

# RABIES PREVENTION IN TEXAS

<u>Texas Department of State Health Services</u> **Zoonosis Control** 

Stock No 6-108 Revised 5-27-2022

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This document can be accessed at:

https://dshs.texas.gov/idcu/disease/rabies/information/prevention/

# Texas Health and Human Services Texas Department of State Health Services

#### **RABIES PREVENTION IN TEXAS**

For assistance on problems or questions regarding rabies prevention, call your local health department, a Zoonosis Control regional office (contact information listed on pages 26-29 of this document) of the Texas Department of State Health Services (DSHS), the DSHS Zoonosis Control Branch (512-776-7255 or 512-776-7111), or the DSHS Infectious Disease Control Unit (512-776-7455) during working hours. For emergency consultations on nights, weekends, and holidays, contact the DSHS Public Health Region (PHR) for your area:

PHR	PHR EMERGENCY HOTLINE
1	806-744-3577
2/3	817-825-9230
4/5N	866-310-9698
6/5S	800-270-3128 or 713-767-3000
7	254-778-6744
8	210-949-2121
9/10	888-847-6892
11	956-421-5559

#### **INTRODUCTION**

Although rabies rarely affects humans in the United States, every year many people receive rabies postexposure prophylaxis (PEP). Appropriate management of those who may have been exposed to rabies infection depends on the evaluation of the risk of infection (type of exposure, type of animal, availability and rabies vaccination status of the animal involved in the exposure, etc.) and the efficacy and risk of prophylactic treatment. All available methods of systemic prophylactic treatment possibly can be complicated by instances of adverse reactions. These are rarely severe. Decisions on management must be made promptly; the longer treatment is postponed, the less likely it is to be effective. The urgency for treatment must be tempered by recognition that human rabies is an extremely rare event in Texas and that hasty decisions have led to the inappropriate vaccination of people who were not at risk for infection.

Data on the efficacy of active and passive immunization after rabies exposure have come from both human and animal studies. Evidence from laboratory and field experience in many areas of the world indicates that PEP (combining wound cleansing, vaccine, and rabies immune globulin) is uniformly effective when appropriately used. Rabies has not occurred in persons who have received prompt PEP following the guidelines found in this manual.

Since the mid-1900s, the number of human rabies cases has declined significantly in the United States. This is probably due to several factors. Improved domestic animal control (including effective leash laws, domestic animal rabies vaccination programs, and stray animal collection) has been a major factor. Before the implementation of improved animal control measures, rabid domestic animals were the most common source of human rabies in the United States. They remain the leading source of human rabies in many other parts of the world.

The control of two recent major rabies epizootics in Texas has also contributed to the low incidence of rabies in domestic animals. The aggressive use of oral rabies vaccination programs for coyotes and gray foxes, which began in selected strategic areas of Texas during 1995, has greatly decreased the risk of domestic animals and humans becoming infected with the rabies virus via these wildlife species.

Rabies continues to be enzootic in skunks in Texas. The number and percentage of skunks that are positive for rabies varies cyclically. Field studies have been conducted on oral rabies vaccination efforts for skunks.

Rabies is also enzootic in bats in Texas. In the United States, the vast majority of recent human rabies cases have been identified as being due to a bat variant of rabies virus, often with the victim not remembering or disclosing an animal bite of any kind. This has resulted in a more liberal interpretation of rabies exposure by this mammal:

"...in situations in which a bat is physically present and the person(s) cannot reasonably exclude the possibility of a bite exposure, post exposure prophylaxis should be given unless prompt capture and testing of the bat has excluded rabies virus infection." (MMWR 1996; 45:209)

### **RABIES BIOLOGICALS**

There are two types of rabies immunizing products for use in humans: 1) vaccines that induce an active immune response, which requires about 7-10 days to develop but may persist for as long as a year or more; and 2) immune globulins that provide rapid passive immune protection for a short period of time (half-life of approximately 21 days). Both types of products should be used concurrently for PEP in those persons who have never received prior vaccination against rabies.

#### **Vaccines for Use in Texas**

This section contains some pertinent information on some of the rabies biologicals that may be available in Texas. The package insert should be consulted before the use of any of these products.

#### **HDCV**

Human diploid-cell vaccine (HDCV): HDCV is prepared using a rabies virus grown in human diploid cell culture, which is then inactivated. Vaccine is supplied as 1 ml, single-dose vials of freeze-dried vaccine with accompanying diluent for intramuscular (IM) injection for pre- and postexposure administration. It must be used immediately after reconstitution.

#### **PCECV**

Purified chick embryo cell vaccine (PCECV): PCECV contains a freeze-dried inactivated rabies virus grown on cultures of chicken fibroblasts. This vaccine is licensed in the United States for IM use in both pre- and postexposure immunization. The schedules and dosage for PCECV vaccine are the same as for HDCV.

#### **HRIG**

Human rabies immune globulin (HRIG): HRIG is concentrated rabies antibodies collected from the plasma of immunized human donors. Two different concentrations of HRIG are available in products approved for the United States: 150 IU/ml and 300 IU/ml. Calculate the dosage carefully based on the patient's current body weight and the concentration of the specific product used.

#### **RATIONALE OF TREATMENT**

The physician must evaluate each possible rabies exposure. Local or state public health officials should be consulted if questions arise about the need for prophylaxis. Additionally, a helpful guide entitled *Human Rabies Postexposure Prophylaxis (PEP) in Texas – Guide* (Table 1) can be found in the RABIES POSTEXPOSURE PROPHYLAXIS (PEP) FOR HUMANS section of this manual.

# **MANAGEMENT OF BITING ANIMALS**

Per state law, all animal bites to a human must be reported to the local rabies control authority (LRCA), which may be animal control, the sheriff, or another local authority. A healthy dog, cat, or domestic ferret that has bitten a person or otherwise potentially exposed a person to rabies must be quarantined in a licensed facility or a veterinary clinic (under specific conditions defined in law, home confinement may be allowed by the LRCA) and observed for 10 days from the time of the exposure (the alternative to quarantine or home confinement is the euthanasia and testing of the animal for rabies). Any illness in the animal should be reported immediately to the LRCA. If signs suggestive of rabies develop, the animal should be euthanized in a manner that does not damage the brain, its head removed by a qualified person wearing personal protective equipment, and a suitable specimen shipped at 32 to 45 degrees Fahrenheit to a DSHS-designated laboratory. An unowned dog, cat, or domestic ferret that potentially exposes a person to rabies may be euthanized and its head submitted for testing.

Any free-roaming high-risk animal\* that potentially exposes a person to rabies must be euthanized at once (without damage to the head) and the brain submitted for examination for rabies. A low-risk animal does not need to be quarantined or tested unless the LRCA has cause to believe it may be rabid and has the animal tested. (Refer to Table 1. for a list of high- and low-risk animals.) If the brain is negative by fluorescent-antibody examination for rabies, the saliva can be assumed to contain no virus and the exposed person need not be treated. Exotic animals, such as lions, tigers, or monkeys, that have been kept in captivity for extended periods of time are unlikely to be infected with rabies; they can be confined and observed for thirty days rather than euthanized and tested for rabies. Livestock can also be confined and observed for 30 days in lieu of testing.

\* Refer to Texas Administrative Code, Sections 169.27(e) and (h) or consult with the LRCA for your area pertaining to exemptions to mandatory euthanasia for certain high-risk animals that meet captivity parameters as specified in state law: http://texreg.sos.state.tx.us/public/readtac\$ext.ViewTAC?tac\_view=5&ti=25&pt=1&ch=169&sch=A&rl=Y

# COLLECTION AND SUBMISSION OF ANIMAL SPECIMENS FOR RABIES TESTING AT THE DSHS LABORATORY IN AUSTIN

When packing specimens for rabies diagnosis, some basic information, as mandated in Texas Administrative Code (TAC), Section 169.33, is provided below (explanatory notes to convey critical updates have been inserted that aren't part of the actual TAC). For details on packing, labeling, shipping, and Code of Federal Regulations requirements, plus laboratory hours and standard procedures, please refer to the website of the DSHS Laboratory Services Section at <a href="http://www.dshs.state.tx.us/lab/rab">http://www.dshs.state.tx.us/lab/rab</a> <a href="prep-ship.shtm">prep-ship.shtm</a>

- Damage to the brain by shooting or other trauma shall be avoided.
- The head of the suspect animal shall be separated from the body by a qualified person wearing personal protective equipment as soon as possible after the death of the animal. Only the head shall be submitted with the exception that whole bats and small rodents may be submitted. If only the brain is submitted rather than the entire head, the minimum tissue requirements for rabies testing are a complete transverse cross section of the brain stem and tissue from one of the following: cerebellum and/or hippocampus Submissions that do not meet these tissue requirements will be considered unsatisfactory due to a lack of sufficient material. (Note: live specimens will not be

accepted, which has been an issue with bats in the past. The rabies laboratory has no means in place to euthanize animals. Therefore, with whole-animal specimens (bat or small rodent), submitters need to confirm that the animal is deceased before submitting it. Placing bats in the refrigerator is not a viable option for euthanasia because they go into a state of torpor to save energy when it's cold and don't necessarily die. Additionally, due to biohazard safety guidelines, the laboratory is unable to return carcasses to submitters.)

- The specimen shall be immediately chilled to between 32 degrees Fahrenheit and 45 degrees Fahrenheit either in a refrigerator or by packing for shipping with sufficient amounts of refrigerants in the container; the specimen should not be frozen. When shipping, sufficient refrigerant shall be added so the specimen will remain chilled for a minimum of 48 hours. Do not use dry ice. Gel packs or similar refrigerants are recommended. Ice is not recommended.
- If specimens are shipped, containment in compliance with requirements in the Code of Federal Regulations (CFR), Title 49, shall be used for packing. Packing methods shall prevent leakage and provide for proper identification (such as an identification number) of the specimen.
- A completed DSHS Form G-9, Rabies Submission Form, which is available at the department's Laboratory Services Section, Department of State Health Services, 1100 West 49th Street, Austin, Texas 78756 (Note: or at <a href="http://www.dshs.state.tx.us/lab/rab">http://www.dshs.state.tx.us/lab/rab</a> testing.shtm), is required for each specimen submitted to the department's Laboratory Services Section. Each form must contain the same identification information provided with the specimen. Submission form(s) shall be contained in a water-proof bag.
  - Labeling on the outside of the shipping container shall be legible and include:
    - 1. name, address, and telephone number of the laboratory;
    - 2. name, return address, and telephone number of the shipper;
    - 3. language in compliance with requirements in the CFR, Title 49, pertaining to the shipment of infectious substances for diagnostic purposes; and
    - 4. the following information: "RABIES IDENTIFICATION TEAM, LABORATORY SERVICES SECTION REFRIGERATE ON ARRIVAL."
  - The following procedures are required for shipment:
- 1. shipment shall be by a reliable carrier; the Austin laboratory no longer receives rabies specimens via bus services and the department does not recommend the United States Postal Service. If an overnight carrier is used, ship the specimen such that it will arrive by Friday or delay shipment until Monday. Do not ship via overnight carrier on Friday or the day before a holiday. These services do not deliver to the department on the weekend or on holidays (Note: this section has been paraphrased from the TAC to convey a critical change in bus service);
  - 2. a shipping receipt will be obtained and retained by the shipper;
  - 3. at the time of the shipment, the shipper shall notify laboratory personnel of the shipment via telephone or laboratory-approved electronic format; and
  - 4. the shipper shall provide the return postage (in the form of stamps, not money) if return of the shipping container is desired.

#### LIST OF DSHS-DESIGNATED LABORATORIES

Contact information is provided to allow submitters to check with a specific laboratory for information on submission and testing procedures, plus any possible charges for testing, prior to submitting the specimen.

Austin - Laboratory Services Section, Department of State Health Services, 1100 West 49th Street, Austin, Texas 78756. Telephone the rabies hotline at 1-800-252-8163 for shipment notification. For all other inquiries call the rabies laboratory at: (512) 776-7595.

Email: Nachea.Qualls@dshs.texas.gov

Website: http://www.dshs.state.tx.us/lab/rab\_prep-ship.shtm

Hours: 8am to 5pm Monday-Friday; no specimens received on federal holidays

The Austin laboratory no longer receives rabies specimens via bus services as of May 15, 2022.

Houston Health Department Bureau of Laboratory Services, 2250 Holcombe Blvd, Houston, Texas 77030.

Telephone: 832-393-3917

Email: Cynthia.Turner@houstontx.gov

Website: http://www.houstontx.gov/health/Lab/rabies.html

Hours: 8am-5pm, Monday-Friday; closed on City of Houston observed holidays

San Antonio Metro Health Laboratory, 2303 SE Military Dr, Bldg 533

Rm 1110, San Antonio, TX 78223

Telephone: (210) 207-8820 or (210) 207-8787, or 210-207-8747

Email: ralph.pruett@sanantonio.gov, mark.wade@sanantonio.gov or mireya.huizar@sanantonio.gov,

claudia.garcia@sanantonio.gov

Website: <a href="http://www.sanantonio.gov/Health/HealthServices/LabServices">http://www.sanantonio.gov/Health/HealthServices/LabServices</a>

Hours: 7:45am- 4:30pm Monday-Friday

City of El Paso Department of Public Health Laboratory

9566 Railroad Drive El Paso, TX 79924

Telephone: (915) 212-0438/Fax: (915) 212-0439

Email: GaribayAX@elpasotexas.gov GonzalezIG@elpasotexas.gov

Website: <a href="http://www.elpasotexas.gov/public-health">http://www.elpasotexas.gov/public-health</a>

Hours: 8am-5pm, Monday-Friday; closed on City of El Paso observed holidays

#### MANAGEMENT OF DOMESTIC ANIMALS EXPOSED TO RABID ANIMALS

ANY DOMESTIC ANIMAL THAT IS BITTEN BY, DIRECTLY EXPOSED BY PHYSICAL CONTACT WITH, OR DIRECTLY EXPOSED TO FRESH TISSUES OF A RABID ANIMAL IS REGARDED AS HAVING BEEN EXPOSED TO RABIES.

(The following paragraphs paraphrase portions of the Texas Administrative Code, Sections 169.21 – 169.34, Rabies Control and Eradication).

An animal should be considered not currently vaccinated if documentation of vaccination within the appropriate timeframe is not available or if the initial immunization was given less than 30 days previously.

Not currently vaccinated domestic animals considered to have been exposed to rabies must be euthanized or vaccinated against rabies immediately, placed in confinement for 90 days, and given booster vaccinations during the third and eighth weeks of isolation. For young animals, additional vaccinations may be necessary to ensure that the animal receives at least two doses at or after the age prescribed by the USDA for the vaccine administered.

Currently vaccinated domestic animals considered to have been exposed to rabies must be euthanized **or** vaccinated immediately and placed in confinement for 45 days.

These periods of confinement for domestic animals possibly exposed to the rabies virus should not be confused with the 10-day observation period for a dog, cat, or domestic ferret that has potentially exposed a human to rabies as described in the **RABIES POSTEXPOSURE PROPHYLAXIS (PEP) FOR HUMANS** section. A dog, cat, or domestic ferret exposed to a rabid animal may develop rabies long after the exposure since the incubation period for rabies can be days to years; the average incubation, though, is typically described as 3 to 8 weeks or 3 weeks to 3 months depending on the reference. A prolonged confinement is necessary to exclude the possibility of subsequent development of rabies in a dog, cat, or domestic ferret exposed to a rabid animal.

The above recommendations apply only to animals for which there is a USDA-licensed vaccine. For all other animals, refer to the latest edition of the publication titled *The Compendium of Animal Rabies Prevention and Control* by the National Association of State Health Veterinarians. No licensed vaccine is currently available for wild animals or hybrids of wild and domestic animals. The administration of a rabies vaccine in a species for which no licensed vaccine is available is at the discretion of the veterinarian; however, an animal receiving a rabies vaccine under these conditions will not be considered vaccinated against rabies virus in potential rabies exposure situations.

# **RABIES POSTEXPOSURE PROPHYLAXIS (PEP) FOR HUMANS**

The essential components of animal bite wound management are prompt, thorough cleansing of wounds and immunization, including administration, in most instances, of both rabies immune globulin and vaccine.

# **Cleansing of Wounds**

Wound cleansing cannot be overemphasized. Immediate and thorough washing of all bite wounds and scratches with soap and water (and an iodine-based antiseptic, if available and the person is not allergic) is a critical measure for preventing rabies. In experimental animals, simple local wound cleansing has been shown to markedly reduce the likelihood of rabies. Tetanus vaccination and measures to control bacterial infection should be provided as indicated.

#### **Decision to Provide PEP**

The decision to treat or not to treat must be based on all available information about the circumstances surrounding the exposure incident. The *Human Rabies Postexposure Prophylaxis (PEP) in Texas - Guide* (Table 1) found in this section is helpful in evaluating a possible rabies exposure and determining whether PEP is needed.

For animals that are not free-roaming high-risk animals and are not exhibiting signs of rabies at the time of the exposure, it is typically acceptable to delay decisions about PEP for a reasonable risk-weighted period, determined through consult and risk assessment with a public health professional, to allow the designated local authority (for example, the LRCA, animal control, or sheriff) time to locate the animal for quarantine/confinement or testing.

A 10-day observation period from the time of the bite is necessary for a dog, cat, or domestic ferret that has bitten or otherwise potentially exposed a person to rabies; the animal is placed in quarantine (or home confinement, if applicable and approved by the LRCA) until the end of this period. In dogs, cats, and domestic ferrets, clinical signs of rabies develop within 10 days (usually less) of starting to shed virus in the saliva. Therefore, if a dog, cat or

domestic ferret is alive and clinically normal after a 10-day observation period following a bite, the animal could not have exposed the bite victim to the rabies virus at the time of that specific bite incident and PEP is not warranted.

Local or state health departments may be consulted to clarify the guide and to provide information concerning the prevalence of animal rabies in the geographic locale where the possible exposure occurred. Information on the number of cases of laboratory-confirmed rabies in Texas by county and species of animal is available at: https://dshs.texas.gov/IDCU/disease/rabies/cases/statistics.aspx

#### **PEP Regimen**

The PEP should include administration of both rabies immune globulin (HRIG) and vaccine (such as HDCV or PCECV). An exception is made for exposed persons who have been previously immunized with the recommended pre- or postexposure regimens of HDCV or PCECV (or who have been immunized with other types of rabies vaccines and have documented rabies antibody production). In these cases, HRIG should not be given and a dose of vaccine should be given on day 0 and day 3 (Table 2).

The combination of rabies immune globulin and rabies vaccine is recommended for both bite exposures and nonbite exposures, regardless of the interval between exposure and treatment. The sooner treatment is begun after exposure, the better the chance of effectiveness. In most cases, it is acceptable to withhold PEP for up to 72 hours while awaiting rabies test results or making efforts to locate the biting animal for testing or quarantine/observation; however, if the animal was displaying clinical signs of rabies, the exposed individual should begin treatment without awaiting test results (treatment can be discontinued if test results are negative). If there was a delay in recognizing a rabies exposure, treatment should be started even if months have lapsed since that exposure. The incubation period of rabies in humans can be days to years, but it is typically described as 3 to 8 weeks or 3 weeks to 3 months depending on the reference. The incubation period can vary due to factors such as: the age and immune status of the host; quantity of rabies virus inoculated; type and depth of the bite wound; how long the virus replicates in the host tissues; distance of the bite site from the central nervous system (CNS); and time it takes for the virus to travel from the peripheral nerves to the CNS.

# Table 1. Human Rabies Postexposure Prophylaxis (PEP) in Texas – Guide

These guidelines can help determine if PEP is needed after a potential rabies exposure. Consultation with a public health professional to assess the rabies risk is generally recommended prior to making decisions about the need for PEP. An exposure is defined as 1) an animal bite (or scratch) that breaks the skin or 2) exposure of broken skin (bled or had serous drainage within the past 24 hours) or mucous membranes to saliva, neural tissue, or tears. Stool, blood, urine, and skunk spray do not contain rabies virus. Note: per state law, all animal bites to humans must be reported to the local rabies control

authority (LRCA), which may be animal control, the sheriff, or another designated local authority.

Risk Category of	Animal	Quarantine with	Laboratory Lesting		Human
Exposing Animal	Availability	Observation			PEP Recommendation <sup>1</sup>
		Not required	Tastina is not no suined	Positive	Administer PEP.
<b>Low</b> (Rabbits, opossums, armadillos, shrews, and	Available		Testing is not required unless the LRCA or physician has cause to believe that the animal is rabid.	Non-negative <sup>3</sup>	PEP may be indicated. Consult public health professional for rabies risk assessment.
rodents, such as mice, rats, squirrels, gophers,			difficient is rabia.	Negative	PEP not indicated.
prairie dogs, nutria, and beavers <sup>2</sup> )	Not available	N/A	N/A	N/A	PEP may be indicated. Consult public health professional for rabies risk assessment.
High⁴	Available	Not allowed for free- roaming animals <sup>4</sup>	Test animal (Consult with LRCA if the	Positive or non-negative <sup>3</sup>	Administer PEP.
(Bats <sup>5</sup> , coyotes, foxes, raccoons, and skunks or type of biting animal is unknown)	/ trailable		animal is not defined as free- roaming.)	Negative	PEP not indicated.
	Not available	N/A	N/A	N/A	Administer PEP.
Dog, Cat, Domestic Ferret <sup>6</sup>	Available confiner of a 10-	Quarantine or home confinement <sup>7</sup> until the end of a 10-day observation is	signs of rabies or dies during the 10-day observation period.	Positive	Administer PEP.
				Non negative	PEP may be indicated. Consult public health professional for rabies risk assessment.
		allowed if animal is not exhibiting signs of rabies.		Negative (or animal successfully completes quarantine or home confinement)	PEP not indicated.
	Not available	N/A	N/A	N/A	PEP may be indicated. Consult public health professional for rabies risk assessment.
All Other Mammals	Confinement until the end of a 30-day observation period <sup>8</sup> is allowed if animal is not exhibiting signs of rabies.		Test animal if it is exhibiting signs of rabies at the time of the exposure or if it develops signs of rabies or dies during	Positive	Administer PEP.
		of a 30-day observation		Non-negative <sup>3</sup>	PEP may be indicated. Consult public health professional for rabies risk assessment.
		the 30-day observation period.	Negative (or animal successfully completes confinement)	PEP not indicated.	
	Not available	N/A	N/A	N/A	PEP may be indicated. Consult public health professional for rabies risk assessment.

Table footnotes on next page

- 1. For animals that are not free-roaming high-risk animals and are not exhibiting clinical signs of rabies at the time of the potential exposure, it is typically acceptable to delay decisions about PEP for a reasonable risk-weighted period, determined through consult with a public health professional, to allow the designated local authority, such as the LRCA, animal control, or sheriff, time to locate the animal for quarantine/confinement or testing.
- 2. Larger types of rodents (for example, beavers) may pose more of a rabies risk than small rodents.
- 3. "Non-negative" includes all specimens not suitable for testing (destroyed, decomposed, etc.).
- 4. Refer to Texas Administrative Code, Sections 169.27(e) and (h) or consult with the LRCA pertaining to exemptions to mandatory euthanasia and testing for certain high-risk animals that meet captivity parameters as specified in state law, in which case a 30-day observation period may be applicable in lieu of euthanasia and testing:

https://texreg.sos.state.tx.us/public/readtac\$ext.TacPage?sl=R&app=9&p\_dir=&p\_rloc=&p\_ploc=&p\_ploc=&pg=1&p\_tac=&ti=25&pt=1&ch=16
9&rl=27

- 5. In incidents involving bats, PEP may be appropriate even in the absence of demonstrable bite, scratch, or mucous membrane exposure in situations in which there is reasonable probability that such exposure may have occurred (e.g., sleeping individual awakes to find a bat in the room, a person witnesses a bat in the room with a previously unattended child, mentally challenged person, or intoxicated individual, etc.).
- 6. The decision of whether a dog, cat, or domestic ferret should be quarantined or euthanized and tested rests with the LRCA.
- 7. The LRCA may allow home confinement if parameters specified in the Texas Administrative Code, Section 169.27(a) have been met: <a href="https://texreg.sos.state.tx.us/public/readtac\$ext.TacPage?sl=R&app=9&p\_dir=&p\_rloc=&p\_tloc=&p\_ploc=&pg=1&p\_tac=&ti=25&pt=1&ch=169&rl=27">https://texreg.sos.state.tx.us/public/readtac\$ext.TacPage?sl=R&app=9&p\_dir=&p\_rloc=&p\_tloc=&p\_ploc=&pg=1&p\_tac=&ti=25&pt=1&ch=169&pt=160&pt
- 8. The LRCA may authorize a 30-day observation period in lieu of testing.

# Table 2. Rabies postexposure prophylaxis (PEP) schedule, United States

From Centers for Disease Control and Prevention. *Use of a Reduced (4-Dose) Vaccine Schedule for Postexposure Prophylaxis to Prevent Human Rabies: Recommendations of the Advisory Committee on Immunization Practices (ACIP). MMWR* 2010;59 (No. RR-2): 6. http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5902a1.htm

Vaccination Status	Intervention	Regimen*
Not previously vaccinated	Wound cleansing	All PEP should begin with immediate thorough cleansing of all wounds with soap and water. If available, a virucidal agent (e.g., povidone-iodine solution) should be used to irrigate the wounds.
	Human rabies immune globulin (HRIG)	Administer 20 IU/kg body weight. If anatomically feasible, the full dose should be infiltrated around and into the wound(s), and any remaining volume should be administered at an anatomical site (intramuscular [IM]) distant from vaccine administration. Also, HRIG should not be administered in the same syringe as vaccine. Because HRIG might partially suppress active production of rabies virus antibody, no more than the recommended dose should be administered.
	Vaccine	Human diploid cell vaccine (HDCV) or purified chick embryo cell vaccine (PCECV) 1.0 mL, IM (deltoid area $^{\dagger}$ ), 1 each on days 0, $^{\$}$ 3, 7 and 14. $^{\P}$
Previously vaccinated**	Wound cleansing	All PEP should begin with immediate thorough cleansing of all wounds with soap and water. If available, a virucidal agent such as povidone-iodine solution should be used to irrigate the wounds.
	HRIG	HRIG should not be administered.
	Vaccine	HDCV or PCECV 1.0 mL, IM (deltoid area $^{\dagger}$ ), 1 each on days 0 $^{\S}$ and 3.

<sup>\*</sup> These regimens are applicable for persons in all age groups, including children.

<sup>&</sup>lt;sup>†</sup> The deltoid area is the only acceptable site of vaccination for adults and older children. For younger children, the outer aspect of the thigh may be used. Vaccine should never be administered in the gluteal area.

<sup>&</sup>lt;sup>§</sup> Day 0 is the day dose 1 of vaccine is administered.

<sup>&</sup>lt;sup>¶</sup> For persons with immunosuppression, rabies PEP should be administered using all 5 doses of vaccine on days 0, 3, 7, 14, and 28.

<sup>\*\*</sup> Any person with a history of pre-exposure vaccination with HDCV, PCECV, or rabies vaccine adsorbed (RVA); prior PEP with HDCV, PCECV or RVA; or previous vaccination with any other type of rabies vaccine and a documented history of antibody response to the prior vaccination.

For <u>immunocompetent</u> patients, four 1.0 ml doses of HDCV or PCECV should be given intramuscularly (in the deltoid region) in adults or the anterolateral thigh in infants. Although it is recommended that the same product be used for all doses, there is no evidence of a decrease in effectiveness should a different product need to be used to complete a treatment regimen. The first dose should be given **as soon as possible after exposure**; the first day of administration is considered to be day "0." Additional doses should be given on days 3, 7, and 14 after the first dose. The spacing between doses represents the minimum interval to produce an effective antibody level as quickly as possible. The intervals should not be shortened or lengthened. If weekends or holidays preclude adhering to the schedule, lengthen an interval, but do not shorten it; it is important to obtain the first three injections within the first 14 days, but without reducing the stated interval between injections. Antibody response following the recommended vaccination regimen has been uniformly satisfactory; therefore, routine postvaccination serologic testing is not recommended by, nor available from, the DSHS.

For <u>immunocompromised</u> patients, five 1.0 ml doses of HDCV or PCECV should be given intramuscularly (in the deltoid region) in adults or the anterolateral thigh in infants on days 0, 3, 7, 14, and 28.

Every attempt should be made to adhere to the recommended vaccination schedules. Once vaccination is initiated, delays of a few days for individual doses are unimportant, but the effect of longer lapses of weeks or more is unknown. Most interruptions in the vaccine schedule do not require reinitiation of the entire series. For most minor deviations from the schedule, vaccination can be resumed as though the patient were on schedule. For example, if a patient misses the dose scheduled for day 7 and presents for vaccination on day 10, the day 7 dose should be administered that day and the schedule resumed, maintaining the same interval between doses. In this scenario, the remaining dose would be administered on day 17 (or days 17 and 31 for immunocompromised patients receiving a 5<sup>th</sup> dose).

The selection of sites for intramuscular injections appears to be critical for vaccine efficacy. Again, in adults and larger children, HDCV or PCECV should be given in the deltoid area. In infants and small children, the anterolateral thigh may be used. In the two laboratory- confirmed human cases of rabies following PEP with HDCV and HRIG within 24 hours, HDCV was administered in the gluteal area. Presumably, subcutaneous fat in the gluteal area may interfere with the immunogenicity of the vaccine.

The HRIG is administered only once, at the beginning of PEP, to provide passive immunity until the patient responds to the vaccine by active production of antibodies. Complete prophylaxis, including HRIG in a non-immunized person, should still be administered even if months have lapsed between the possible exposure and its recognition. If HRIG was not given when rabies vaccination was begun, it can be given up to the eighth day after the first dose of vaccine was given. From the eighth day (Day 7 of the formal treatment regimen) on, HRIG is not indicated because an antibody response to the vaccine is presumed to have occurred. For example, if the Day 0 rabies vaccine dose was given on March 10<sup>th</sup>, HRIG should not be given after March 17<sup>th</sup>.

The recommended dose of HRIG is 20 IU/kg of body weight. The dosage should be calculated carefully based on the patient's current body weight as two different formulations of HRIG are available in the US: 150 IU/ml and 300 IU/ml. The HRIG may partially suppress the active production of antibodies; therefore, no more than the recommended dose of HRIG should be given. As much as possible of the full dose of HRIG should be thoroughly infiltrated into and around the wound(s). Any remaining dosage of HRIG should be administered IM in the closest muscle mass of suitable size to accommodate the remaining volume, with the caveat that it should not be administered in the same syringe or in the same anatomic site as the first vaccine dose (subsequent doses of vaccine in the series—i.e. days 3, 7, and 14—can be administered in the same anatomic location in which HRIG was administered). The HRIG

should be injected into muscle, not adipose tissue. For this reason, it is recommended that HRIG not be injected into the gluteal area. If the gluteal area is used, particular care should be taken to assure IM injection. (Note: human immune globulin used to treat hepatitis cannot be substituted for HRIG.)

Additional guidelines on vaccine administration are in the ACIP General Recommendations on Immunization (http://www.cdc.gov/mmwr/preview/mmwrhtml/rr6002a1.htm).

For dealing with more significant deviations to the PEP regimen, contact the DSHS Zoonosis Control Branch (refer to contact information at the end of this document) or the Centers for Disease Control and Prevention (<a href="https://www.cdc.gov/vaccines/vpd/rabies/hcp/index.html">https://www.cdc.gov/vaccines/vpd/rabies/hcp/index.html</a>).

In unusual instances, such as when the patient is immunodeficient or immunosuppressed, serologic testing (Rapid Fluorescent Focus Inhibition Test - RFFIT) is indicated 2 to 4 weeks after completing the rabies postexposure vaccination series.

# These are laboratories that provide the rabies RFFIT:

Rabies Laboratory
Kansas State University
2005 Research Park Circle
Manhattan, KS 66502
Phone: 785-532-4483

Email: rabies@vet.k-state.edu

www.vet.ksu.edu/rabies

Atlanta Health Associates 309 Pirkle Ferry Rd. Suite D300 Cumming, GA 30040

Email: info@atlantahealth.net

www.atlantahealth.net

Phone: 800-717-5612

Maryland Department of Health

ATTENTION: ACCESSIONING RABIES/RFFIT TITER TESTING

1770 Ashland Ave. Baltimore, MD 21205 Phone: 443-681-3773

https://health.maryland.gov/laboratories/Pages/Rabies.aspx

#### TREATMENT OUTSIDE THE UNITED STATES

If PEP is begun outside the United States with locally produced biologicals, it may be desirable to provide additional treatment, including restarting PEP with products licensed for use in the US, when the patient reaches the US. For specific advice in such cases, contact the Regional Zoonosis Control office for your area (refer to the Zoonosis Control contact section at the end of this document). You may also refer to the World Health Organization (<a href="http://www.who.int/topics/rabies/en/">http://www.who.int/topics/rabies/en/</a>) or the Centers for Disease Control and Prevention (<a href="https://www.cdc.gov/vaccines/vpd/rabies/index.html">https://www.cdc.gov/vaccines/vpd/rabies/index.html</a>).

#### **PREEXPOSURE VACCINATION**

Preexposure vaccinations are given for several reasons. First, it may provide protection to people with inapparent exposures to rabies. Second, it may protect persons whose postexposure therapy might be delayed. This is of particular importance for persons at high risk of being exposed in countries where the rabies biologicals may be difficult to obtain. Also, although it does not eliminate the need for additional therapy after a rabies exposure, it simplifies postexposure therapy by eliminating the need for HRIG and decreasing the number of doses of rabies vaccine required. The guidelines for evaluating the risk categories for preexposure immunization and recommended schedules for vaccinations and titer checks are found in **Table 3**.

TABLE 3. Rabies preexposure prophylaxis recommendations — United States, 2022

Risk category	Nature of exposure			Recomme	endations	
		Typical population*	Relevant disease biogeography <sup>†</sup>	Primary PrEP§ immunogenicity	Long-term immunogenicity <sup>¶</sup>	
1. Elevated risk for unrecognized** and recognized <sup>††</sup> exposures including unusual or high-risk exposures	Exposure, often in high concentrations, might be recognized or unrecognized, might be unusual (e.g., aerosolized virus)	Persons working with live rabies virus in research or vaccine production facilities or performing testing for rabies in diagnostic laboratories	Laboratory	IM rabies vaccine on days 0 and 7	Check titers every 6 months; booster if titer <0.5 IU/mL <sup>§§</sup>	
2. Elevated risk for unrecognized** and recognized <sup>††</sup> exposures	Exposure typically recognized but could be unrecognized; unusual exposures unlikely	Persons who frequently 1) handle bats, 2) have contact with bats, 3) enter high-density bat environments, or 4) perform animal necropsies (e.g., biologists who frequently enter bat roosts or who collect suspected rabies samples)	All geographic regions where any rabies reservoir is present, both domestic and international	IM rabies vaccine on days 0 and 7	Check titers every 2 years; booster if titer <0.5 IU/mL <sup>§§</sup>	
3. Elevated risk for recognized <sup>††</sup> exposures, sustained risk <sup>¶¶</sup>	Exposure nearly always recognized; risk for recognized exposures higher than that for the general population and duration exceeds 3 years after the primary vaccination	Persons who interact with animals that could be rabid***; occupational or recreational activities that typically involve contact with animals include 1) veterinarians, technicians, animal control officers, and their students or trainees; 2) persons who handle wildlife reservoir species (e.g., wildlife biologists, rehabilitators, and trappers); and 3) spelunkers	All domestic and international geographic regions where any rabies reservoir is present	IM rabies vaccine on days 0 and 7	1) One-time titer check during years 1–3 after 2-dose primary series; booster if titer <0.5 IU/mL, §§ or 2) booster no sooner than day 21 and no later	
		Selected travelers. PrEP considerations include whether the travelers 1) will be performing occupational or recreational activities that increase risk for exposure to potentially rabid animals (particularly dogs) and 2) might have difficulty getting prompt access to safe PEP (e.g., rural part of a country or far from closest PEP clinic)	International geographic regions with rabies virus reservoirs, particularly where rabies virus is endemic in dog populations		than year 3 after 2-dose primary series <sup>†††</sup>	
4. Elevated risk for recognized *† exposures, risk not sustained **11	Exposure nearly always recognized; risk for exposure higher than for general population but expected to be time-limited (≤3 years from the 2-dose primary PrEP vaccination series)	Same as for risk category 3 (above), but risk duration ≤3 years (e.g., short-term volunteer providing hands-on animal care or infrequent traveler with no expected high-risk travel >3 years after PrEP administration)	Same as for risk category 3 (above)	IM rabies vaccine on days 0 and 7	None	
5. Low risk for exposure	Exposure uncommon	Typical person living in the United States	Not applicable	None	None	

Table footnotes on next page

Abbreviations: IM = intramuscular; IU = international units; PEP = postexposure prophylaxis; PrEP = preexposure prophylaxis.

- \* Nature of exposure and type of work performed are the most important variables to consider when determining a person's risk category. The examples provided are intended to be a guide, but ultimately categorizations should be done on a case-by-case basis with nature of exposure considered. Some persons might be categorized into a different risk group from those suggested by the provided examples. For example, most veterinarians are in risk category 3 because they are at risk for recognized exposures after direct contact with animals. However, a veterinary pathologist who often performs necropsies on mammals suspected to have had rabies might have risk for rabies virus exposure that is more consistent with risk category 2 than risk category 3; such persons should follow the recommendations for the risk category with which their activities best fit. Similarly, most spelunkers do not often enter high-density bat caves; those who do may follow the recommendations for risk category 2 rather than risk category 3. Persons involved in the diagnosis of rabies virus, but for whom the frequency of handling rabies virus—infected tissues is low, or the procedures performed do not involve contact with neural tissue or opening of a suspected rabid animal's calvarium could consider following the recommendations for risk category 2 rather than those for risk category 1.
- † Local or state health departments should be consulted for questions about local disease biogeography.
- § Primary immunogenicity refers to immunogenicity that peaks 2–4 weeks after completing the recommended primary vaccination schedule. Immunocompetent persons are expected to mount appropriate responses, and checking titers is not routinely recommended. Persons with primary or secondary immunodeficiency are advised to confirm, through laboratory testing, a rabies antibody titer ≥0.5 IU/mL ≥1 week after booster vaccination (but ideally, 2–4 weeks after completing the recommended schedule) and before participating in high-risk activities. Individual laboratories set facility-specific rules about whether acceptable antibody titers should be laboratory-confirmed for all personnel, regardless of whether personnel have altered immunity.
- ¶ Long-term immunogenicity refers to the ability to mount an anamnestic response to rabies virus >3 years after completion of the primary rabies vaccination series.
- \*\* Unrecognized exposures are those that recipients might not know occurred; for example, a small scratch during an inconspicuous personal protective equipment breach might not be noticed by persons testing neural tissue from a rabid animal or persons conducting ecologic studies on bats in the field
- <sup>††</sup> Recognized exposures are bites, scratches, and splashes that are usually registered by a person because the exposure is unusual (e.g., contact with a bat) or painful (e.g., bite or scratch from a raccoon).
- §§ When rabies antibody titers are <0.5 IU/mL, a booster vaccination should be provided. Antibody titers to verify booster response need not be checked after these boosters are administered to persons who are immunocompetent. For persons who are immunocompromised, the indicated antibody titer should be verified ≥1 week (ideally, 2–4 weeks) after administration of every booster vaccination.
- ¶¶ Sustained risk is elevated risk for rabies >3 years after the completion of the primary rabies PrEP vaccination schedule.
- \*\*\* Rabies virus is unlikely to persist outside a deceased animal's body for an extended time because of virus inactivation by desiccation, ultraviolet irradiation, and other factors. Risk from transmission to persons handling animal products (e.g., hunters and taxidermists) is unknown but presumed to be low (risk category 5); direct skin contact with saliva and neural tissue of mammals should be avoided regardless of profession.
- ††† Checking titers after recommended booster doses is not indicated unless the recipient has altered immunity.

Bolded language in the Table 3 footnotes has been modified to better align with text in the associated MMWR article cited below.

Table 3 and footnotes from:

Centers for Disease Control and Prevention. Use of a Modified Preexposure Prophylaxis Vaccination Schedule to Prevent Human Rabies: Recommendations of the Advisory Committee on Immunization Practices — United States, 2022. MMWR. 2022;71(18):619-627.

Again, preexposure vaccinations do not eliminate the need for prompt PEP following an exposure; it only reduces the extent of the postexposure regimen.

#### **Vaccination Schedule**

For preexposure immunization, two 1.0 ml injections of HDCV or PCECV should be given intramuscularly (IM) in the deltoid area, one each on days 0 and 7 (the first day of administration is considered to be day "0") (**Table 3 and Table 4**). Recommended booster or serology schedules based on exposure risk categories are provided in **Table 3**. The addresses and phone numbers of laboratories offering rabies serologic testing can be found in the **RABIES POSTEXPOSURE PROPHYLAXIS (PEP) FOR HUMANS** section.

If possible, immunosuppressed patients should postpone rabies preexposure prophylaxis until the immunocompromising condition is resolved. When postponement is not possible, immunosuppressed persons who are at risk for rabies should have their virus-neutralizing antibody responses checked 2 to 4 weeks after completing the 2-dose preexposure series and all booster doses.

#### **Postexposure Therapy of Previously Immunized Persons**

When an immunized person who was vaccinated according to the recommended preexposure or postexposure regimen with HDCV or PCECV, or who has previously demonstrated rabies antibody, is exposed to rabies, that person should receive two IM doses (1.0 ml each) of HDCV or PCECV, one each

on days 0 and 3 (**Table 2**). The HRIG should **not** be given in these cases. If the immune status of a previously vaccinated person who did not receive the recommended HDCV or PCECV regimen is not known, full primary PEP (HRIG plus five doses of HDCV or PCECV) may be necessary.

Table 4. Rabies preexposure vaccination schedule

Type of vaccination	Route	Regimen
Primary	IM	HDCV or PCECV, 1.0 ml (deltoid area), one each on days 0 and 7
Booster*	IM	HDCV or PCECV, 1.0 ml (deltoid area); booster may not be indicated depending on recommendation for risk category (refer to Table 3 for details)

<sup>\*</sup> Administration of a booster dose of vaccine depends on exposure risk category and serologic testing results as noted in Table 3.

HDCV or PCECV can be used for PEP or booster vaccinations even if another vaccine was used for the initial preexposure vaccination.

#### **ADVERSE REACTIONS**

Serious adverse reactions associated with rabies vaccines include systemic, anaphylactic, and neuroparalytic reactions. Serious adverse reactions occur at lower rates with the rabies vaccines currently used in the US than with those used previously.

#### **HDCV**

Local and systemic reactions may occur with the use of HDCV. In a study using five doses of HDCV, local reactions, such as pain, erythema, and swelling or itching at the injection site, were reported in about 25% of recipients. Mild systemic reactions, such as headache, nausea, abdominal pain, muscle aches, and dizziness, were reported in about 20% of recipients.

Up to 6% of persons receiving booster doses of HDCV may experience "immune complex-like" reactions (type III IgG mediated hypersensitivity reactions). The illness, characterized by onset 2-21 days post-vaccination, presents with generalized urticaria and may also include arthralgia, arthritis, angioedema, nausea, vomiting, fever, and malaise. No life-threatening cases of "immune complex-like" illness have been reported. This phenomenon rarely occurs with primary immunization with HDCV. The origin of these "immune complex-like" reactions has been attributed to sensitization to the beta-propiolactone-treated human serum albumin present in HDCV.

Those persons with a history of "immune complex-like" illness following HDCV and who must receive rabies vaccine boosters may be candidates for other rabies vaccines which do not have beta-propiolactone bound to human serum albumin. If this is not possible and HDCV must be given, the guidelines in the **Management of Adverse Reactions** section should be followed.

#### **PCECV**

As with HDCV, local reactions such as swelling, induration, and reddening have been associated with the administration of PCECV. Systemic allergic reactions are also possible and have been reported.

#### **HRIG**

Local pain and low-grade fever may follow receipt of HRIG. Although not reported specifically for HRIG, angioneurotic edema, nephrotic syndrome, and anaphylaxis have been reported after injection of other types of immune globulin (IG). These reactions occur so rarely that a causal relationship between IG and these reactions is not clear.

# **Management of Adverse Reactions**

Once initiated, PEP should not be interrupted or discontinued because of local or mild systemic adverse reactions to rabies vaccine. Usually such reactions can be successfully managed with anti-inflammatory and antipyretic agents.

When a person with a history of hypersensitivity must be given rabies vaccine, antihistamines may be given. Epinephrine should be readily available to counteract anaphylactic reactions, and the person should be observed for 15 minutes after vaccination.

Serious systemic anaphylactic or neuroparalytic reactions occurring during the administration of rabies vaccine pose a serious dilemma for the attending physician. A patient's risk of developing rabies must be carefully considered before deciding to discontinue vaccination. Moreover, the use of corticosteroids to treat life-threatening neuroparalytic reactions carries the risk of inhibiting the development of active immunity to rabies. It is especially important in these cases that the serum of the patient be tested for rabies antibodies after completion of the PEP course. Advice and assistance on the management of serious adverse reactions in persons receiving rabies vaccines may be sought from the DSHS Emerging and Acute Infectious Disease Unit (512-776-7455 or 512-776-7676).

All adverse events or reactions to a rabies vaccine should be reported to the Vaccine Adverse Event Reporting System (VAERS); additional information and forms can be obtained at <a href="http://vaers.hhs.gov/">http://vaers.hhs.gov/</a>.

# **PRECAUTIONS AND CONTRAINDICATIONS**

## **Immunosuppression**

Corticosteroids, other immunosuppressive agents, and immunosuppressive illnesses (such as HIV infection and cancer) can interfere with the development of active immunity and predispose the patient to developing rabies. Immunosuppressive agents should not be administered during PEP, unless essential for the treatment of other conditions. When PEP is administered to persons receiving corticosteroids or other immunosuppressive therapy, or to persons having an immunosuppressive illness, it is especially important that the person receive a 5<sup>th</sup> dose of vaccine on day 28 (if the person is not previously immunized) and that serum be tested for rabies antibody to ensure that an adequate response has developed. Information on the laboratories that offer rabies serologic testing is found in the RABIES POSTEXPOSURE PROPHYLAXIS (PEP) FOR HUMANS section.

#### **Pregnancy**

Fetal abnormalities have not been associated with rabies vaccination. Due to the consequences of an inadequately treated rabies exposure, pregnancy is not considered a contraindication to PEP. If a substantial unavoidable risk of exposure to rabies exists, preexposure prophylaxis may also be indicated during pregnancy.

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# **DISTRIBUTION POINTS FOR HUMAN RABIES BIOLOGICALS**

Note: If seeking rabies biologicals, please contact the distribution points BEFORE sending anybody directly to the office listed.

#### **PUBLIC HEALTH REGION 1**

Regional Office - Lubbock

6302 Iola Avenue

Lubbock, Texas 79424

Phone: (806) 783-6422 or (806) 744-3577

Fax: (806) 783-6466

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Contact: Karen McDonald, MS

Regional Veterinarian – Cherissa Abdul Hamid, DVM, MPH - 806-783-6482

Regional Office - Amarillo 3407 Pony Express Way Amarillo, Texas 79118 Phone: (806) 477-1104

Fax: (806) 373-4758

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Contact: Tonya Finch

Regional Veterinarian – Cherissa Abdul Hamid, DVM, MPH - 806-783-6482

#### **PUBLIC HEALTH REGION 2/3**

Regional Office, Public Health Region 3 Chase Bank Building, Second Floor, Ste 200 1301 South Bowen Road Arlington, Texas 76013

Hours: 8:00 am - 5:00 pm Monday-Friday

Contact: Shannon Medrano

Email: Shannon.Medrano@dshs.texas.gov

Phone: (817) 264-4920 After Hours: (817) 825-9230

Fax: (817) 264-4925

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4601 South 1st Street, Suite L

Abilene, Texas 79605

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Contact: Nicholas Ferguson

Email: Nicholas.Ferguson@dshs.texas.gov

Phone: (325) 795-5857 After hours: (325) 261-2684

Fax: (325) 795-5891

Collin County Healthcare Services

825 N. McDonald, Ste. 130 McKinney, Texas 75069

Hours: 8:00 a.m. - 11:00 a.m. and 1:00 p.m. - 4:00 p.m. Monday - Friday

Contact: Susana Ramos

Email: <a href="mailto:sramos@co.collin.tx.us">sramos@co.collin.tx.us</a>

Phone: 972-548-4705

Phone: 972-548-4707 (Best Option)

After Hours: (972) 547-5350

Fax: (972) 548-4436

**Denton County Health Department** 

535 S. Loop 288

Denton, Texas 76205

Hours: 8:00 a.m. – 4:30 p.m. Monday – Friday (closed 12:00 – 1:00 p.m.) Contact: Berenice Vargas & (all Epis are available and trained in Rabies)

Email: berenice.varga@dentoncounty.gov

Phone: (940-349-2923) Fax: (940) 349-5078

Abilene Taylor Public Health District

850 N Sixth St Abilene, Tx 79601

Hours: 8:00-5:00 Monday - Friday

Contact: Socorro Revilla or Brandie Walsh (Back up)

Email: socorro.revilla@abilenetx.gov or brandie.walsh@abilenetx.gov

Phone: (325) 660-6470 Socorro or (325) 692-5600 Brandie

Fax: (325) 734-5370

Brownwood-Brown County Health Department

510 East Lee

Brownwood, Texas 76801

Hours: 8:00 a.m. - 4:30 p.m. Monday - Friday (closed 12:00 - 1:00 p.m.)

Contact: Kori Leach, LVN

Email: KLeach@brownwoodtexas.gov

Phone: (325) 646-0554 Fax: (325) 643-3591

Wichita Falls – Wichita County Public Health District

1700 Third Street

Wichita Falls, Texas 76301

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Contact: Amanda Anderson, RN

Email: amanda.anderson@wichitafallstx.gov

Phone: (940) 761-7877 Fax: (940) 761-7885 Grayson - County Health Department

515 N. Walnut Street Sherman, Texas 75090

Hours: 8:00 a.m. - 4:30 p.m. Monday - Friday (closed 12:00 p.m. - 1:00 p.m.)

Contact: Jeff Lillis

Phone: (903) 893-0131 X 1339 Email: lillisj@co.grayson.tx.us

Contact: Reta Cooksey

Phone: (903) 893-0131 X 1233

Email: www.cookseyr@co.grayson.tx.us

Contact: Ali Farmer

Phone: (Office) (903) 893-0131 X 1236 (Cell) 903-821-9887

Email: farmera@co.grayson.tx.us

Phone: (903) 893-0131 Fax: (903) 870-2023

# **PUBLIC HEALTH REGION 4/5N**

**Regional Office** 

2521 West Front Street Tyler, Texas 75702

Phone: (903) 533-5212 Fax: (903) 533-9502

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday (Consultations only. No Human Rabies Biologicals stocked or

distributed.)

Contact: Alexandro Chavira (903) 533-5212

#### **PUBLIC HEALTH REGION 6/5S**

**Regional Office** 

5425 Polk Ave, Suite J Houston, Texas 77023 Phone: (713) 767-3300 Fax: (713) 767-3193

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday Contact: Zoonosis Control (713) 767-3300

Beaumont Public Health Department

3040 College Street Beaumont, Texas 77701 (409) 832-4000 ( Main Line)

Monday - Friday 8am-5pm

Contacts (cont. on next page):

Mary Alexander, RN

Clinical Nurse Manager

(409) 654-3625 (Office)

(409) 651-2193 (Cell)

mary.alexander@beaumonttexas.gov

Beaumont Public Health Department (continued) Loretta Juneau Vaccine Coordinator (409) 654-3627 (Office) loretta.juneau@beaumonttexas.gov

#### **PUBLIC HEALTH REGION 7**

Regional Office 2408 S. 37th Street

Temple, Texas 76504-7168 Phone: (254) 771-6784 Fax: (254) 771-2662

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Contact: Jay Leivdal

#### **PUBLIC HEALTH REGION 8**

Regional Office 7430 Louis Pasteur San Antonio, TX 78229 (210) 949-2000

24/7 Reporting Line: 210-949-2121

Fax: (210) 692-1457

Contact: Amanda Kieffer, DVM, MPH, DACVPM

E-MAIL: Amanda.Kieffer@dshs.texas.gov

San Antonio Metro Health District 210 N Mel Waiter

San Antonio, TX 78207 Phone: (210) 207-2095 Hours: 8-11:30 1:00-4:00

Contact: Rabies Surveillance Nurse

Victoria County Public Health Department 2805 North Navarro Victoria, TX 77901

Phone (361) 578-6281 Contact: DiAnna Harris, RN

Field Office – Maverick County

1593 Veterans Blvd. Eagle Pass, Texas 78852

Phone: (830) 758-4253 Contact: Edilia Gonzales Field Office - Val Verde County 173 Wildcat Drive Del Rio, Texas 78840

Phone: (830) 768-2800 Contact: Jose Guerrero

Field Office – Uvalde County

112 Joe Carper Drive Uvalde, Texas 78801 Phone: (210) 949-2048 Contact: Amanda Kieffer

### **PUBLIC HEALTH REGION 9/10**

Ector County Health Department Nursing Department 221 North Texas Odessa, Texas 79761

Phone: (432) 498-4141

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Contact: Linda Cunha, RN

Texas Department of State Health Services Nursing Department - Alpine

205 North Cockrell Street Alpine, Texas 79830

Phone: (432) 837-3877

Hours: 8:00 a.m. - 6:00 p.m. Monday - Friday

Contact: Vacant

Texas Department of State Health Services Nursing Department - Brady

1004 S. Bridge St. Brady, TX. 76825

Phone: (325) 597-0550

Hours: 8:00 a.m. - 6:00 p.m. Monday-Friday

Contact: Toni Keltz, RN

# **PUBLIC HEALTH REGION 11**

Regional Office 601 West Sesame Drive Harlingen, Texas 78550

Phone: (956) 444-3212 Fax: (956) 444-3216

Hours: 8:00 a.m. - 5:00 p.m. Monday-Friday

Contact: Letty Tamayo – ext. 3212

After Hours: (956) 453-1049

# **ZOONOSIS CONTROL -**TEXAS DEPARTMENT OF STATE HEALTH SERVICES

#### **PUBLIC HEALTH REGION 1**

6302 Iola Avenue Lubbock, Texas 79424 (806) 783-6422 or (806) 744-3577 main

Fax: (806) 783-6466

Cherissa Abdul Hamid, DVM, MPH – Zoonosis Control Veterinarian - 6482

Karen McDonald, MS – Zoonosis Control Specialist E-MAIL: <u>Cherissa.AbdulHamid@dshs.texas.gov</u>

AMARILLO OFFICE 3407 Pony Express Way Amarillo, Texas 79118 Phone: (806) 477-1104

Fax: (806) 373-4758

Tonya Finch – Public Health and Prevention Specialist

E-MAIL: <u>Tonya.Finch@dshs.texas.gov</u> Cherissa.AbdulHamid@dshs.texas.gov

#### **PUBLIC HEALTH REGION 2/3**

1301 South Bowen Road, Suite 200 Arlington, Texas 76013 (817) 264-4920

Fax: (817) 264-4925

Shelley Stonecipher, DVM, MPH- Zoonosis Control Veterinarian - 4529

Mason Bird – Zoonosis Control Specialist – 4922 Jessica Kirkland – Program Specialist - 4923

Shannon Medrano – Public Health and Prevention Specialist

E-MAIL: Shelley.Stonecipher@dshs.texas.gov

ABILENE OFFICE 4601 South First St., Suite L Abilene, Texas 79605 (325) 795-5857

Fax: (325) 795-5891

Nicholas Ferguson – Zoonosis Control Specialist EMAIL: Nicholas.Ferguson@dshs.texas.gov

Shelley.Stonecipher@dshs.texas.gov

#### **PUBLIC HEALTH REGION 4/5N**

2521 West Front Street Tyler, Texas 75702 (903) 533-5212

Fax: 903-533-9502

Brent Moore, DVM, MS, MPH, DACVPM - Zoonosis Control Veterinarian - 5243

Samantha Puttick – Zoonosis Control Specialist – 5260

Alexandro Chavira – Public Health and Prevention Specialist

E-MAIL: <u>Brent.Moore@dshs.texas.gov</u>

### **PUBLIC HEALTH REGION 6/5S**

5425 Polk Avenue, Suite J Houston, Texas 77023-1497 (713) 767-3300

Fax: (713) 767-3193

Vacant - Zoonosis Control Veterinarian -3302

Jael Miller – Program Specialist – 3303

Sharlyn Rodriguez - Program Specialist - 3301

Brittany Singletary - Public Health and Prevention Specialist

E-MAIL: Jael.Miller@dshs.texas.gov

#### **PUBLIC HEALTH REGION 7**

2408 South 37th Street Temple, Texas 76504-7168 (254) 771-6784

Fax: (254) 771-2662

David Smonko, DVM – Zoonosis Control Veterinarian - 6789 Melissa D. Maass, LVT – Zoonosis Control Specialist - 6749

Amber Frenzel, MPH – Zoonosis Control Specialist – 6762

Vacant – Zoonosis Control Specialist - 6708

Jay Leivdal – Public Health and Prevention Specialist

E-MAIL: <u>David.Smonko@dshs.texas.gov</u>

#### **PUBLIC HEALTH REGION 8**

7430 Louis Pasteur San Antonio, TX 78229 (210) 949-2000

24/7 Reporting Line: 210-949-2121

Fax: (210) 692-1457

Amanda Kieffer, DVM, MPH, DACVPM - Zoonosis Control Veterinarian - 2048

Jonathan Stewart, MPH - Zoonosis Control Specialist - 2046

E-MAIL: Amanda.Kieffer@dshs.texas.gov

Region8.Zoonosis@dshs.texas.gov

# **PUBLIC HEALTH REGION 9/10**

401 E Franklin St, Suite 210 El Paso, Texas 79901-1206 (915) 834-7780

Fax: (915) 834-7800

Kenneth Waldrup, DVM, MS, PhD – Zoonosis Control Veterinarian – 7782

Veronica Suarez, MS – Zoonosis Control Specialist

E-MAIL: Ken.Waldrup@dshs.texas.gov

MIDLAND OFFICE 1101 N Midland Drive Midland, Texas 79703 (432) 571-4118

Fax: (432) 571-4162

Vanessa Slack, MPH - Zoonosis Control Specialist

E-MAIL: <u>Vanessa.Slack@dshs.texas.gov</u> <u>Ken.Waldrup@dshs.texas.gov</u>

#### **PUBLIC HEALTH REGION 11**

601 West Sesame Drive Harlingen, Texas 78550 (956) 444-3212

Fax: (956) 444-3216

After hours: 956-453-1049

Ronald Tyler, DVM, MS – Zoonosis Control Veterinarian - 3222 Vaishnavi Narasimhan, MPH – Zoonosis Control Specialist - 3221 Letty Tamayo, MS – Public Health and Prevention Specialist

E-MAIL: Ronald.Tyler@dshs.texas.gov

#### **ZOONOSIS CONTROL BRANCH - CENTRAL OFFICE**

Mail Code 1956 Physical:

P.O. Box 149347 1100 West 49th Street Austin, Texas 78714-9347 Austin, Texas 78756

(512) 776-7111 **888-963-7111** 

Fax: (512) 776-7454

Susan Rollo, MS, DVM, PhD, DACVPM - Acting Branch Manager - 6628

Kelly Broussard, MPH – Epidemiologist – 6920 Danielle Bucklin, MS – Program Specialist -2279

Emily Cavasos - Public Health & Prevention Specialist -2790

Alexandra Colemere, MPH – Program Specialist - 3339

Colleen Cook, MS – Program Specialist -3520

Eric Fonken, DVM, MPAff - Veterinarian - 2155

Patrick Hunt - Program Specialist - 6270

Leigh-Anne Lawton, MS – Entomologist – 713-767 -3276 (housed in Houston)

Bonny Mayes, MA – Epidemiologist – 2888

Briana O'Sullivan, MPH – Epidemiologist - 2890

Kamesha Owens, MPH - Program Specialist - 2914

Kathy Parker, MPH – Program Specialist – 2886

George Peck, MS, PhD - Entomologist - 2884

Susan Rollo, MS, DVM, PhD, DACVPM - Veterinarian - 3306

Pam Wilson, DrCH, MEd, LVT, MCHES - Program Specialist - 6622

Vacant – Staff Services Officer - 6001

E-MAIL: Susan.Rollo@dshs.texas.gov