

Date:

WEMWBS: Warwick-Edinburgh Mental Well-being Scale

Grantee ID:

Select Individual Classification:

Veteran

Active Duty Member

Participant ID:

Veteran Family Member

Active Duty Family Member

Instructions

**The following statements are about feelings and thoughts.
Please select the item that describes your experience of each
statement over the last 2 weeks.**

I've been feeling optimistic about the future.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling useful.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling relaxed.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling interested in other people.

None of the time

Rarely

Some of the time

Often

All of the time

I've had energy to spare.

None of the time

Rarely

Some of the time

Often

All of the time

I've been dealing with problems well.

None of the time

Rarely

Some of the time

Often

All of the time

I've been thinking clearly.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling good about myself.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling close to other people.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling confident.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling loved.

None of the time

Rarely

Some of the time

Often

All of the time

I've been able to make up my own mind about things.

None of the time

Rarely

Some of the time

Often

All of the time

I've been interested in new things.

None of the time

Rarely

Some of the time

Often

All of the time

I've been feeling cheerful.

None of the time

Rarely

Some of the time

Often

All of the time

Only Grantee can answer *Total Score* Field. Please return form to the Grantee.

Please see the Warwick Screening Reference Guide for Scoring.

Total Score:

Use the **RED button below to lock form before submission**

**Instruction: Please save the filled out form as
[YYYYMMDD.HHMM.DataForm_Warwick.pdf]**

YYYYMMDD - Date (year month day)

HHMM - Time (hours minutes)

Use the **Gray button below to submit the completed form**