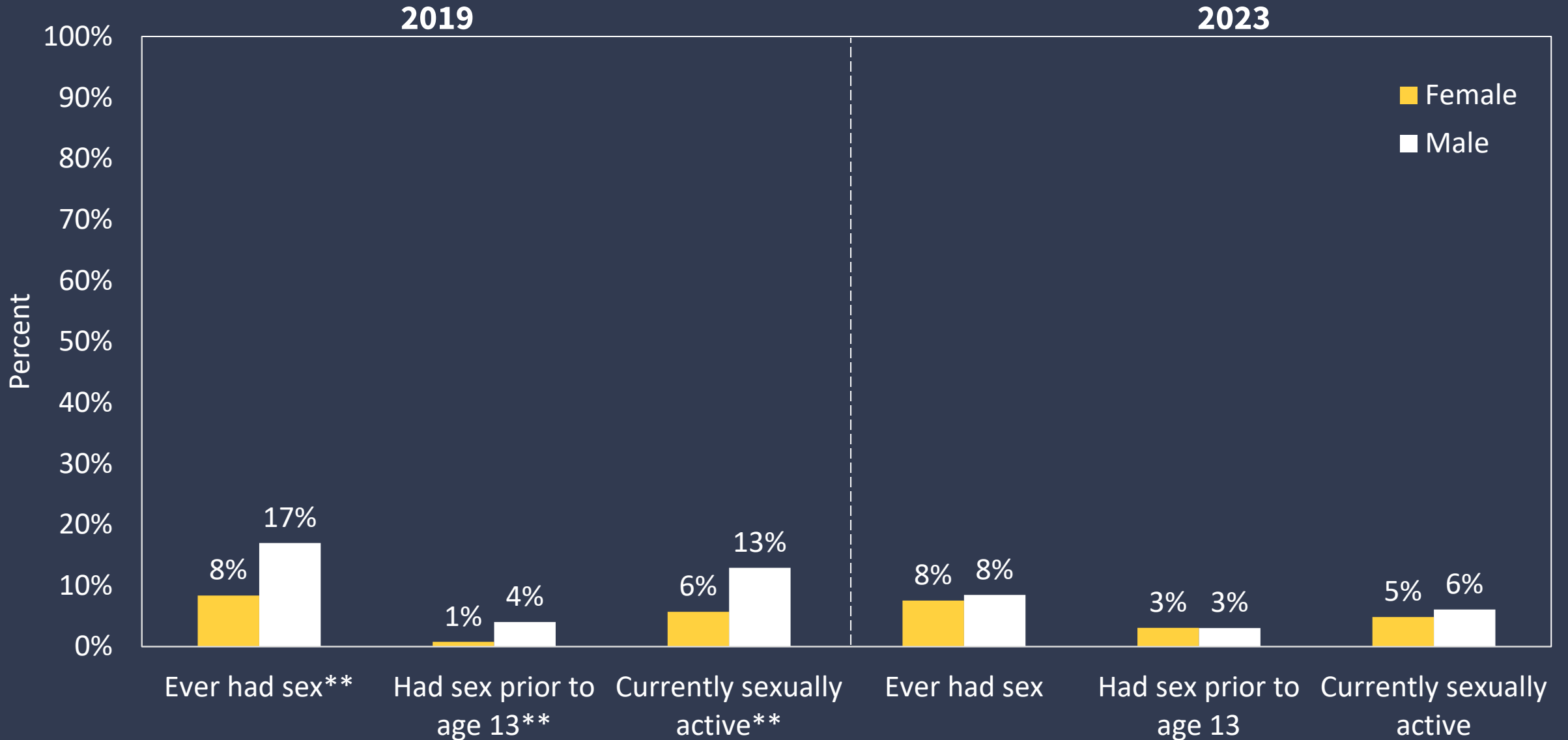


\*\*\* statistically significant ( $p \leq 0.0001$ )

“x” indicates data was suppressed

# Grade 8: Sexual Activity by Sex at Birth (2019 & 2023)

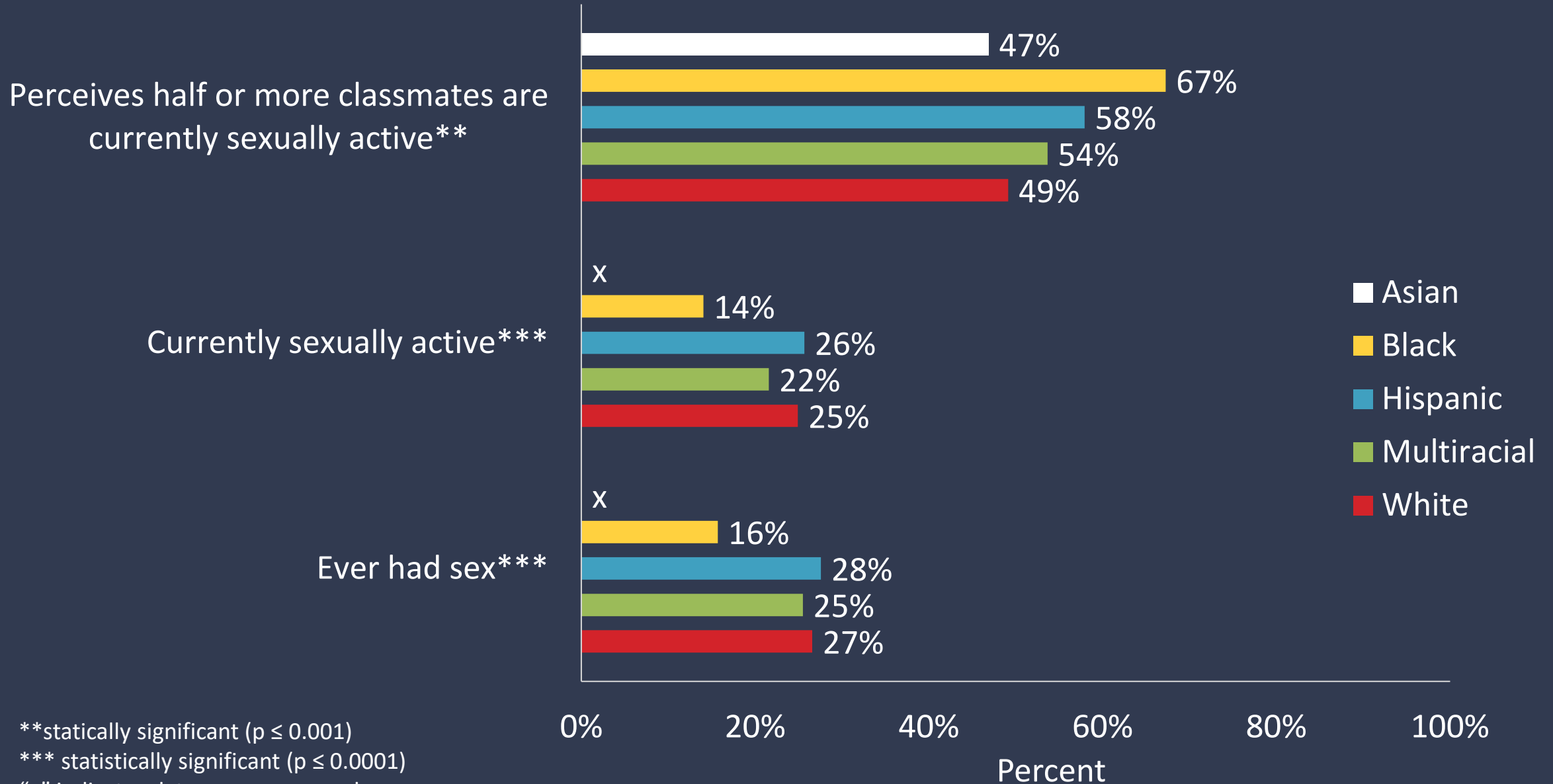
Data Sources: YRBS



\*\*statically significant ( $p \leq 0.001$ )

# Grades 10 & 12: Sexual Activity by Race & Ethnicity: Perception vs. Reality (2023)

Data Sources: YRBS



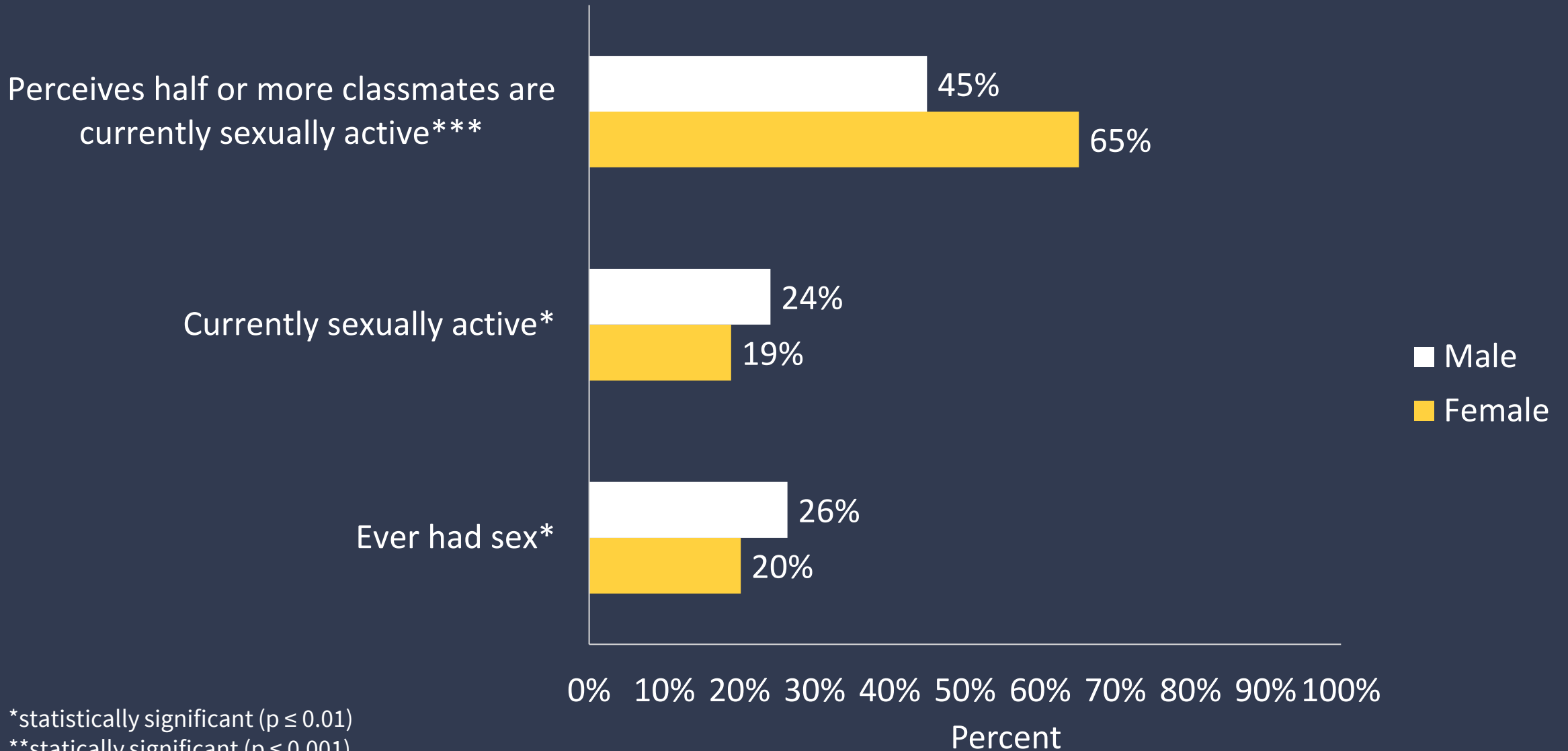
\*\*statically significant ( $p \leq 0.001$ )

\*\*\* statistically significant ( $p \leq 0.0001$ )

“x” indicates data was suppressed

# Grades 10 & 12: Sexual Activity by Sex at Birth: Perception vs. Reality (2023)

Data Sources: YRBS



\*statistically significant ( $p \leq 0.01$ )

\*\*statically significant ( $p \leq 0.001$ )

\*\*\* statistically significant ( $p \leq 0.0001$ )

# Key Takeaways

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# Key Takeaways from VDH's Data

- Alexandria's TPR **increased by over 30%** from 2021 to 2022
- Disparities by race **decreased** from 2020 to 2022
- Disparities by Hispanic ethnicity **increased** from 2020 to 2022



# Key Takeaways from the YRBS

- A **higher** percentage of high school students reported having sex prior to age 13 in 2023 compared to 2016
- The percentage of students who reported ever having sex and currently having sex **increased** from 2016 to 2019 then **decreased** from 2019 to 2023
- Perception  $\neq$  Reality
  - Perception: **More than half** of classmates are currently having sex.
  - Reality: **23%** of 10<sup>th</sup> & 12<sup>th</sup> graders reported currently having sex.

# Data Sources & Acknowledgements

## Data Sources:

- Adolescent pregnancy data & rates were provided by the VDH, Division of Health Statistics on November 28, 2023
- TWC data was obtained from clinical administrative records on December 5, 2023
- YRBS data was obtained from the 2019–2023 report, published on December 15, 2023. The full report and data tables are available [here](#).



THANK  
YOU!

## Acknowledgements:

- Evelyn Jones, MPH
- Lauren Romero, RN, MPH
- YRBS Partners:
  - Alexandria City Public Schools (ACPS)
  - Alexandria Department of Community and Human Services (DCHS)
  - Substance Abuse Prevention Coalition of Alexandria (SAPCA)

# Questions?

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