

“Take also unto thee Wheat
Lentils and Millet and
in one vessel and



and Barley and Beans and
Spelt and put them
make bread of it...”
— Ezekiel 4:9

EZEKIEL 4:9

SPROUTED • FLOURLESS
BURGER & HOT DOG BUNS



Because the
RIGHT BUN...
makes all the
DIFFERENCE!



Do
something
good for
your body
today.



HIGH FIBER



SPROUTED
GRAINS



VEGAN



PLANT
PROTEIN



NON-GMO





EZEKIEL 4:9

FLOURLESS SPROUTED-GRAIN BUNS

EZEKIEL 4:9® SPROUTED WHOLE GRAIN BURGER BUNS

NUTRITION FACTS: Serving Size ½ Bun (38g), **Calories 90, Total Fat 0.5g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 80mg, Total Carb. 17g, Dietary Fiber 3g, Sugar 1g, Protein 5g.**

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt.



EZEKIEL 4:9® SESAME SPROUTED WHOLE GRAIN BURGER BUNS



NUTRITION FACTS: Serving Size ½ Bun (38g), **Calories 90, Total Fat 1g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 75mg, Total Carb. 17g, Dietary Fiber 3g, Sugar 1g, Protein 5g.**

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt. Topped with Organic Sesame Seeds.

EZEKIEL 4:9® SPROUTED WHOLE GRAIN HOT DOG BUNS

NUTRITION FACTS: Serving Size 1 Bun (76g), **Calories 180, Total Fat 1g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 160mg, Total Carb. 34g, Dietary Fiber 6g, Sugar 1g, Protein 10g.**

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt.



Product	Item #	UPC	Case Pack	Case Weight	Case Dimensions (inches)	Cases Cubed	Pallet Tie	Cases Per Pallet	Shelf Life
Ezekiel 4:9® Sprouted Grain Burger Buns	213C6	073472002131	6/16oz	8 Lbs.	24" L x 12½" W x 4½" H	0.79 CF	6 x 15 high	90 cs	12 Months Frozen
Ezekiel 4:9® Sprouted Grain Sesame Burger Buns	215C6	073472002155	6/16oz	8 Lbs.	24" L x 12½" W x 4½" H	0.79 CF	6 x 15 high	90 cs	12 Months Frozen
Ezekiel 4:9® Sprouted Grain Hot Dog Buns	214C6	073472002148	6/16oz	8 Lbs.	24" L x 12½" W x 4½" H	0.79 CF	6 x 15 high	90 cs	12 Months Frozen

- Sprouted
- Flourless
- 6 Grains, Beans, Seeds & Sesame
- Complete Plant Protein
- High in Soluble and Insoluble Fiber
- Complex Energy
- Low Glycemic
- Whole Grains
- Certified Organic
- No Artificial Colors or Preservatives

**FOOD FOR LIFE
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