ISEL –12: Interpersonal Support Evaluation List-12

Grantee ID:

Select Individual Classification:

Veteran

Active Duty Member

Veteran Family Member

Participant ID:

Active Duty Family Member

Instructions

This scale is made up of a list of statements, each of which may or may not be true about you. For each statement choose "definitely true" if you are sure it is true about you and "probably true" if you think it is true but are not absolutely certain.

Similarly, you should choose "definitely false" if you are sure the statement is false and "probably false" if you think it is false but are not absolutely certain.

If I wanted to go on a trip for a day (for example, to the country or mountains), I would have a hard time finding someone to go with me.

Definitely false

Probably false

Probably true

Definitely true

I feel that there is no one I can share my most private worries and fears with.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely true

If I were sick, I could easily find someone to help me with my daily chores.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely true

There is someone I can turn to for advice about handling problems with my family.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely true

If I decide one afternoon that I would like to go to a movie that evening, I could easily find someone to go with me.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely true

When I need suggestions on how to deal with a personal problem, I know someone I can turn to.

       Definitely false

       Probably false

       Probably true

       Definitely true

I don't often get invited to do things with others.

       Definitely false

       Probably false

       Probably true

       Definitely true

If I had to go out of town for a few weeks, it would be difficult to find someone who would look after my house or apartment (the plants, pets, garden, etc.).

       Definitely false

       Probably false

       Probably true

       Definitely true

If I wanted to have lunch with someone, I could easily find someone to join me.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely true

If I was stranded 10 miles from home, there is someone I could call who could come and get me.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely true

If a family crisis arose, it would be difficult to find someone who could give me good advice about how to handle it.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely true

If I needed some help in moving to a new house or apartment, I would have a hard time finding someone to help me.

> Definitely false
>
> Probably false
>
> Probably true
>
> Definitely True

Only Grantee can answer *Total Score* Field. Please return form to the Grantee.

Please see the ISEL-12 Screening Reference Guide for Scoring

Appraisal Score:

Belonging Score:

Tangible Score:

Total Score:

Use the **RED** button below to lock form before submission

Instruction: Please save the filled out form as [YYYYMMDD.HHMMam/pm.DataForm_ISEL.pdf]

YYYYMMDD - Date (year month day)
HHMMam/pm - Time (hours minutes)

Use the Gray button below to submit the completed form

Cohen, S., Mermelstein, R., Kamarck, T., & Hoberman, H. (1985). Measuring the functional components of social support. In I. G. Sarason & B. Sarason (Eds.), Social support: Theory, research and applications (pp. 73-94). The Hague: Martinus Nijhoff.