

"Take also unto thee Wheat
Lentils and Millet and
in one vessel and



and Barley and Beans and
Spelt and put them
make bread of it..."
- Ezekiel 4:9

EZEKIEL 4:9

SPROUTED • FLOURLESS
ENGLISH MUFFINS



Do
something
good for
your body
today.



HIGH FIBER



SPROUTED
GRAINS



VEGAN



PLANT
PROTEIN



NON-GMO





SPROUTED • FLOURLESS ENGLISH MUFFINS

EZEKIEL 4:9® SPROUTED WHOLE GRAIN ENGLISH MUFFINS



NUTRITION FACTS: Serving Size ½ Muffin (38g), **Calories** 80, **Total Fat** 0.5g, **Sat. Fat** 0g, **Trans Fat** 0g, **Cholesterol** 0mg, **Sodium** 80mg, **Total Carb.** 15g, **Dietary Fiber** 3g, **Sugar** 0g, **Protein** 4g.

INGREDIENTS: Organic Sprouted Wheat, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Filtered Water, Fresh Yeast, Organic Wheat Gluten, Sea Salt.

EZEKIEL 4:9® FLAX SPROUTED WHOLE GRAIN ENGLISH MUFFINS

NUTRITION FACTS: Serving Size ½ Muffin (38g), **Calories** 90, **Total Fat** 1g, **Sat. Fat** 0g, **Trans Fat** 0g, **Cholesterol** 0mg, **Sodium** 85mg, **Total Carb.** 15g, **Dietary Fiber** 3g, **Sugar** 1g, **Protein** 5g.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Flax, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt. Rolled in Organic Flax Seeds.



EZEKIEL 4:9® CINNAMON RAISIN SPROUTED WHOLE GRAIN ENGLISH MUFFINS



NUTRITION FACTS: Serving Size ½ Muffin (38g), **Calories** 80, **Total Fat** 0g, **Sat. Fat** 0g, **Trans Fat** 0g, **Cholesterol** 0mg, **Sodium** 85mg, **Total Carb.** 18g, **Dietary Fiber** 2g, **Sugar** 5g, **Protein** 3g.

INGREDIENTS: Organic Sprouted Wheat, Organic Raisins, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Filtered Water, Fresh Yeast, Organic Wheat Gluten, Sea Salt, Organic Cinnamon.

Product	Item #	UPC	Case Pack	Case Weight	Case Dimensions (inches)	Cases Cubed	Pallet Tie	Cases Per Pallet	Shelf Life
Original	119C6	073472001196	6/12 pk.	12 lbs.	15½" D x 11½" W x 7¼" H	0.75 CF	10 x 9 high	90 cs	12 Months Frozen
Flax	118C6	073472001189	6/12 pk.	12 lbs.	15½" D x 11½" W x 7¼" H	0.75 CF	10 x 9 high	90 cs	12 Months Frozen
Cinnamon Raisin	117C6	073472001172	6/12 pk.	12 lbs.	15½" D x 11½" W x 7¼" H	0.75 CF	10 x 9 high	90 cs	12 Months Frozen

- Sprouted
- Flourless
- 6 Grains, Beans & Seeds
- Complete Plant Protein
- High in Soluble and Insoluble Fiber
- Complex Energy
- Low Glycemic
- Whole Grains
- Certified Organic
- No Artificial Colors or Preservatives

**FOOD FOR LIFE
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