

Delaware State University

CAMPUS HEALTH

&

MENTAL HEALTH

RESOURCES



SAFE SPACE COALITION

The Safe Space Coalition assesses University safety protocols, campus policies, and response services that deal with sexual assaults, domestic violence, harassment, bullying, mental illness, and health-related matters. It will submit recommendations to the President, monitor implementation, and regularly report out to the broader University community. Equally important, strategic committees have been formed—to work in parallel with and report into—the Safe Space Coalition. These committees include: Student Awareness, Engagement & Safety; Employee Awareness & Safety; Campus Health; Counseling & Prevention; Judicial Affairs & Title IX; Public Safety; Communications & Customer Service; Project Resources & Funding; and Facilities Management.



DELAWARE STATE UNIVERSITY
SAFE SPACE COALITION



- **LEARN MORE:** WWW.DESU.EDU/SSC

TITLE IX OFFICE

The Title IX office investigates all reports and complaints of gender and sexual misconduct, gender and sexual harassment, gender and sexual discrimination, domestic violence, dating violence, stalking, cyber bullying and retaliation. It also investigates non-sexual-based discriminations and harassments.

Title IX protects all DSU students and DSU employees. All employees of Delaware State University are mandatory reporters.

- If you witness any misconduct or a person tells you of any misconduct, please report here:
www.desu.edu/about/administration/university-policies-procedures/sexual-misconduct-form
- If you have been a victim or are a survivor of any misconduct, please file a complaint here:
www.desu.edu/about/administration/university-policies-procedures/sexual-misconduct-harassment-sex-discrimination

You can also file a report or complaint by email, mail, or directly to the Title IX Coordinator or the Delaware State University Police Department, if also seeking criminal prosecution.

- **LEARN MORE:** WWW.DESU.EDU/TITLEIX

IF YOU SEE SOMETHING, SAY SOMETHING | ANONYMOUS TITLE IX HOTLINE: 302.857.6866

CAMPUS HEALTH SERVICES

On campus, students have access to medical professionals 5 days a week at the Campus Health Center for the following services:

- Illness
- Management of chronic conditions
- Family planning
- Health promotion

Visit www.desu.edu/campus-health-services for more information.

- **MAKE AN APPOINTMENT: CALL 302.857.6393**

All visits are confidential. For routine visits, students are encouraged to schedule appointments around their class schedule. Excuse notes are only written if deemed necessary by the health care provider. Notes are not written for students who are not seen in the Campus Health Center.

- **LOCATION:** Student Health Center (behind Wynder Towers)

HOURS OF OPERATION

- **Monday, Thursday, Friday**
Open 8:30 a.m. to 4:30 p.m.
- **Tuesday, Wednesday**
Open 8:30 a.m. to 6 p.m.
- **Closed weekends & holidays**
For emergency services contact University Police at 302.857.7911 on campus or 911 off campus.

AFTER HOURS URGENT CARE & TELEHEALTH

In the local community, students have access to walk-in care at Urgent Care Centers and emergency care at the hospital.

URGENT CARE & TELEHEALTH

Urgent Care for Delaware State University Students | ChristianaCare-GoHealth Urgent Care:

www.gohealthuc.com/dte/christianacare/desu

A partnership with ChristianaCare-GoHealth Urgent Care provides easy, convenient access to urgent care and Behavioral Health Talk Therapy 7 days a week.

- In-person care or virtual urgent care visits
- Virtual behavioral health visits

Additional Telehealth Services

- United Healthcare (for student health plan participants)
 - 1.855.870.5858 or visit www.telehealth4students.com
 - 24/7 access to physicians with free unlimited consultations
- Other plans
 - Check with your health insurance company

COUNSELING SERVICES

ON CAMPUS

All students are eligible to receive counseling services on campus at the University's Counseling Center.

- **MAKE AN APPOINTMENT: CALL 302.857.7381 OR STOP BY** to schedule an appointment and meet with a counselor. Students can choose to meet through telehealth or have in-person sessions. Visit www.desu.edu/counseling-services for more information.
- **LOCATION:** Cottage 504 (*across from Warren-Franklin Hall*)
- **HOURS OF OPERATION**
 - **Monday through Thursday:** Open 8:30 a.m. to 7 p.m.
 - **Friday:** Open 8:30 a.m. to 4:30 p.m.
- **MORE INFORMATION:**
 - Visit www.desu.edu/counseling-services for more information about the Counseling Center.
 - [Click here for information](#) on psychological emergencies, psychological crises and action procedures.

TELEHEALTH

United Healthcare Student Resources Insurance Plan: [Click here for information](#)

Students enrolled in the University's student health insurance plan can access licensed mental health professionals who provide ongoing counseling through telehealth (phone, video). These counseling appointments are available 7 days a week from 7 a.m. to 9 p.m. Students can utilize the HealthiestYou app or website to access these services.

ChristianaCare-GoHealth Urgent Care: www.gohealthuc.com/dte/christianacare/desu

A partnership with ChristianaCare-GoHealth Urgent Care provides easy, convenient access to virtual Behavioral Health Talk Therapy 7 days a week. This service is free for Delaware State University students.

Other Health Insurance Plans

For students not covered by the University-sponsored health insurance plan, check with your specific insurance plan to see what services you can access. If you need help navigating your health plan, you can contact the Counseling Center at 302.857.7381 for assistance in determining what services are available to you.

24/7 MENTAL HEALTH SUPPORT AVAILABLE

- **Delaware State University Student Hotline**
855.748.1249
- **Emotional Support Line Number**
Delaware Hope Line: 833.946.7333
- **On-Campus Support for a Psychological Emergency**
University Police Department:
302.857.7911

CRISIS HOTLINE NUMBERS

- **Crisis Intervention Service:**
800.345.6785
- **ContactLifeline, Inc. (Crisis Helpline Services):** 800.262.9800
- **Dover Behavioral Health:**
302.741.0140
- **National Suicide Prevention Lifeline:** 988
- Text **HOME** to 741741
- Text **STEVE** to 741741 (for young people of color)

SUPPORT FOR SURVIVORS OF SEXUAL ASSAULT

- **Sexual Assault Response Center (SARC):**
800.773.8570
- **ContactLifeline, Inc. (Crisis Helpline Services):** 800.262.9800