



## 2019 Report to Members



# Message from the President

When IAMAT was founded in 1960, it wasn't easy for travellers to find information about health risks at their destination, or even advice on how to stay well while travelling. In the decades since, our work has been to change that.

What began as a mission to make travel health advice more accessible has evolved to our goal of spreading travel medicine to more countries. With the generous support of our members, we can award Travel Medicine Scholarships to train doctors and nurses from emerging economy countries. Our Scholars work to improve healthcare in their communities and introduce travel health services, benefitting travellers and local patients.

Thank you for being part of the IAMAT family and making the world a healthier place to travel. Your loyalty is sincerely appreciated.

Assunta Uffer-Marcolongo, President

A handwritten signature in blue ink, reading 'M.A. Uffer-Marcolongo', is positioned below the printed name.

Our online travel health country-specific pages are now enhanced with information on the destination's healthcare system, travel health insurance coverage, and access to medications.

We also introduced two multimedia campaigns across our social media channels to bring members even more travel health information:

- **Term Tuesday** features graphics and short videos explaining travel insurance terms you need to know from our *Understanding Travel Health Insurance* glossary of terms.
- The weekly **Fact Friday** campaign features graphics on a travel health-related fact. We also launched a series of long-form infographics, which we frequently share on social media and on our website.

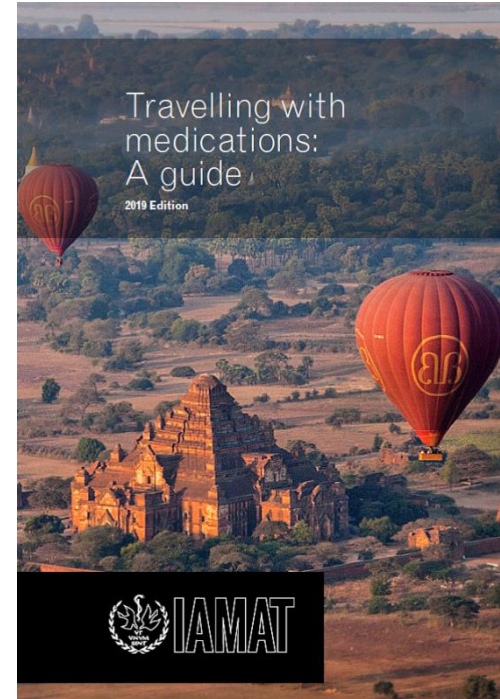


Before you take a dip,  
research the local marine life  
to prevent any marine injuries  
like bites and stings!  
#FactFriday

In October 2019, we published a new travel health resource called *Travelling with Medications: A Guide*.

This guide is the first of its kind and features advice about travelling with prescription medications.

Travellers now have practical information on topics such as navigating country-specific regulations, how to find safe medications abroad, and a checklist of important things to consider when travelling with medications before, during, and after a trip.





In September 2019, we welcomed a research assistant to work with us on our air pollution project. Phoebe To, a student from the School of Environment at the University of Toronto spent 3 months researching the latest air quality data for all countries.





# Scholarships

One of IAMAT's founding principles is to support travel medicine education and training. Our Travel Medicine Scholarships provide training opportunities for doctors and nurses from countries where travel medicine is an emerging specialty. Through this unique program, scholars gain the knowledge and skills to improve health standards in their community, benefitting travellers and local patients.

The Scholarship program is currently focused on providing more opportunities for African health practitioners to train in travel medicine and apply travel medicine knowledge in a clinical setting.

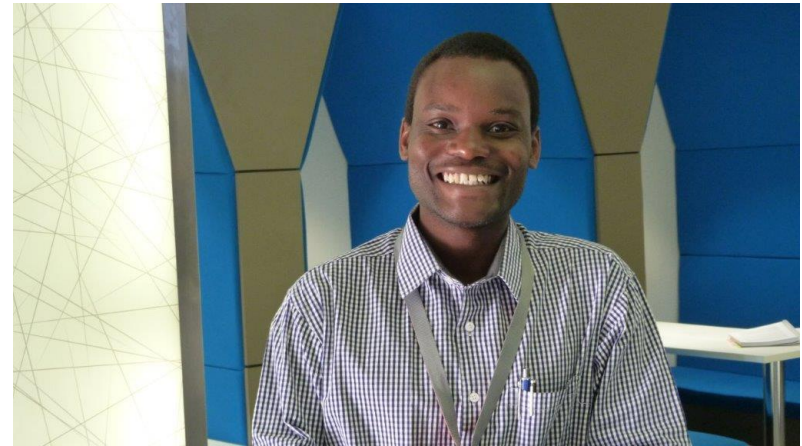


# Violet Williams Travel Medicine Scholarship

In 2019, the Violet Williams Travel Medicine Scholarship was awarded to Dr. Paul Yonga of Eldoret, Kenya.

Paul is an infectious and tropical disease physician based in the North Rift region of Kenya. With his scholarship, Paul was able to train with the South African Society of Travel Medicine (SASTM) and participate in clinical observations at the Travel Doctor Clinic in Johannesburg.

Upon completing his training, Paul returned home and successfully opened the North Rift region's first travel medicine clinic.





## Stella & George Bryant Travel Medicine Scholarship

The 2019 Stella and George Bryant Travel Medicine Scholarship was awarded to Dr. Nsiong Asanga of Uyo, Nigeria.

Nsiong is the Medical Director of the Victor Attah International Airport Clinic in Uyo. For her training, Nsiong travelled to London, UK where she completed a travel medicine short course at the London School of Hygiene and Tropical Medicine (LSHTM), and participated in clinical observations at the Hospital for Tropical Diseases and pre-travel clinic observations at the National Travel Health Network and Centre (NaTHNaC).

Nigeria has been experiencing a tourism boom in recent years and as a result, travel medicine has also become a fast-growing field to keep up with the demand from in-bound and out-bound travellers. Since completing her training, Nsiong has returned home to continue treating patients and introduce her new travel medicine skills and knowledge to her colleagues at the airport clinic.







## Conferences, presentations, and publications

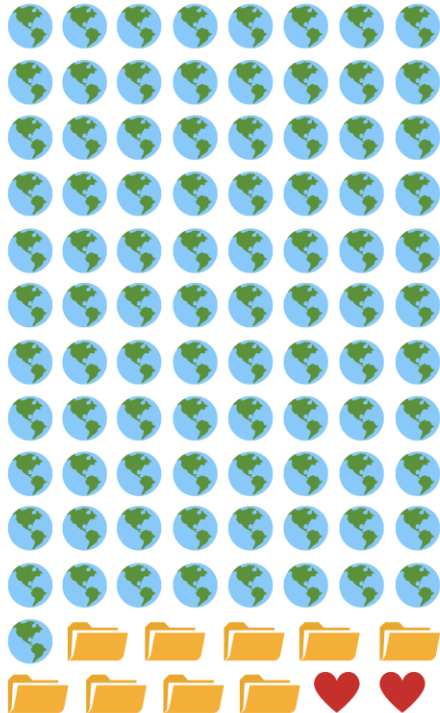
### **Presentations**

- *Mind the Gap: Mental Health and Insurance Coverage*, International Society of Travel Medicine, Washington, DC, May 2019
- *How to Address the Psychological Health of Travellers*, Pan African Travel Medicine Conference, Nairobi, Kenya, October 2019
- The Marcolongo Lecture sponsored by IAMAT at the ASTMH 68th Annual Meeting featured Robert Handby, Australian Red Cross (Retired) – *The Provision of Safe Water in Complex Environments*, Maryland, November 2019

### **Publications**

- “Mind the gap: building the psychological capital of travellers.” *Journal of Travel Medicine*.

# Where does my donation go?



Programs + Projects = 89%

### **Travel Health Information**

- Up-to-date travel health information about immunizations and local health risks for all countries
- Research, data collection, and producing whitepapers, guides, tipsheets, and online resources
- Public education projects focusing on healthy travel, including prevention of injuries and the spread of infectious diseases by travellers
- Maintaining our international listings of English-speaking doctors

### **Travel Medicine Scholarships**

- Awarding travel medicine scholarships to doctors and nurses from countries where travel medicine is an emerging specialty

Administration = 9%

- Management and general operating costs

Donor Development = 2%

- Promotion and outreach. IAMAT does not employ the services of third-party fundraisers



# Contact us

Your donation is tax-deductible. Please contact us for copies of IAMAT's Financial Statements:

[info@iamat.org](mailto:info@iamat.org)

**USA:** 501(c)3 non-profit. E.I. Number 13-2613755

**Canada:** Business Number 11892 9231 RR0001

IAMAT is a division of the FOUNDATION FOR THE SUPPORT OF INTERNATIONAL MEDICAL TRAINING

*Images: Chetan Soni, IAMAT, Woody Eisenberg, Paul Yonga, Nsisong Asanga*