

Fix Your Finances

As a therapist, Joyce Marter noticed an extraordinary trend: as her clients improved their mental health, they leveled up in other areas of their lives. They received raises, they got promotions, and some even started their own business. This epiphany led her to develop an insightful and ingenious process for releasing limiting habits and beliefs so you can begin your journey to freedom and prosperity.

Here, Joyce shares the culmination of her life's work as the go-to expert on the "Psychology of Success" - a proven method to help you improve your financial well-being by focusing on your psychological and relational issues around money.

By working with The Financial Mindset Fix, you will learn how to:

- Recover from burnout, overwhelm, financial stress, and money anxiety
- Improve your mental health by practicing better self-care and accessing the support you need and deserve
- Change the way you think, feel, and behave with money to end self-limitation and self-sabotage and welcome far greater success
- Embrace your worth and set healthy boundaries in your financial relationships with others at home and at work
- Create a personal and professional vision for holistic success that includes work-life balance and tending to your dreams
- Use simple tools from cognitive behavioral therapy, mindfulness, and narrative therapy to change your life personally, professionally, and financially



**Available in Hardcover, Audible, Kindle, & CD.
The Financial Mindset Fix will also soon be
available in Korean. Stay Tuned!**

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WAKING UP THE WORLD

Award-Winning Book

- Grand Prize Winner | 2023 Next Generation Indie Book Awards
- Best in Self-Help | 2023 Next Generation Indie Book Awards
- Gold Medal Winner | Readers' Favorite Book Reviews and Awards, Independent Publisher Book Awards, Global Book Awards
- Dysinger Award for Outstanding Publication in Counseling | Illinois Counseling Association
- Category Finalist | The Eric Hoffer Book Awards!
- Runner-up in Nonfiction | San Francisco Book Festival
- Honorable Mention General Nonfiction | Southern California Book Festival, Hollywood Book Festival, New York Book Festival, London Book Awards, Los Angeles Book Festival, Paris Book Awards

Praise for 'The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life'

“Money is a story, one that too often is used against us. When you’re ready to engage with intention, this book can help rewrite your story.”

Seth Godin
Author of The Practice

“In this wonderful new book, successful therapist Joyce Marter gently takes you by the hand and walks you down the path toward better mental health and a more abundant financial life.”

Stephen M. R. Covey
The New York Times and
1 Wall Street Journal
bestselling author of The
Speed of Trust



About Joyce

Joyce Marter is a licensed psychotherapist, entrepreneur, national public speaker, and a mental health thought leader. She is the founder of Urban Balance (a national outpatient mental health company) and the author of The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life.

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Website: www.joycemarter.com

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