### **TODDLER SAFETY**

## **Car Safety**

#### **Child Car Seats**

Your child must be in a car seat every time he travels in a car, no matter how short the trip.

Ensure your car seat has:

- a CMVSS label
- at least 2 sets of slots for shoulder harness straps and 2 sets for crotch straps



#### Infant seat, child seat or booster seat?

**Step 1: Infant seat** – Use from birth until your child reaches the seat's weight limit.

**Step 2: Rear-facing child seat** – Use until your child is at least 1 year old **and** weighs at least 9 kg (20 lb).

**Step 3: Forward-facing child seat** – Use until your child weighs at least 18 kg (40 lb).

**Step 4: Booster seat** – Use until your child is 9 years old or 145 cm (4 feet 9 inches) tall.

#### Rear-facing or front-facing?

A rear-facing seat is safest for your child, and must be used until he's at least 1 year old and weighs at least 9 kg (20 lb). Continue to keep your child facing the back of the car – even if he has to fold his legs a bit – until he reaches the rear-facing weight limit of the seat or his head is within 2½ cm (1 inch) of the top of the seat. At that point, it's time to either find another model that he can use rear-facing, or switch his current seat to face the front of the car.

#### New or used?

Second-hand seats aren't recommended. If you do use one, inspect it carefully and check for recalls and for its expiration date. Don't use a seat that's been in a crash.

#### 3-point or 5-point harness?

If possible, use a more-secure 5-point harness, which holds your child at his shoulders and hips.

#### **DANGER**

If an airbag inflates and hits your child's seat, he could be seriously hurt or killed.

- Never place a rear-facing car seat where there's an airbag.
- If you have to put your toddler in the front seat, turn off the airbag and put the seat as far back as it will go.
- Keep your toddler's seat away from side airbags.

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### HOW TO Install a rear-facing car seat

- **1.** Place it facing the back window in the back seat following the manufacturer's instructions.
- **2.** Tilt it back a maximum of 45°. If your child's head falls forward, the seat needs to be tilted back more.
- **3.** Secure the seat with its universal anchorage system or with the car's seat belt. Check your car's owner's manual to see if you need to use a locking clip.

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### **HOW TO**Put your child in the car seat

- **1.** Fasten the harness snugly so that only 1 finger fits between it and your child's collarbone.
- **2.** Raise the chest clip to your child's underarms.
- **3.** Ensure the harness straps are at his shoulders or slightly below. Raise the harness straps when his shoulders are level with the next highest slot.
- **4.** Dress him in clothes that have sleeves and legs and aren't too heavy.
- **5.** If he needs a blanket, put it on after he's strapped in.

Toddler Safety • Car Safety Toddler's First Steps

#### **General Car Safety**

The safest place for your child in the car is the centre position of the back seat.

- ✔ Hold hands in the street and in parking lots.
- ✓ Use the appropriate car seat for your child, and wear your seat belt.
- ✓ Pull over and stop if you need to focus on your toddler.
- Remove any loose objects that could fly around and small objects that could roll under the brake pedal.
- ✔ Put pets in carriers or behind screens.
- ✔ Lock power windows.
- ✔ Before raising or lowering windows, check that your toddler's fingers, head and arms are inside.
- Never leave your toddler alone in a car, even for a few minutes. Your child can quickly get too hot if left in a parked car, and this can cause serious injury or even death.
- ✗ Never leave your child alone when he's sleeping in a car seat − in or out of the car.
- ✗ Don't place your child in his car seat on a counter, on the car or on any raised surface.
- Don't drive while texting or talking on your phone.

