

# SMALL SEEDS, BIG IMPACT



**IN THE 2022-2023 SCHOOL YEAR, EDIBLE SCHOOLYARD NYC** reached nearly **4,000 students** and taught over **2,200 lessons** across **16 public schools**

Findings based on survey and program data from the 2022-2023 school year demonstrate the impact of our work. Edible Schoolyard NYC's hands-on cooking and gardening programming:

- Supports students' interest in healthy eating;
- Fosters social and emotional development;
- Helps kids feel more positively towards school;
- Supports students' academic engagement;
- Provides opportunities for kids to practice environmental stewardship; and
- Helps kids learn to advocate for the environment.

## Edible Schoolyard NYC promotes students' interest in eating healthy

**7 in 10 students** said they learned to like a new fruit or vegetable during ESYNYC classes

Because of ESYNYC classes, most caregivers strongly agreed or agreed that their child had shown more interest in:

- **Eating healthy (95%)**
- **Eating fruits (89%)**
- **Eating vegetables (86%)**

*"Children learn to **socialize, share, and eat healthy** ... It is a great experience for all of them."*

*-School staff member*



## Edible Schoolyard NYC fosters kids' social and emotional development

Most school staff strongly agreed or agreed that ESYNYC classes:

- Positively contributed to students' **emotional well-being (96%)**
- Helped students develop **cooperation skills (96%)**
- Helped students become **more confident overall (91%)**
- Helped students **learn about** each other's **cultures (90%)**



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EDIBLE  
SCHOOLYARD  
NYC

## Edible Schoolyard NYC helps kids feel positively towards school, and supports their academic engagement

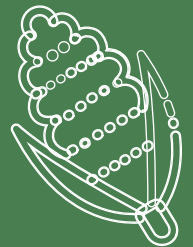
Most school staff:

- Agreed or strongly agreed that their students **felt more positively towards school** because of ESYNYC (88%)
- Said their students **made connections between ESYNYC classes and their core academic curriculum** (78%)
- Said that ESYNYC classes **helped students understand an academic topic** (80%)
- Strongly agreed or agreed that ESYNYC was **accessible for students with intellectual and physical disabilities**
- Strongly agreed or agreed that ESYNYC was **accessible for English Language Learners**



*"The kids get so excited for cooking and gardening class. They make so many great connections with the classes to our activities."*

*-School staff member*



Findings based on survey and program data from 2022-2023

## Edible Schoolyard NYC helps kids practice environmental stewardship and connect with nature

Most school staff strongly agreed or agreed that ESYNYC increased students':

- Sense of **stewardship toward the earth** (86%)
- Understanding of their capacity to **advocate for the environment** (84%)

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# IMPACT REPORT 2022-2023