

# Northeast Delta Dental's industry-leading Health *through* Oral Wellness® program — Powered by the PreViser® risk assessment tool.



## Giving your patients the preventive care they need

When it comes to dental care, one size does not fit all. That's why Northeast Delta Dental introduced Health *through* Oral Wellness® (HOW®). HOW® is an evidence-based, patient-centered oral health program that may add additional preventive benefits to a patient's dental plan. Enhanced benefits are added if patients are determined to be at risk for caries and or periodontal disease based on the results of the PreViser risk assessment performed in your dental office.



## Your first step is easy — sign up for your free [PreViser account](#)

Log into the [PreViser Clinical Suite](#) to complete your patient's oral health risk assessment.

The PreViser Comprehensive Risk Assessment gives the patient an overview of their oral health with scores that can change based on professional interventions and patient home care.

## Summary of Enhanced Benefits


Oral Health Condition	Benefits	CDT Codes	Frequency
<b>Caries</b> Tooth Decay Risk Score 3-5	Caries Susceptibility Test	D0425	Once per 12 months
	Child Prophylaxis or Adult Prophylaxis	D1120 D1110	Combination up to 4 per 12 months
	Scaling in the Presence of Gingival Inflammation	D4346	
	Periodontal Maintenance	D4910	Combination up to 4 per 12 months
	Fluoride Varnish or Topical Fluoride	D1206 D1208	
	Nutritional Counseling or Oral Hygiene Instruction	D1310 D1330	
	Sealants	D1351	Once per 3 years
<b>Periodontal Disease</b> Risk Score 3-5 OR Gum Disease Score 4-100	Child Prophylaxis or Adult Prophylaxis	D1120 D1110	Up to 4 per 12 months
	Scaling in the Presence of Gingival Inflammation	D4346	
	Periodontal Maintenance	D4910	Once per 12 months
	Nutritional Counseling or Tobacco Cessation Counseling or Oral Hygiene Instruction	D1310 D1320 D1330	
<b>Home Care Offer</b> Offer available for qualifying patients only	50% discount on Philips Sonicare Electric Toothbrush	Offer available one per patient	

# It's as simple as assess, predict and prevent.

The dental clinician will complete PreViser's online risk assessment. Once the patient's individual information has been entered, PreViser® quickly calculates the risk for oral disease as either low, medium or high. If the score predicts moderate or high risk for caries and/or periodontal disease then the enhanced benefits are activated immediately.

PREVISER Clinical Suite

Assessment for Test Patient **Comprehensive** Language Edit Share



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**Exam Information**


Prepared For: Jane Smith  
Prepared By: TestJane TestSmith  
Exam Date: 08/07/2023  
Submitted To: Northeast Delta Dental 08/07/2023 2:35 PM

[Check Benefits](#) [Home Care Report](#) [Clinical Inputs](#)

## Oral Disease and You

There are three major oral diseases:

- Tooth decay
- Gum disease
- Oral Cancer




### A Healthier Smile Just Got Easier!

**NEW HOME CARE OFFER: 50% Off a Philips Sonicare Toothbrush**

Scan or click the QR code to redeem

In partnering with Philips, PreViser's oral health risk assessment tool may recommend Philips Sonicare products to individuals based on their PreViser risk score. PreViser may receive commissions on products sold through the Digital Dispense Home Health Report Program.

[Share Offer](#) [More info](#)



#### TOOTH DECAY RISK SCORE

5

out of 5

\* Lower score is better

1

2

3

4

5

Very Low Risk
Moderate Risk
Very High Risk

**!** The tooth decay risk score describes the likelihood that without appropriate home and professional care, the health of your teeth may worsen, resulting in tooth decay or breakdown of existing restorations.

#### RESTORATIVE NEEDS SCORE

14

out of 100

\* Lower score is better

1

2-9

10-29

30-49

50-100

Very Low Needs
Moderate Needs
Very High Needs

Your score indicates that you have some active tooth decay or some existing restorations that may be failing. Your dental professional can advise you on the best strategy to correct this situation.

#### GUM DISEASE RISK SCORE

3

out of 5

\* Lower score is better

1

2

3

4

5

Very Low Risk
Moderate Risk
Very High Risk

The gum disease risk score describes the likelihood that without appropriate home and professional care, the health of your gums may worsen resulting in infection and inflammation of your gums and the possible loss of teeth.

#### GUM DISEASE SCORE

57

out of 100

\* Lower score is better

1

2-3

4-10

11-36

37-100

Very Low Risk
Moderate Risk
Very High Risk

**!** Your score indicates you have some bone loss and/or gum tissue damage typically associated with severe periodontitis. This damage may be the result of current active disease or the results of damage you experienced in the past. Your likely treatment and on-going maintenance needs are very substantial.

#### GUM HEALTH STABILITY SCORE

1

out of 100

\* Higher score is better

**👍** The gum health stability score informs whether or not your gum health is stable (unchanged [stable] or worsened condition). The first gum health assessment always results in a score of zero (0). As your gum health is assessed over time, the score will increase by 10 points for every year of gum health stability, reaching a maximum of a score of 100 indicating 10 years of stability. If your gum health worsens, the score will return to a score of zero (0).

#### ORAL CANCER RISK SCORE

1

out of 5

\* Lower score is better

1

2

3

4

5

Very Low Risk
Moderate Risk
Very High Risk

**👍** The oral cancer risk score describes the probability of developing mouth cancer as a result of your individual risk factors. These can include inherited factors as well as lifestyle factors.

With a simple click of the **Check Benefits** button, specific information regarding the patient's eligibility for the enhanced benefits and their plan design is readily accessible.

HOW® Caries Benefits are activated with a tooth decay risk score of 3, 4 or 5.

HOW® Periodontal Benefits are activated with a gum disease risk score of 3, 4 or 5.


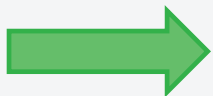
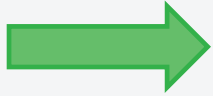
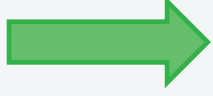
OR - HOW® Periodontal Benefits are activated with a gum disease score of 4-100.

# Important points to consider about the HOW<sup>®</sup> program benefits

- Enhanced benefits are **subject to standard policy provisions**, including but not limited to, **coinsurance percentages, copayments, and plan maximums**.
- If under the patient's plan, preventive benefits are deducted from the patient's **maximum benefit**, then the additional preventive benefits through the HOW<sup>®</sup> program are deducted from the **patient's maximum benefit** also.
- **Sealants** under the HOW<sup>®</sup> caries benefit are covered for unrestored primary molars, permanent molars and premolars; once per tooth every three years.
- Either one **nutritional counseling** or one **oral hygiene instruction**, or one **tobacco cessation counseling** is covered in a 12-month period.
- For more information about the **Home Care Offer**, please visit [www.HealthThroughOralWellness.com/patients/home-care-offer](http://www.HealthThroughOralWellness.com/patients/home-care-offer)

## CDT caries risk assessment codes and PreViser<sup>®</sup> caries risk scores

Northeast Delta Dental provides a reimbursement for completing either the PreViser<sup>®</sup> caries or comprehensive risk assessment, utilizing the following American Dental Association Codes. PreViser's comprehensive risk assessment includes a caries risk assessment.

	ADA CDT Code		PreViser <sup>®</sup> Tooth Decay Risk Score
 Standardly covered once every <b>12 months</b> for patients age 3 and above	<b>D0601</b> Low risk		1 or 2
	<b>D0602</b> Moderate risk		3
	<b>D0603</b> High risk		4 or 5



Better oral health leads to better overall health... and a happier, healthier patient.



[www.HealthThroughOralWellness.com](http://www.HealthThroughOralWellness.com)

# Frequently asked questions



## What is PreViser?

PreViser® is an online dental risk assessment tool. PreViser's technology make them the leaders in predicting oral wellness through evidence-based risk scores that determine a patient's likelihood of getting oral diseases or that current disease may become worse in the future.

## How often do we have to complete PreViser risk assessments for the HOW® program?

It is recommended as a best practice that risk assessments are completed on an annual basis.

## Why should I use PreViser?

By using PreViser® you will be implementing a best practice and evidence-based approach to patient care as recommended by the American Dental Association (ADA) and the American Dental Hygienists' Association (ADHA). In addition, the PreViser® risk assessment scores will help dental practices engage patients in their oral health and therefore improve patient treatment acceptance. Lastly, by following the risk assessment check list of questions, a provider will be less likely to miss a key question in a patient's oral health assessment which assist in creating a patient treatment plan.

## Will my patient lose the additional HOW® preventive benefits if their score(s) improve with a reassessment and they become healthier?

No. Once a patient is determined to be at greater risk for tooth decay or gum disease, they will always have access to enhanced benefits as long as they continue to be covered under a plan that includes the HOW® program.

Northeast Delta Dental offers training to you and your teams on PreViser and the many benefits for your patients available through the HOW program, please contact us to schedule your free personalized training.

## Contact information

Health *through* Oral Wellness® (HOW®) Specialist: 1-800-537-1715, ext. 1339

To contact us by email: [HOWinfo@nedelta.com](mailto:HOWinfo@nedelta.com)

PreViser®: 1-888-854-0007

Northeast Delta Dental Customer Service: 1-800-832-5700

To access Benefit Lookup: [www.nedelta.com/Providers](http://www.nedelta.com/Providers)

HOW® website: [www.HealthThroughOralWellness.com](http://www.HealthThroughOralWellness.com)

General PreViser® information and PreViser® University: [www.previser.com](http://www.previser.com)

To complete a risk assessment: <https://secure.previser.com/clinical/login>