



MASSAGE

Nectar's Nature Signature Massage 50/75 minutes \$125/\$155

Traditional Swedish massage using light to moderate pressure combined with our signature Nectar massage oil will help eliminate muscle fatigue, relieve tension, and improve circulation.

Deep Tissue 50/75 minutes \$155/\$180

Deep Tissue
Works the deeper structures of the muscles to alleviate knots and tension. Ideal massage for individuals wanting more detailed work on specific muscle groups or areas of chronic pain.

Scent of Nectar 50/75 minutes \$135/\$145

Aromatherapy Massage
A personalized blend of oils, created especially for you that are massaged into your skin, enhancing your state of mind and your body.

Reflexology 25 minutes \$80

Reflexology
Specialized pressure point massage techniques work the hands or feet to release tension and restore energy flow to the body.

Himalayan Salt Stone Massage 75 minutes \$180

Hot Stone
Uses warm hand-carved salt stones rich in 84 natural minerals and elements. This massage is effective towards normalizing your minerals, pH, oxidative stress, and hydration within your body.

Hot Stone Massage 75 minutes \$180

Hot Stone
This treatment blends the therapeutic properties of heated basalt stones with Swedish massage techniques to penetrate tight muscles, improve circulation and promote a sense of well-being.

Lomi-Lomi 75 minutes \$155

This traditional Hawaiian form of massage utilizes long, flowing, and rhythmic strokes combined with joint mobilization to increase lymph flow and circulation.

Pregnancy Massage 50 minutes \$135

Prenatal Massage is a nurturing massage that focuses on the special needs of mothers-to-be during pregnancy. Positioning, pillows, and cushions are used to enhance support, decrease pressure, and increase relaxation for both the body and mind.

Dual Massage 50 minutes \$260

Nectar's Nature Traditional Swedish massage for two people, done in the same room, using light to moderate pressure combined with our signature Nectar massage oil will help eliminate muscle fatigue, relieve tension, and improve circulation.

Thai Yoga Acupressure Body Work 50 minutes \$150

Acupressure Massage
Gently stretched and aligned into full range of motion yoga poses while receiving gently guided acupressure pressing along your energy lines, that reverses aging and leaves a feeling of rejuvenation to relieve pain and stiffness. A fully clothed assisted yoga body work.

Acupressure Foot and Leg Massage 50 minutes \$150

Acupressure Massage
Gently stretched and aligned into full range of motion yoga poses while receiving gently guided acupressure pressing along your energy lines, that reverses aging and leaves a feeling of rejuvenation to relieve pain and stiffness. A fully clothed assisted yoga body work.

Thai Yoga Therapeutic Oil Massage 50 minutes \$150

Oil Massage
Works the deeper structures of the muscles to alleviate knots and tension. Ideal massage for individuals wanting more detailed work on specific muscle groups or areas of chronic pain.

CBD Pain Relieving Gel Treatment \$20 add-on

Helps relieve minor aches and pains.

Dry-Brush Enhancement \$20 add-on

Add the service of dry brushing to any of your massage or body treatments to improve circulation throughout the lymphatic system.

Topical Enhancement \$15 add-on

Cold therapy pain relieving gel treatment.

MEN'S HAIR

Hair Cut	\$40
Just Clipper Cut	\$30
Beard & Mustache Trim	\$20 and up
Grey Blending	\$25 and up
Hot Towel with Essential Oil Add-on	\$5
Awaken Scalp Treatment	\$35

WOMEN'S HAIR

Hair Cut	\$45 and up
Blow-out Styling	\$35 and up
The Hive	\$40 and up
Formal Styling	\$65 and up
Bridal Styling	\$100 and up
Deep Conditioning	\$25
Olaplex Stand Alone Treatment	\$35
Awaken Therapeutic Scalp Treatment	\$35

HAIR COLOR

Root Touch up	\$75 and up
Semi-Permanent	\$85 and up
Permanent	\$105 and up
Color Correction	\$150 per hour
Toner or Gloss	\$30 and up
Partial Highlight	\$90 and up
Full Highlight	\$140 and up
Balayage/Ombre/Specialty Color	\$190 and up

WAX

Eyebrow/Lip/Chin	\$20
Full Face	\$40

EXTRA

Day Pass	\$25
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Nectar
Spa & Salon

AT LITTLE RIVER CASINO RESORT

A Sweet Treat



Immerse yourself in Nectar Spa & Salon's comprehensive list of full spa services and treat yourself, today!

Little River
CASINO RESORT

2700 Orchard Highway
Manistee, Michigan 49660
1 (888) 568-2244 | lrcr.com

BODY TREATMENTS

Heads Up Scalp Massage **15 minutes \$55**

Experience an indulgent scalp massage combined with specific trigger point therapy and stretches to release tension in the neck and shoulders.

Milk and Honey **50 minutes \$130**

This hydrating and anti-aging experience that starts with a gentle dry brush to boost the lymphatic system. Wrapped in a cozy cocoon of warm milk and honey to sooth and detoxify the skin. Then, while absorbing the skin-healing goodness of a full body wrap, you're treated to a soothing scalp massage, rinsed in the vichy shower.

Sugar/Salt Glow **25 minutes \$75**

A full body exfoliation with salt or sugar scrub, followed by a lotion application that will leave you glowing.

Relaxation Body Treatment **50/75 minutes \$120/\$155**

Take a deep breath and relax in a luxurious full body treatment, starting with warm cleansing oil to help you relax with light to moderate manipulation. Followed by an invigorating sugar scrub infused with lavender flowers and honey, exfoliating from your neck to your toes. Next your back will be brushed with a deep-sea mud mask to sooth all the worries and tension away. Indulge and relax in this full body oasis.

Dry-Brush Enhancement **\$20 add-on**

Add the service of dry brushing to any of your massage or body treatments to improve circulation throughout the lymphatic system.



FACIALS

Gentleman's Facial **50 minutes \$105**

Designed specifically for the care of a man's skin, this treatment relieves shaving irritation while purifying, hydrating, softening and soothing.

Beard Treatment **50 minutes \$100**

This luxurious Beardsmith treatment is designed to pamper your facial hair and skin. First, dander and debris is expertly removed from your beard, revealing a fresher, cleaner look. Next, a revitalizing cleanse and conditioning softens and nourishes your beard, leaving it silky and manageable. You'll emerge with a revitalized beard, a boost of confidence, and newfound pride in your appearance.

Fresh Nectar **50 minutes \$130**

Signature Facial

This individually designed and customized treatment includes deep pore cleansing and dermal replenishment, utilizing our natural skin care products specifically selected for each skin type.

Royal Luminizing Treatment **50 minutes \$135**

Anti-Aging Facial

A hydrating treatment ideal for mature skin utilizing antioxidants, peptides, and retinol – specifically selected for their ability to revitalize, smooth, and enhance.

Queen Bee Enzyme Facial **50 minutes \$135**

Clarifying Facial

Our specifically designed Nectar elixirs, combined with antioxidants, strengthen skin while removing bacteria to restore skin clarity, tone, and texture. This treatment is recommended for dull, dehydrated, oily and acned skin conditions.

Jade Roller **\$20 add-on**

Reduce the appearance of fine lines and wrinkles by combining your favorite serum or moisturizer with this jade face roller. Jade rolling enhances skin care by de-puffing and enhancing the absorption of products into the skin. It's also great for facial massage, as it stimulates lymph nodes for lymphatic drainage. Its light pressure also relaxes facial muscles and encourages blood flow.

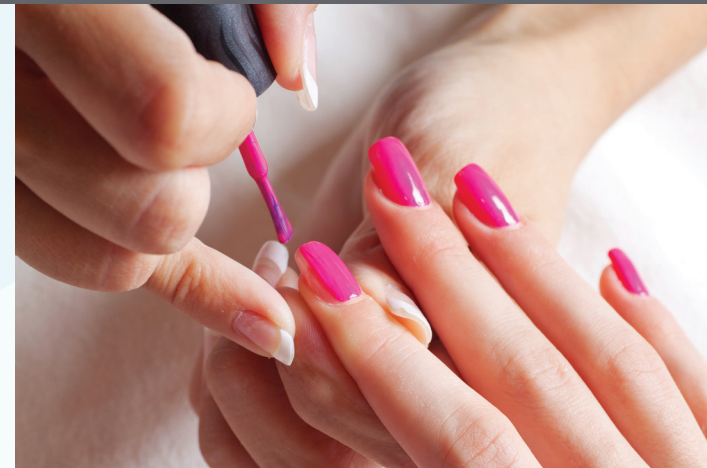
Ice Roller **\$10 add-on**

Tones aging skin and reduces redness, irritation, and inflammation.

Nuface® Microcurrent Mini Face Lift **\$45 add-on**

For clients who wish to attain and maintain a healthier, younger-looking appearance. Microcurrent at various outputs and waveforms has been clinically shown to:

- Stimulates the recovery of damaged tissue
- Re-educate the muscles
- Improve muscle tone and contour in the face/neck
- Temporarily improve local circulation
- Aid in lymphatic drainage
- Enhance product penetration
- Reduce fine lines and wrinkles
- Firm and tighten skin



ToGoSpa™ Mask **\$5 add-on**

Ice Water - Perfect for anyone. Available for eyes, face and neck.

Green Tea - The Dark Circle Warrior available for eyes.

Coconut & Vitamin D - The Sunshine Mask available for eyes and lips.

Pomegranate - The Time Traveler. Available for eyes and lips.

Bamboo Charcoal - The Hangover Mask available for eyes.

Gold - The Baggage Handler. Available for eyes.

Rose Gold - The Anti-Aging Sparkle Mask. Available for eyes, lips, face and neck.

HANDS AND FEET

Sweet Treat **50 minutes \$60**

Signature Hand Treatment

Our deluxe service includes a soak, scrub, cuticle attention, massage, warm paraffin dip and polish of your choice.

Little Sweets **25 minutes \$50**

Express Hand Treatment

In a hurry? Express hand treatment. Includes a hand soak, cuticle maintenance, and lotion application, complete with your choice of polish.

Deluxe Spa Pedicure **75 minutes \$100**

VIP Pedicure Treatment

Our deluxe service includes a soak, scrub, cuticle attention, hot stone massage, an Alpha-Hydroxy Age Defying Leg Treatment, warm paraffin dip and warm neck pillow infused with aromatherapy to help further your relaxation. Finish with the polish of your choice.

Sweet Feet **50 minutes \$75**

Signature Foot Treatment

Our deluxe service includes a soak, scrub and exfoliation, cuticle maintenance, hot stone massage, and polish of your choice. Gel polish add-on for \$15

Sweet Nectar Too **25 minutes \$60**

Express Pedicure Treatment

This quick treatment is designed for those on the go, but can squeeze in just enough time to feel relaxed. Includes foot soak, cuticle maintenance and lotion application. Your choice of polish.

Polish Change (Hands or Feet) **\$25**

Need to Freshen Up?

We have the latest colors to show those hands and feet off with confidence.

Paraffin Treatment (Hands or Feet) **\$25**

Add extra softness and moisture to your skin with this warming and conditioning treatment that will make you feel totally pampered and simply glamorous.

French Polish **\$15**

French polish variation application add-on to any nail service.

Gel Manicure **\$65**

Gel manicure service combines the ease of polish with a high gloss shine and extended wear. Cuticle maintenance, lotion application and your choice of color.

Gel Removal **\$15**

Gentle removal of shellac application.

Nail Trim and Shaping **\$15**

ADDITIONAL ADD-ONS

Gua-sha Stones Massage **\$20 add-on**

Unlock the benefits of Gua Sha in this modernized version, meant to be used over top of your usual moisturizing routine in order to help increase the benefits of the products. It perfectly stimulates the skin to assist in penetration and help you get the vibrant results you've been looking for.

ToGoSpa Eye Mask **\$5 add-on**

Ice Water, Green Tea, Bamboo Charcoal, Gold, Rose Gold, Pomegranate Coconut & Vitamin D.

ToGoSpa Lip Mask **\$6 add-on**

Rose Gold, Pomegranate, Coconut & Vitamin D.

ToGoSpa Hands **\$7 add-on**

Honey + Arnica, Pomegranate + Aloe.

ToGoSpa Face and Neck Express **\$15 add-on**

Rose Gold, Pomegranate & Aloe.

ToGoSpa Face and Neck **\$25 add-on**

Ice Water, White Tea.