



*"Take also unto thee Wheat
Lentils and Millet and
in one vessel and*



*and Barley and Beans and
Spelt and put them
make bread of it..."*
— Ezekiel 4:9

EZEKIEL 4:9

Sprouted CEREALS



Flake



SproutSmart™

- Flourless
- Complete Plant Protein
- Vegan
- Soluble and Insoluble Fiber
- No GMOs
- No Preservatives or Artificial Flavors

Crunchy



foodforlife.com



MAKING BREAKFAST TWICE AS NICE



We believe in sprouting the grains we use in our cereal because sprouting is the best way to release all of the vital nutrients stored in whole grains*.

To unlock this dormant food energy, maximize nutrition and flavor, we add just the right amount of water to healthy whole organically grown grains which are already bursting with nutrients. Beneficial enzymes are activated which cause the grains to sprout and become a living food. Our exclusive sprouting process not only significantly increases nutrients but also causes a natural change that promotes digestibility by breaking down the natural phytic acid found in whole grains. And even better still, our exclusive baking process preserves these valuable nutrients and retains the important natural fiber and bran.

Start your day off right with Ezekiel 4:9 Sprouted Grain Flake and Crunchy Cereals. See the difference fresh sprouts really make and partake of the miracle.



YOUR BODY AND TASTE BUDS WILL KNOW THE DIFFERENCE!

Flake Cereal

Item #	UPC	Description	Case Pack	Case Weight	Case Dimensions LxWxH (inches)	Case Cube	Pallet Tie/Hi	Cases Per Pallet	Date Code	Shelf Life
260C6	0 7347200260 5	Original	6 / 14 oz	7 lbs	14.25 x 7.5 x 10.5	.65 CF	15 x 6	90	Best Used By	12 mos dry
261C6	0 7347200261 2	Flax + Chia	6 / 14 oz	7 lbs	14.25 x 7.5 x 10.5	.65 CF	15 x 6	90	Best Used By	14 mos dry
262C6	0 7347200262 9	Raisin	6 / 14 oz	7 lbs	14.25 x 7.5 x 10.5	.65 CF	15 x 6	90	Best Used By	14 mos dry
263C6	0 7347200263 6	Almond	6 / 14 oz	7 lbs	14.25 x 7.5 x 10.5	.65 CF	15 x 6	90	Best Used By	12 mos dry

Crunchy Cereal

Item #	UPC	Description	Case Pack	Case Weight	Case Dimensions LxWxH (inches)	Case Cube	Pallet Tie/Hi	Cases Per Pallet	Date Code	Shelf Life
255C12	0 7347200255 1	Original	12 / 16 oz	7 lbs	6.25 x 12.75 x 9.75	.47 CF	20 x 4	80	Best Used By	12 mos dry
256C12	0 7347200256 8	Golden Flax	12 / 16 oz	7 lbs	6.25 x 12.75 x 9.75	.47 CF	20 x 4	80	Best Used By	12 mos dry
257C12	0 7347200257 5	Cinnamon Raisin	12 / 16 oz	7 lbs	6.25 x 12.75 x 9.75	.47 CF	20 x 4	80	Best Used By	14 mos dry
258C12	0 7347200258 2	Almond	12 / 16 oz	7 lbs	6.25 x 12.75 x 9.75	.47 CF	20 x 4	80	Best Used By	12 mos dry

*Source: Price-Pottenger Nutrition Foundation, La Mesa, CA.



FOOD FOR LIFE BAKING COMPANY INC.

2991 Doherty Street | Corona, CA 92879-5811

(800) 797-5090 | Ph (951) 279-5090 | foodforlife.com | info@foodforlife.com